





# March 2018

<i>Florence Senior Activities Center</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>Attention:</b> If you would like assistance to schedule a <b>free hearing test</b> at Sams (283-0063), we are happy to help.</p>	<p><b>Sock Hop Tickets:</b> 4<sup>th</sup> Annual Sock Hop Tickets \$15 Saturday, April 28 at 3:00pm RC Durr YMCA Gym *** Tickets are Limited *** <b>See Front Desk</b></p>	<p><b><u>Weather Notice:</u></b> <b>The center will be CLOSED whenever Boone County Schools are Closed due to inclement weather</b></p>	<p><b>Trivia Night</b> <b>Friday March 16<sup>th</sup> 2018</b> <b>6:30pm</b> Come have fun with Y staff. Test Your knowledge against others. Help support your center. See more info at the front desk</p>	<p><b>1</b> 9:15 – Silver Sneaker Classic 10:30 – Chair Volleyball <b>10:30- Ruwe Health Screening</b> 11:00 Canasta / Nickels 11:30 – Line Dance Instruction 12:00- Line Dancing</p>	<p><b>2</b> 9:00 – Wii Bowling 9:00- Mah-Jong 10:00 – Zumba Gold 12:30- Bingo</p>
<p><b>7431 U.S. 42</b> <b>Florence, KY</b></p> <p><b>Phone:</b> <b>(859) 282-4061</b></p>	<p><b>5</b> 9:00 – Mah-Jong / Wii Bowling / Euchre 9:30 –Chair Yoga 11:45- Tai - Chi 1:00 – Advanced Fitness</p>	<p><b>6</b> 9:15 – Silver Sneaker Classic 10:30 – Chair Volleyball 11:00- Canasta / Hand &amp; Foot Cards 1:00– Art Lessons 4:00– Zumba</p>	<p><b>7</b> 9:00- Wii Bowling 9:30 – Gentle Yoga <b>10:35- NEW- Tai Chi Class</b> 11:30- New Time Sign Language Class <b>11:30- New Scams and Fraud Reports</b> <b>Sponsored by: Safe Aging Coalition</b> 12:30 – Bingo</p>	<p><b>8</b> 9:15- Silver Sneaker Classic <b>9:30- Hair Cuts / Sassy Salon</b> 10:30 – Chair Volleyball 11:00 – Canasta / Nickels 11:30 – Line Dance Instruction 12:00 - Line Dancing</p>	<p><b>9</b> <b>Elmcroft Day Trip</b> <b>9:00 – 11:00 Free Breakfast &amp; Bingo (Sign-Up at Front Desk, Space is Limited)</b> 9:00 – Wii Bowling 9:00- Mah-Jong 10:00 – Zumba Gold 12:30- Bingo</p>
<p><b>Building &amp; Fitness Room Hours</b> <i>Mon, Wed, Thurs &amp; Friday</i> 8:30a –3:00p <i>Tuesdays 8:30a- 5:00p</i></p>	<p><b>12 Daylight Savings March 11</b> 9:00 – Mah-Jong / Wii Bowling 9:30 –Chair Yoga 11:45- Tai – Chi <b>12:00- Euchre Tournament</b> 12:00- Make Greet Cards with Deb 1:00 – Advanced Fitness</p>	<p><b>13</b> 9:15 – Silver Sneaker Classic 10:30 – Chair Volleyball 11:00- Canasta / Hand &amp; Foot Cards 1:00– Art Lessons 4:00– Zumba</p>	<p><b>14</b> 9:00- Wii Bowling 9:30 – Gentle Yoga <b>10:00 – Massage / New Beginnings</b> 10:35- Tai Chi Class 11:30- Sign Language Class 12:30 – Bingo</p>	<p><b>15</b> 9:15 – Silver Sneaker Classic <b>10:30- Ruwe Health Screening</b> 10:30- Chair Volleyball 11:00 – Canasta / Nickels 11:30 – Line Dance Instruction 12:00 - Line Dancing</p>	<p><b>16 Cincinnati Assoc. Blind (513-221-8558)</b> 9:00 – Mah-Jong /Wii Bowling 10:00 – Zumba Gold – <b>Cancelled</b> <b>11:30- St. Patty Rally's Fish-Pot Luck &amp; Door Prize</b> 12:30- Bingo <b>6:30pm Trivia Night Fundraiser</b></p>  <p>Everyone's Irish On March 17th.</p>
<p><b>Center Manager</b> <b>Christine Miskell</b> <a href="mailto:CMiskell@myy.org">CMiskell@myy.org</a></p> <p><b>Assistant Mgr.</b> <b>Jeannie Hoffman</b> <a href="mailto:JHoffman@myy.org">JHoffman@myy.org</a></p>	<p><b>19 *** Commodity Day ***</b> 9:00 – Mah-Jong / Wii Bowling / Euchre 9:30 –Chair Yoga <b>11:30- Pizza &amp; Chips</b> 11:45- Tai - Chi 1:00 – Advanced Fitness- Elizabeth</p> 	<p><b>20</b> 9:15 – Silver Sneaker Classic 10:30 – Chair Volleyball 11:00- Canasta / Hand &amp; Foot Cards 1:00– Art Lessons 4: 00 - Zumba</p>	<p><b>21</b> 9:00- Wii Bowling 9:30 – Gentle Yoga 10:35- Tai Chi Class 11:30- Sign Language Class <b>12:00 - Nutrition Education</b> 12:30 – Bingo</p>	<p><b>22</b> 9:15 – Silver Sneaker Classic 10:30- Chair Volleyball 11:00 – Canasta / Nickels 11:30 – Line Dance Instruction 12:00 - Line Dancing</p>	<p><b>23</b> 9:00 – Wii Bowling 9:00- Mah-Jong 10:00 – Zumba Gold <b>11:30- Florence Police-The Fight Against Drugs</b> 12:30- Bingo</p> 
	<p><b>26 9:00 Wii Bowling Tourney</b> <b>Host: Florence Center- BBQ</b> 9:00 – Mah-Jong / Euchre 9:30 –Chair Yoga 11:45- Tai - Chi 1:00 – Advanced Fitness</p>	<p><b>27</b> 9:15 – Silver Sneaker Classic 10:30 – Chair Volleyball <b>11:00- Advisory Council</b> 11:00- Canasta / Hand &amp; Foot Cards 1:00– Art Lessons 4:00– Zumba</p>	<p><b>28</b> 9:00- Wii Bowling 9:30 – Gentle Yoga <b>10:00 – Massage / New Beginnings</b> 10:35- Tai Chi Class 11:30- Sign Language Class 12:30 – Bingo</p>	<p><b>29</b> 9:15 – Silver Sneaker Classic 10:30- Chair Volleyball 11:00 – Canasta / Nickels 11:30 – Line Dance Instruction 12:00 - Line Dancing</p>	<p><b>30 Center is Closed</b></p>  <p>Good Friday</p>