

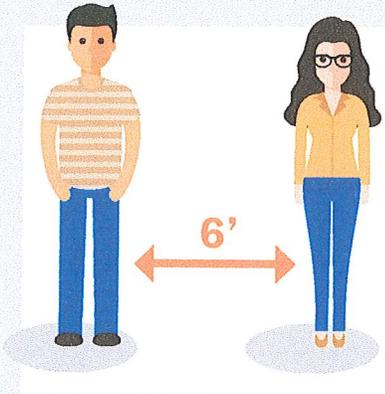
# Help Prevent COVID-19 with Social Distancing



**Call/Facetime/online chat  
with friends and family.**



**Stay home  
as much as  
you can.**



**If you must go out:**

- Don't gather in groups
- Stay 6 feet away from others
- Don't shake hands or hug



**And please continue  
to wash your hands  
frequently.**