Health and Wellness Resource List

Orange County Health Department
300 W. Tryon Street
Hillsborough, NC 27278
919-245-2400
www.orangecountync.gov/health
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Abuse/Domestic Violence

National Child Abuse Hotline
Phone: 800-422-4453
Web site: www.childhelp.org

Compass Center for Women and Families
Phone: 919-968-4610
Address: 210 Henderson Street
Chapel Hill, NC 27514
Website: www.womenspace.org
Description: The Compass Center formed from the merger of The Women’s Center and the Family Violence Prevention Center of Orange County. Compass provides services to prevent and end domestic violence, facilitates financial stability through career and financial education, and guides individuals through difficult legal questions with legal resources.

Durham Crisis Response Center
Phone: 919-403-6562 (24-Hour Crisis Line)
Address: 206 N. Dillard Street
Durham, NC 27701
Website: www.durhamcrisisresponse.org
Description: The Durham Crisis Response Center works with the community to end domestic and sexual violence through advocacy, education, support and prevention.

National Run Away Hotline
Phone: 800-231-6946
Website: www.1800runaway.org

Orange County Rape Crisis Center – Two Locations
Chapel Hill
Phone: 919-968-4647 (or 1-866-WE-LISTEN)
Address: 1506 E. Franklin Street, Suite 302
Chapel Hill, NC 27514
Hillsborough
Phone: 919-643-0722 (or 1-866-WE-LISTEN)
Address: 109 Millstone Drive, Suite B
Hillsborough, NC 27278
Website: www.occcc.org
Description: The Rape Crisis Center provides services to victims of sexual violence and community education on prevention of sexual

Town of Chapel Hill - Crisis Unit
Phone: 919-968-2806
Address: 828 Martin Luther King Blvd
Chapel Hill, NC 27514
Website: www.townofchapelhill.org
Description: The crisis unit has counselors who respond to emergency situations, most referred by Chapel Hill police officers. The types of calls to which they respond include: psychiatric emergencies and suicide attempts, crime victims, family violence and child abuse, sexual assault, indecent exposure, interpersonal conflicts and traumatic events such as a death of a family member, missing child or residential fire.

Animal Care and Protection

Orange County Animal Services
Phone: 919-942-7387
Address: 1601 Eubanks Road
Chapel Hill, NC 27516
Website: www.co.orange.nc.us/animalservices
Description: The Animal Services Department is responsible for Animal Control and Animal Sheltering activities within Orange County.
Animal Protection Society of Orange
Phone: 919-304-2300
Address: 6311-A Nicks Road
Mebane, NC 27302
Website: www.animalprotectionsociety.org
Description: Local animal rights organization.

Cancer

American Cancer Society
Phone: 919-334-5218
Address: 8300 Health Park, Suite 10
Raleigh, NC 27603
Website: www.cancer.org
Description: Cancer resources and education for consumers and professionals.

Cornucopia House
Phone: 919-401-9333
Address: Cornucopia Cancer Support Center
5517 Durham-Chapel Hill Blvd.
Suite 1000
Durham, NC 27707
Website: www.cancersupport4u.org/
Description: Provides education, companionship, and support to help people with cancer explore the best choices for their own approach to coping with cancer.

Child Health

Chapel Hill Pediatrics
Phone: 919-942-4173
Address: 205 Sage Road
Chapel Hill, NC 27514
Website: www.chapelhillpeds.com
Description: Medical services for infants, children, and teenagers.

Child Care Networks
Phone: 919-542-6644
Address: 117 E. Salisbury Street.
Pittsboro, NC 27312
Website: www.childcarenetworks.org
Description: The mission of Child Care Networks Inc. is to ensure that safe, nurturing childcare is available to every Chatham County child, regardless of circumstance.

Cleft Palate Foundation
Phone: 919-933-9044
Address: 1504 E. Franklin Street, Suite 102
Chapel Hill, NC 27514
Website: www.cleftline.org
Description: The Cleft Palate Foundation is a non-profit organization dedicated to optimizing the quality of life for individuals affected by facial birth defects.

Orange County Partnership for Young Children
Phone: 919-967-9091
Address: 120 Providence Rd. Suite 101
Chapel Hill, NC 27514
Website: www.orangesmartstart.org
Description: The Partnership is a nonprofit organization dedicated to ensuring that every child in Orange County arrives at school healthy and ready to succeed.
**Community Organizations**

**El Centro Hispano**
Phone: 919-687-4635  
Address: 201 West Main Street, Suite 100  
Durham, NC 27701  
104 Hwy 54 Unit FFF  
Carrboro, NC 27510
Phone: 919-945-0132  
Fax: 919-945-0141  
Email: info@elcentronc.org  
Website: www.elcentronc.org  
Description: El Centro Hispano (ECH) is a 501 (c) (3) grassroots community based organization dedicated to strengthening the Latino community and improving the quality of life of Latino residents in Durham, Carrboro, Chapel Hill and surrounding areas.

**NC Prevention Partners**
Phone: 919-969-7022 / 888-919-6277  
Address: 88 Vilcom Circle Suite 110  
Chapel Hill, NC 27514  
Website: www.ncpreventionpartners.org  
Description: A statewide non-profit, organization dedicated to building effective prevention systems in NC communities to improve health of all residents.

**American Red Cross Central NC Chapter**
Phone: 919-942-4862 x221  
Address: 4737 University Dr  
Durham, NC 27707  
Phone 919-489-6541  
Fax 919-489-4026  
Website: www.cncredcross.org/  
Description: The American Red Cross provides relief to victims of disasters and helps people prevent, prepare for, and respond to emergencies.

**The Medical Foundation of North Carolina, Inc**
Phone: 919-966-1201  
Address: 880 Martin Luther King Jr. Blvd.  
Chapel Hill, NC 27514  
Website: www.medicalfoundationofnc.org  
Description: The Medical Foundation is responsible for encouraging private gift support of programs throughout the School of Medicine and the UNC Hospitals.

**Counseling/Referral**

**Catholic Social Ministries**
Phone: 919-286-1964  
Address: 902 Broad Street P.O. Box 647  
Durham, NC 27702  
Description: Sliding scale counseling, clothing closet, emergency financial assistance.

**Dispute Settlement Center**
Phone: 919-929-8800  
Address: 302 Weaver Street  
Carrboro, NC 27510  
Website: www.disputesettlement.org  
Description: Mission is to promote and bring about the peaceful settlement of disputes and to prevent the escalation of conflict through mediation, conciliation, facilitation, and training.

**El Futuro**
Phone: 919-338-1939  
Address: 110 W. Main St., Suite 2H  
Carrboro, NC 27510  
Website: www.elfuturo-nc.org  
Description: El Futuro serves the mental health and addiction needs of Latino children and their families.

**UNC Hospital Crisis Intervention**
Phone: 919-966-2166 / 919-966-4131  
Chapel Hill, NC  
Website: www.unehealthcare.org
Volunteers For Youth Program
Phone: 919-967-4511
Address: 250 Lloyd Street, Suite 103
   Carrboro, NC 27510
Website: www.volunteersforyouth.org
Description: Volunteers for Youth works with at risk youth, their families and the community of Orange County, NC to foster relationships that promote a climate of mutual caring and respect for the purpose of helping young people.

Dental Health

Affordable Dentures
Website: www.affordabledentures.com
Phone: 1-800-DENTURES

Alison B. Lohma
Phone: 919-967-9622
Address: 109 Conner Drive, Suite 2100
   Chapel Hill, NC 27514
Description: General Practice

Andrew Lee Rudd
Phone: 919-932-1616
Address: 891 Willow Drive, Suite 4
   Chapel Hill, NC 27514
Description: Endodontics

Angela G. Ellis
Phone: 919-960-0155
Address: 120 Conner Drive, Suite 201B
   Chapel Hill, NC 27514
Description: General Practice; Accepts Medicaid

Annelise Cecile Hardin
Phone: 919-967-2773
Address: 410 Market Street, Suite 430
   Chapel Hill, NC 27516
Description: Pediatric Dentistry

Annu Sood
Phone: 919-967-9622
Address: 109 Conner Drive, Suite #2100
   Chapel Hill, NC 27514
Description: General Practice

Avni C. Rampersaud
Phone: 919-929-0489
Address: 205 Sage Road, Suite 202
   Chapel Hill, NC 27516
Description: Pediatric Dentistry; Accepts Medicaid; Limited New Patients Must Call

Barbara T. Hershey
Phone: 919-967-0474
Address: 1525 E. Franklin Street
   Chapel Hill, NC 27514
Description: Orthodontics

Barry D. Kendell
Phone: 919-929-2196
Address: 501 Eastowne Drive, Suite 110
   Chapel Hill, NC 27514
Description: Oral Surgery

Bilal K. Saib (Chapel Hill Advanced Dentistry)
Phone: 919-933-3388
Address: 400 Market Street, Suite 220
   Chapel Hill, NC 27516
Description: General Practice

Brian Alan Vandersea
5826 Fayetteville Road
   Durham, NC 27713
Phone: 919-929-2196
Address: 501 Eastowne Drive, Suite 110
   Chapel Hill, NC 27514
Description: Oral Surgery
C. Michael Willock
Phone: 919-942-2154
Address: 861 Willow Drive
Chapel Hill, NC 27514
Description: General Practice

Carolina Smiles
Phone: 919-620-6700
Address: 4210 N. Roxboro Road
Durham, NC 27704
Description: Childrens Medicaid Dental Clinic; Accepts Medicaid; Ages 1-21 years, new patients welcome

Carousel Dentistry - Greg & Rachel Perentis, DDS
Phone: 919-361-1998
Address: 5310 Highway 55, Suite 103
Durham NC 27713
Description: Accepts Medicaid; ages 1-21; new patients welcome

Celeste Hunter Sloop
Phone: 919-942-3566
Address: 202 Henderson Street
Chapel Hill, NC 27514
Description: General Practice

Charles Ural Mauney, Jr.
Phone: 919-933-1007
Address: 223 Timberhill Place
Chapel Hill, NC 27514
Description: Pediatric Dentistry

Complete Dental Care
Phone: 919-680-3368
Description: Accepts Medicaid

Dale Eugene Thompson
Phone: 919-933-7777
Address: 1504 E. Franklin Street, Suite 201
Chapel Hill, NC 27514
Description: General Practice

Daniel K. Cheek
Phone: 919-732-4041
Address: 118 Millstone Drive
Hillsborough, NC 27278
Description: General Practice

David E. Boaz
Phone: 919-942-7550
Address: 891 Willow Drive, Suite 5
Chapel Hill, NC 27514
Description: General Practice

David E. Frost
Phone: 919-929-2196
Address: 401 Providence Road
Chapel Hill, NC 27514
Description: Oral Surgery

David E. Hoyle
Phone: 919-969-9330
Address: 400 Meadowmont Village Circle, Suite 427
Chapel Hill, NC 27517-7505
Description: General Practice

David J. Dobson
Phone: 919-929-7155
Address: 401 Providence Road, Suite 101
Chapel Hill, NC 27514
Description: General Practice

Debra L. Seaton
Phone: 919-968-3709
Address: 203 N Greensboro Street
Carrboro, NC 27510
Description: General Practice
Debra Sacco
Phone: 919-929-2196
Address: 401 Providence Road
Chapel Hill, NC 27514
Description: Oral Surgery

Dennis W. Ellis
Phone: 919-968-9806
Address: 88 Vilcom Circle, Suite 190
Chapel Hill, NC 27514
Description: General Practice; Accepts Medicaid for Established Patients Only

DentalWorks - Dr. Silvoy
Phone: 919-471-3315
Address: 3600 N. Duke Street
Durham, NC 27704
Description: General Dentistry

Diane Renae Hourigan
Phone: 919-967-2472
Address: 901 Willow Drive, Suite 4
Chapel Hill, NC 27514
Description: General Practice

Dinah B. Vice
Phone: 919-929-3996
Address: 1801 E Franklin Street
Chapel Hill, NC 27514
Description: General Practice

Dr. Kendell
Phone: 919-479-0707
Address: 2823 N. Duke Street
Durham, NC 27704
Description: Oral Surgery

Dr. Roth
Phone: 919-286-6646
Description: Accepts Medicaid

Eric Davis
Phone: 919-644-1800
Address: 603 Hampton Pointe Blvd., Suite 1
Hillsborough, NC 27278
Description: General Practice; Accepts Medicaid

Farzana A. Rahman
Phone: 919-968-0015
Address: 1777 Fordham Blvd., Suite 108
Chapel Hill, NC 27517
Description: Orthodontics; Accepts Medicaid

Frederick Gerard Lehmann
Phone: 919-967-9999
Address: 100 Europa Drive #310, Suite 310
Chapel Hill, NC 27517
Description: General Practice

Frederick H. Vohwinkel
Phone: 919-933-9191
Address: 11500 US 15-501 N
Chapel Hill, NC 27517
Description: General Practice

Gloria L. Berry-Holly
Phone: 919-732-8584
Address: 305 Meadowland Drive
Hillsborough, NC 27278
Description: General Practice; Accepts Medicaid

Hal H. Smith, Jr.
Phone: 919-942-7163
Address: 104-C N Elliott Road
Chapel Hill, NC 27514
Description: General Practice

Jean Woods
Phone: 919-942-6313
Address: 1728 Fordham Blvd., Suite 125
Chapel Hill, NC 27514
Description: General Practice; Accepts Medicaid; Ages 3-20
Jeffrey R. Kennedy  
Phone: 919-967-9291  
Address: 123 W Franklin Street, Suite 201  
Chapel Hill, NC 27516  
Description: General Practice

Kathryn L. Davies  
Phone: 919-967-5099  
Address: 900B Martin Luther King Jr Blvd  
Chapel Hill, NC 27514  
Description: Periodontics

Jerre L. Kennedy  
Phone: 919-969-9330  
Address: 400 Meadowmont Village Circle, Suite 427  
Chapel Hill, NC 27517-7505  
Description: General Practice

Katrina Mattison  
Phone: 919-644-1800  
Address: 603 Hampton Pointe Blvd., Suite 1  
Hillsborough, NC 27278  
Description: General Practice; Accepts Medicaid

Jerry E. Patterson  
Phone: 919-929-2196  
Address: 501 Eastowne Drive, Suite 110  
Chapel Hill, NC 27514  
Description: Oral Surgery

Keith A. Taylor  
Phone: 919-942-5652  
Address: 110 Banks Drive  
Chapel Hill, NC 27514  
Description: General Practice

Jessica L. Bishop  
Phone: 919-489-2793  
Address: 6015 Farrington Road, Suite 102  
Chapel Hill, NC 27517  
Description: General Practice

Kenneth Black  
Phone: 919-969-9330  
Address: 400 Meadowmont Village Circle, Suite 427  
Chapel Hill, NC 27517  
Description: General Practice

Joel M. Wagoner  
Phone: 919-968-9697  
Address: 121 S. Estes Drive, Suite 205A  
Chapel Hill, NC 27514  
Description: General Practice

Kenneth C. Kennedy  
Phone: 919-969-9330  
Address: 400 Meadowmont Village Circle, Suite 427  
Chapel Hill, NC 27517  
Description: General Practice

John R. Frick  
Phone: 919-929-7010  
Address: 102 South Estes Drive  
Chapel Hill, NC 27514  
Description: General Practice

Larry Moray  
Phone: 919-933-3310  
Address: Happy Tooth Family Dentistry  
121 S Estes Drive  
Chapel Hill, NC 27514  
Description: General Practice; Accepts Medicaid

Joseph D. Gatewood  
Phone: 919-732-9306  
Address: 101 E Corbin Street, P0 BOX 457  
Hillsborough, NC 27278  
Description: General Practice; Accepts Medicaid
**Larry Moray**  
Phone: 919-928-0105  
Address: 121 S. Estes Drive  
Chapel Hill, NC 27514  
Description: Orthodontics; Accepts Medicaid

**Margaret Walker Ray**  
Phone: 919-732-8213  
Address: 115 W. Tryon Street  
Hillsborough, NC 27278  
Description: General Practice

**Michael Modlin**  
Phone: 919-563-2990  
Address: 200 S 5th Street  
Mebane, NC 27302  
Description: General Practice

**Mike Blakenship**  
Phone: 919-563-4300  
Address: 106 Millstead Drive  
Mebane, NC 27302  
Description: General Practice; Accepts Medicaid for Established Patients Only

**Nona I. Breeland**  
Phone: 919-967-1776  
Address: 1506 E. Franklin Street, Suite 204  
Chapel Hill, NC 27514  
Description: Endodontics

**Orange County Health Department - Hillsborough Dental Clinic**  
Phone: 919-245-2435  
Address: 300 W. Tryon Street  
Hillsborough, NC 27278  
Website: www.co.orange.nc.us/health  
Description: The Dental Health Services Division of the Orange County Health Department provides access to high quality dental services to the citizens of Orange County.

**Richard W. Wagner**  
Phone: 919-967-9291  
Address: 123 West Franklin Street, Suite 201  
Chapel Hill, NC 27516  
Description: General Practice

**Robert Miller IV**  
Phone: 919-304-1666  
Address: 1242 D South 5th Street  
Mebane, NC 27302.  
Description: General Practice

**Sam Chang**  
Phone: 919-732-8179  
Address: 119 N. Churton Street  
Hillsborough, NC 27278  
Description: General Practice

**Stephen M. Randall**  
Phone: 919-929-5160  
Address: 610 Jones Ferry Road  
Carrboro, NC 27510  
Description: General Practice

**Stephen Michael Pieroni**  
Phone: 919-968-6211  
Address: 1525 E. Franklin Street, Suite 2  
Chapel Hill, NC 27514  
Description: General Practice
Steven M. Hart
Phone: 919-942-3859
Address: 1201 Raleigh Road, Suite #200
Chapel Hill, NC 27517
Description: General Practice

Stewart Paul Wignall
Phone: 919-942-8880
Address: 1502 E. Franklin Street, Suite C
Chapel Hill, NC 27514
Description: General Practice

Susanne Parkhurst Jackson
Phone: 919-968-9874
Address: 121 S.Estes Drive, Suite 205A
Chapel Hill, NC 27514
Description: General Practice

Tamara Campbell Samuelson
Phone: 919-960-0155
Address: Ellis Family Dentistry
Chapel Hill, NC 27514
Description: General Practice

Tammy Renee Severt
Phone: 919-929-2365
Address: 101 Conner Drive, Suite 401
Chapel Hill, NC 27514
Description: Orthodontics

Terrence J. Lee
Phone: 919-967-1250
Address: 109 Conner Drive, Bldg. I Suite 2103
Chapel Hill, NC 27514
Description: General Practice

Theresa B. Robinson
Phone: 919-942-5559
Address: 5915 Farrington Road, Suite 101
Chapel Hill, NC 27517
Description: General Practice

Theresa Clifton
Phone: 919--933-1007
Address: 223 Timberhill Place
Chapel Hill, NC 27514
Description: Orthodontics

Timothy W. Godsey
Phone: 919-968-1778
Address: 150 Providence Road, Suite 200
Chapel Hill, NC 27514
Description: Periodontics

UNC Hospitals-UNC Hospital Dental Clinic
Phone: 919-966-1485 / 919-966-1487
Chapel Hill, NC 27599
Description: Accepts Medicaid

UNC School of Dentistry-Dental Faculty Practice
Phone: 919-966-3440
Address: CB#7450
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid

UNC School of Dentistry-Emergency Clinic
Phone: 919-966-2806
Address: CB#7450
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid

UNC School of Dentistry-Endodontic Clinic
Phone: 919-966-2710
Address: CB#7450
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid
UNC School of Dentistry-Oral Surgery Clinic
Phone: 919-966-2783
Address: CB#7450
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid

UNC School of Dentistry-Orthodontic Clinic
Phone: 919-966-4428
Address: CB#7450
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid

UNC School of Dentistry-Patient Admissions
Phone: 919-966-2805
Address: CB#7450
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid

UNC School of Dentistry-Pediatric Dentistry Clinic
Phone: 919-966-2743
Address: Call for children age 0-4
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid; Ages 0-4

UNC School of Dentistry-Pediatric Dentistry Clinic
Phone: 919-966-6474
Address: Call for children age 4-7
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid; Ages 4-7

UNC School of Dentistry-Student Dental Clinic
Phone: 919-966-3440
Address: CB#7450
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid

UNC School of Dentistry-Urgent Care Clinic
Phone: 919-966-6474
Address: CB#7450
Chapel Hill, NC 27599
Description: Dental School; Accepts Medicaid

UNC SHAC Dental Clinic
Phone: 919-644-3350
Address: 200 N. Greensboro Street, Carr Mill Mall
Carrboro, NC 27510
Website: www.med.unc.edu/shac
Description: The Dental Clinic is provided on Tuesdays and Wednesdays from 6pm-9pm. Screenings and operative treatments are provided both days, while cleanings are conducted on Tuesdays and extractions are conducted on Wednesdays.

Waka Kadoma
Phone: 919-928-9392
Address: 1525 E. Franklin Street, Suite 2A
Chapel Hill, NC 27514
Description: Periodontics

William Bechtold
Phone: 919-929-2196
Address: 401 Providence Road
Chapel Hill, NC
Description: Oral Surgery

William C. McMillan
Phone: 919-929-7079
Address: 861 Willow Drive
Chapel Hill, NC 27514
Description: General Practice

William D. Sulik
Phone: 919-968-0220
Address: 920 Martin Luther King, Jr. Blvd..
Chapel Hill, NC 27514
Description: Prosthodontics
William W. Lewis
Phone: 919-968-4701
Address: 101 Conner Drive, Suite 403
   Chapel Hill, NC 27514
Description: General Practice

Diabetes

Central Carolina Health Network
Phone: 919-966-4123
Address: PO Box 3568
   Chapel Hill, NC 27515
Website: www.ncacesscare.org
Description: Diabetes treatment and management services. Works directly with patient to enforce self-management and compliance of provider's plan. Case management for Carolina Access Medicaid patients with diabetes - all ages.

Chapel Hill Eyecare
Phone: 919-968-4774
Address: 235 S. Elliott Road
   Chapel Hill, NC 27514
Website: www.chapelhilleyecare.com
Description: Diabetes: Comprehensive dilated eye exams and follow-up, patient education, diabetic monitoring and assessment. Also provides non-diabetic eye care.

Chapel Hill Foot and Ankle
Phone: 919-960-8858
Address: 1506 E. Franklin Street, Suite 104
   Chapel Hill, NC 27514
Website: www.chapelhillfootandankle.com
Description: Provides foot exams, patient education, palliative care, pain management, and ulcers. Accepts insured and self-pay clients.

Chapel Hill/Carrboro City Schools - Diabetes Management
Phone: 919-967-8211 x245
Address: Lincoln Center, 750 S. Merritt Mill Rd
   Chapel Hill, NC 27516
Website: www.chccs.k12.nc.us
Description: Diabetes treatment and management services include student fitness testing and BMI, student/employee referral to community programs, school nurses monitor students with diabetes, education and community partnering.

Orange County Health Department - Health Promotion and Education Services
Phone: 919-245-2400 / 919-968-2022
Address: 300 W. Tryon Road
   Hillsborough, NC 27278
Website: www.co.orange.nc.us/health
Description: Provides community health education and outreach services in Orange County.

NC Oral Health Section
Phone: 919-968-2033
Address: 200 N. Greensboro Street, Suite D15
   Carrboro, NC 27510
Website: www.communityhealth.dhhs.state.nc.us
Description: May identify children during dental screenings that have diabetic symptoms; participates in health fairs and provides school-based oral health and diabetes education.

The Wellness Center at Meadowmont
Phone: 919-966-5500
Address: 100 Sprunt Street
   Chapel Hill, NC 27517
Website: www.uncwellness.com
Description: A medical fitness facility managed by UNC Health Care. Membership required. Provides nutrition education for diabetic patients.
UNC Cardiac Rehabilitation
Phone: 919-843-2154 / 919-843-2158
Address: UNC Wellness Center - 100 Sprunt Street
Chapel Hill, NC 27517
Website: www.uncwellness.com
Description: Provides cardiac rehabilitation and Bridge to Wellness programs. Diabetic patients are assessed, educated, and given medically supervised exercise and nutrition regimens. Smoking cessation and psychosocial support is also provided.

UNC Family Medicine Center
Phone: 919-966-2010
Address: 110 Manning Drive, Aycock Building
Chapel Hill, NC 27599
Website: www.uncwellness.com
Description: Full service primary care clinic. Diabetes treatment and education programs available.

UNC Podiatry
Phone: 919-484-1437
Address: 5316 Highgate Drive, Suite 125
Durham, NC 27713
Website: www.unchiefhealthcare.org
Description: Diabetes treatment and management includes ADA recommended screenings and UNC wound management and prevention services.

UNC School of Pharmacy - Medical Management for Older Adults
Phone: 919-843-2278
Address: CB 7360 Kerr Hall
Chapel Hill, NC 27599
Website: www.geriatrics.unc.edu
Description: Works with physicians at UNC Division of Geriatrics to help optimize diabetes therapy. Provides free meters and community education in partnership with Orange County Department of Aging.

Emergency/First Responders

Carrboro Fire Department
Phone: 919-918-7347
Address: 301 W. Main Street
Carrboro, NC 27510
Website: www.carrborofire.org
Description: Call 9-1-1 in an emergency! Protects lives, property and community from the effects of fire, natural disasters, and other hazards by providing public education, incident prevention and emergency response services.

Carrboro Police Department
Phone: 919-918-7397
Address: 100 N. Greensboro Street
Carrboro, NC 27510
Website: www.townofcarrboro.org
Description: Call 9-1-1 in an emergency! The Police Department protects persons and property and provides law enforcement and community services necessary to maintain a safe living environment within the Town.

Cedar Grove Fire Department
Phone: 919-732-9585
Description: Call 9-1-1 in an emergency!

Chapel Hill Fire Department
Phone: 919-968-2781
Address: 403 Martin Luther King Jr Blvd
Chapel Hill, NC 27514
Website: www.townofchapelhill.org/fire
Description: Protects life, property and community environment from effects of fire, disasters or other life hazards by providing public education, incident prevention and emergency response services.
Efland Fire Department
Phone: 919-732-8941
Description: Call 9-1-1 in an emergency!

New Hope Fire Department
Phone: 919-493-1001
Address: 4012 Whitfield Road
Chapel Hill, NC 27514
Website: www.newhopefire.com
Description: Call 9-1-1 in an emergency! New Hope Fire Department is a paid/volunteer agency that provides Fire and Emergency Medical First Response.

Orange County Emergency Services
Phone: 919-968-2050
Address: PO Box 8181
Hillsborough, NC 27278
Website: www.co.orange.nc.us/ems
Description: Orange County Emergency Services works to ensure appropriate and efficient response to emergencies in Orange County.

Orange County Sheriff - Chapel Hill
Phone: 919-942-6300
Address: 144 East Margaret Lane
Hillsborough, NC 27278
Website: www.co.orange.nc.us/sheriff
Description: Call 9-1-1 in an Emergency! The Sherriff's Office is an organization of men and women dedicated to protecting and serving the people in our county.

Orange County Sheriff - Hillsborough
Phone: 919-644-3050
Address: 144 East Margaret Lane
Hillsborough, NC 27278
Website: www.co.orange.nc.us/sheriff
Description: Call 9-1-1 in an Emergency! The Sherriff's Office is an organization dedicated to protecting and serving the people in our county.

Orange Rural Fire Department
Address: 206 S. Churton Street
Hillsborough, NC 27278
Website: www.orfd.org
Description: Call 9-1-1 in an emergency! Department provides fire, rescue, and first responder (emergency medical care) services to the Orange Rural Fire District as well as for the Town of Hillsborough.

South Orange Rescue Squad
Phone: 919-967-1515
Address: PO Box 128
Carrboro, NC 27510
Website: www.sorescue.org
Description: Call 9-1-1 in an emergency! Provides first responder services services.

Town of Hillsborough Police Department
Phone: 919-732-9381
Address: 127 N. Churton Street
Hillsborough, NC 27278
Website: www.ci.hillsborough.nc.us
Description: Call 9-1-1 In an emergency!

White Cross Fire Department
Phone: 919-942-1194
Description: Call 9-1-1- in an Emergency

Employment
Employment Security Commission of NC
Phone: 919-644-1051
Website: www.ncesc.com
Description: Provides employment search and unemployment benefit information.

Joint Orange Chatham Community Action (JOCCA)
Phone: 919-929-0492 / 919-732-8194
Website: www.nccaa.net
Description: Offices in Chapel Hill and Cedar Grove
<table>
<thead>
<tr>
<th><strong>Health and Wellness Resource List</strong></th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Orange County Government Job Vacancy Hotline</strong></td>
<td><strong>USA Job Corps</strong></td>
</tr>
<tr>
<td><strong>Phone:</strong> 919-967-9251 / 919-245-2560</td>
<td><strong>Phone:</strong> 800-872-1055 / 800-733-5627</td>
</tr>
<tr>
<td><strong>Address:</strong> Personnel Department</td>
<td><strong>Address:</strong> US Dept of Labor - 200 Constitution Ave, NW Washington, DC 20210</td>
</tr>
<tr>
<td>Hillsborough, NC 27278</td>
<td><strong>Website:</strong> <a href="http://www.jobcorps.dol.gov">www.jobcorps.dol.gov</a></td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.co.orange.nc.us/prsnl">www.co.orange.nc.us/prsnl</a></td>
<td><strong>Description:</strong> Job Corps is a national, no-cost education and vocational training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 get a better job, make more money, and take control of their lives.</td>
</tr>
<tr>
<td><strong>Description:</strong> Position openings for Orange County Government.</td>
<td><strong>Vocational Rehabilitation</strong></td>
</tr>
<tr>
<td><strong>Orange County Skills Development and Job Link Center</strong></td>
<td><strong>Phone:</strong> 919-969-7350</td>
</tr>
<tr>
<td><strong>Phone:</strong> 919-969-3032</td>
<td><strong>Address:</strong> 548 Smith Level Road Carrboro, NC 27510</td>
</tr>
<tr>
<td><strong>Address:</strong> 503 W. Franklin Street Chapel Hill, NC 27516</td>
<td><strong>Website:</strong> <a href="http://www.dvr.dhhs.state.nc.us">www.dvr.dhhs.state.nc.us</a></td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.co.orange.nc.us/sdc">www.co.orange.nc.us/sdc</a></td>
<td><strong>Description:</strong> To promote employment and independence for people with disabilities through customer partnership and community leadership.</td>
</tr>
<tr>
<td><strong>Description:</strong> Provides skill development and employment services.</td>
<td><strong>Faith/Spiritual</strong></td>
</tr>
<tr>
<td><strong>Orange County Social Services - Work First Permit</strong></td>
<td><strong>St. Thomas More Church Caring and Sharing Ministry</strong></td>
</tr>
<tr>
<td><strong>Phone:</strong> 919-968-2000 / 919-245-2800</td>
<td><strong>Phone:</strong> 919-942-1040 x263</td>
</tr>
<tr>
<td><strong>Address:</strong> 2501 Homestead Road Chapel Hill, NC 27516</td>
<td><strong>Address:</strong> 940 Carmichael Street Chapel Hill, NC 27514</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.co.orange.nc.us/socsvcs">www.co.orange.nc.us/socsvcs</a></td>
<td><strong>Website:</strong> <a href="http://www.church.st-thomasmore.org">www.church.st-thomasmore.org</a></td>
</tr>
<tr>
<td><strong>Description:</strong> Work Permits are required for youths under 18 years of age who wish to be employed, unless there is an exemption from the youth employment requirements of the North Carolina Wage and Hour Act.</td>
<td><strong>Description:</strong> Run by spanish-speaking volunteers; Emergency Food, shelter, housing, and clothing</td>
</tr>
<tr>
<td><strong>Town of Chapel Hill - Human Resources Job Line</strong></td>
<td><strong>Interfaith Council for Social Services - Community Services and Food Pantry</strong></td>
</tr>
<tr>
<td><strong>Phone:</strong> 919-969-5000 x1500 / 919-968-2700</td>
<td><strong>Phone:</strong> 919-929-6380</td>
</tr>
<tr>
<td><strong>Address:</strong> 405 Martin Luther King Jr Blvd Chapel Hill, NC 27514</td>
<td><strong>Address:</strong> 110 W. Main Street Carrboro, NC 27510</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.townofchapelhill.org">www.townofchapelhill.org</a></td>
<td><strong>Website:</strong> <a href="http://www.itcweb.org">www.itcweb.org</a></td>
</tr>
<tr>
<td><strong>Description:</strong> Recent job postings available online and through job line.</td>
<td><strong>Description:</strong> Provides financial assistance, groceries, and clothing vouchers to individuals and families in need.</td>
</tr>
</tbody>
</table>
Orange Congregations in Mission
Phone: 919-732-6194
Address: 300 Millstone Drive
Hillsborough, NC 27278
Website: www.ocimnc.org
Description: Orange Congregations In Mission is a private non-profit ministry composed of over 40 congregations in northern Orange County, North Carolina. OCIM strives to meet the emergency needs of those who find themselves in a crisis.

Health Clinic
Interfaith Council for Social Services - Robert Nixon Free Clinic
Phone: 919-967-0643
Address: 100 W. Rosemary Street
Chapel Hill, NC 27516
Website: www.ifcweb.org
Description: Medical volunteers provide free health care, consultation, medicine and information to homeless.

Orange County Health Department - Chapel Hill Clinic
Phone: 919-245-2400
Address: 2501 Homestead Road
Chapel Hill, NC 27516
Website: www.co.orange.nc.us/health
Description: Provides a wide array of low-cost clinical and educational services to improve quality of life for Orange County residents.

Orange County Health Department - Hillsborough Clinic
Phone: 919-245-2400
Address: 300 W. Tryon Street
Hillsborough, NC 27278
Website: www.co.orange.nc.us/health
Description: Provides a wide array of low-cost clinical and educational services to improve quality of life for Orange County residents.

Piedmont Health Services - Carrboro Community Health Center
Phone: 919-942-8741
Address: 301 Lloyd Street
Carrboro, NC 27510
Website: www.piedmonthealth.org
Description: Piedmont Health Services is a private non-profit organization serving the health care needs of the citizens of central North Carolina. Provides quality, comprehensive family health care services to all patients needing access to services.

Piedmont Health Services - Charles Drew Health Clinic
Phone: 336-570-3739
Address: 221 Graham-Hopedale Road
Burlington, NC 27217
Website: www.piedmonthealth.org
Description: Piedmont Health Services serves health care needs of the citizens of central North Carolina. Provides quality, comprehensive family health care services to all patients needing access to services.
<table>
<thead>
<tr>
<th>Health and Wellness Resource List - Orange County Health Department</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Piedmont Health Services - Moncure Community</strong></td>
</tr>
<tr>
<td><strong>Health Center</strong></td>
</tr>
<tr>
<td>Phone: 919-542-4991</td>
</tr>
<tr>
<td>Address: 7228 Pittsboro-Moncure Road</td>
</tr>
<tr>
<td>Moncure, NC 27599</td>
</tr>
<tr>
<td>Website: <a href="http://www.pied%D0%BC%D0%BE%D0%BDthealth.org">www.piedмонthealth.org</a></td>
</tr>
<tr>
<td>Description: Piedmont Health Services is a private non-profit organization serving the health care needs of the citizens of central North Carolina. Provides quality, comprehensive family health care services to all patients needing access to services.</td>
</tr>
</tbody>
</table>

| **Piedmont Health Services - Prospect Hill Community**      |
| **Health Center**                                           |
| Phone: 336-562-3311 / 800-898-9577                          |
| Address: 140 Main Street                                    |
| Prospect Hill, NC 25710                                     |
| Website: www.piedмонthealth.org                             |
| Description: Piedmont Health Services is a private non-profit organization serving the health care needs of the citizens of central North Carolina. Provides quality, comprehensive family health care services to all patients needing access to services. |

| **Piedmont Health Services - Siler City Community**         |
| **Health Center**                                           |
| Phone: 919-663-1744                                         |
| Address: 224 S. 10th Avenue                                 |
| Siler City, NC 27344                                        |
| Website: www.piedмонthealth.org                             |
| Description: Piedmont Health Services is a private non-profit organization serving the health care needs of the citizens of central North Carolina. Provides quality, comprehensive family health care services to all patients needing access to services. |

| **Planned Parenthood of Orange County**                     |
| Phone: 919-942-7762                                         |
| Address: 1765 Dobbins Drive                                 |
| Chapel Hill, NC 27514                                       |
| Website: www.plannedparenthood.org                          |
| Description: Planned Parenthood Federation of America is a leading women’s health care provider, educator, and advocate, serving women, men, teens, and families. |

| **UNC Campus Health**                                       |
| Phone: 919-966-2281                                         |
| Address: CB #7470                                           |
| Chapel Hill, NC 27599                                       |
| Website: www.campushealth.unc.edu                           |
| Description: For UNC Students Only. Campus Health offers low cost medical care to the UNC student community. Offers wellness and preventative care, care for injury, acute or chronic medical conditions, consultation, and medical testing. |

| **UNC SHAC Free Clinic**                                    |
| Phone: 919-942-8741                                         |
| Address: Carrboro Community Health Center                   |
| Carrboro, NC 27510                                          |
| Website: www.med.unc.edu/shac                              |
| Description: Health care and screenings for adults and children. See website for full list of services. |

| **Health Insurance**                                        |
| **Blue Cross and Blue Shield of North Carolina**            |
| Phone: 800-446-8053                                         |
| Address: 5901 Chapel Hill Road.,                            |
| Durham, NC 27707                                           |
| Website: www.bcbsnc.com                                    |
| Description: Health insurance provider.                     |

| **NC Health Check Health Choice**                           |
| Phone: 919-644-3086                                         |
| Description: Insurance for children who are US citizens or legal residents |
Health Referral Lines

NC CareLine
Phone: 1-800-662-7030 (English/Spanish)
1-877-452-2514 (TTY)
Description: The CARE-LINE is the North Carolina Department of Health and Human Services’ (NCDHHS) toll-free Information and Referral telephone service. Information and Referral Specialists provide information and referrals regarding human services in government and non-profit agencies. Available Monday-Friday, except state holidays.

NC CareLink
Website: www.nccarelink.gov
Description: Site provides information about programs and services across North Carolina for families, seniors, and children. It is a collaborative effort of the North Carolina Department of Health and Human Services and many other government and non-profit information and referral stakeholders across North Carolina.

OPC Area Program – STAR Line
Phone: 919-913-4100
Description: Referral line will provide contact information of local mental health providers.

Triangle United Way
Phone: 919-463-5011
Address: PO Box 110387
RTP, NC 27709
Website: www.unitedwaytriangle.org
Description: Triangle United Way serves Chatham, Durham, Orange and Wake counties by connecting callers to health and human service programs through United Way 2-1-1, a free, bilingual, 24-hour-a-day telephone information and referral service.

UNC HealthLink Nurse Advice Line
Phone: 919-966-7890
Description: UNC HealthLink provides information about UNC services and clinics. HealthLink is available 24 hours a day to answer questions. From 8:30am to 5pm, Monday through Friday, HealthLink can connect callers to a UNC clinic or practice for appointment scheduling.

Hearing Care
Hearing Loss Association of Chapel Hill - Hearing Loss Support Group
Phone: 919-622-8467
Address: 2551 Homestead Road
Chapel Hill, NC 27516

Heart Disease/Stroke
American Heart Association
Phone: 919-463-8300
Address: 3131 RDU Center Drive Suite 100
Morrisville, NC 27560
Website: www.americanheart.org
Description: Provides information and education related to heart disease.

HIV/AIDS
AIDS Community Residence Association (ACRA)
Phone: 919-967-0009 / 919-956-7901
Address: PO Box 25265
Durham, NC 27702
Website: www.acra-org.com
Description: Provides housing and case management for persons living with AIDS.
Alliance of AIDS Services Carolina (AASC)
Phone: 919-956-7901
Address: 331 West Main Street, Suite 501
         Durham, NC 27702
Website: www.acranc.org
Description: The Alliance mission is to serve people living with HIV/AIDS, their loved ones, caregivers and communities at large, through compassionate and non-judgmental care, prevention, education and advocacy.

AIDSinfo
Phone: 1-800-HIV-0440 (1-800-448-0440)
TTY: 1-888-480-3739
Fax: 1-301-315-2818
Hours: Monday through Friday 12:00 pm to 5:00 pm (ET)
Description: Offers information on HIV treatment and research, customized clinical trial searches, and referrals to a host of other useful, government-approved resources. Health information specialists can confidentially answer questions in both English and Spanish.

UNC HealthLink Nurse Advice Line
Phone: 919-966-7890
Description: UNC HealthLink provides information about UNC services and clinics. HealthLink is available 24 hours a day to answer questions. From 8:30am to 5pm, Monday through Friday, HealthLink can connect callers to a UNC clinic or practice for appointment scheduling.

UNC Hospitals
Phone: 919-966-4131
Address: 101 Manning Drive
         Chapel Hill, NC 27514
Website: www.unchealthcare.org
Description: UNC Hospitals includes North Carolina Children's Hospital, North Carolina Memorial Hospital, North Carolina Neurosciences Hospital, and North Carolina Women's Hospital.

UNC Hospitals - Emergency Room
Phone: 919-966-4721
Address: 101 Manning Drive
         Chapel Hill, NC 27599
Website: www.unchealthcare.org
Description: UNC Hospitals includes North Carolina Children's Hospital, North Carolina Memorial Hospital, North Carolina Neurosciences Hospital, and North Carolina Women's Hospital.

UNC Hospitals
Phone: 919-966-4131
Address: 101 Manning Drive
         Chapel Hill, NC 27514
Website: www.unchealthcare.org
Description: UNC Hospitals includes North Carolina Children's Hospital, North Carolina Memorial Hospital, North Carolina Neurosciences Hospital, and North Carolina Women's Hospital.

Housing

EmPOWERment, Inc.
Phone: 919-967-8779
Address: 109 N. Graham Street Suite 200
         Chapel Hill, NC 27516
Website: www.empowerment-inc.org
Description: The mission of EmPOWERment, Inc. is to empower people and communities to control their own destinies through affordable housing, advocacy, community organizing and grassroots economic development.
Habitat for Humanity of Orange County
Phone: 919-932-7077
Address: 88 Vilcom Center Dr #L110
Chapel Hill, NC 27514
Website: www.orangehabitat.org
Description: Habitat for Humanity of Orange County brings people and resources together to build affordable homes with people who need them.

Interfaith Council for Social Service - Community House Men’s Residential Facility
Phone: 919-967-0643
Address: 100 W. Rosemary Street.
Chapel Hill, NC 27516
Website: www.ifcweb.org
Description: Men’s Residential Facility: 30 beds and 20 floor space, 365 days a year. Please call ahead if you need to stay.

Orange Community Housing and Land Trust
Phone: 919-967-1545
Address: 104-C Jones Ferry Road
Carrboro, NC 27510
Website: www.communityhometrust.org
Description: Orange Community Housing and Land Trust affordable homeownership opportunities for first-time homebuyers who earn less than 80% of the Area Median Income.

Orange County Housing and Community Development
Phone: 919-245-2490
Address: 2501 Homestead Road
Chapel Hill, NC 27516
Website: www.co.orange.nc.us/housing
Description: Orange County Housing and Community Development Department promotes affordable housing, economic opportunity and a suitable living environment free from discrimination.

Orange County Housing and Community Development - Hillsborough
Phone: 919-245-2490
Address: 300 W. Tryon Street
Hillsborough, NC 27278
Website: www.co.orange.nc.us/housing
Description: The primary mission of the Orange County Housing and Community Development Department is to promote adequate and affordable housing, economic opportunity and a suitable living environment free from discrimination.

Ronald McDonald House - Chapel Hill
Phone: 919-913-2040
Address: 101 Old Mason Farm Road
Chapel Hill, NC 27517
Website: www.chapelhillrmh.net
Description: The Ronald McDonald House of Chapel Hill is open to all families with a pediatric patient being treated for a serious illness or injury at an area hospital or a hospital-affiliated clinic.

SECU Family House at UNC Hospitals
Phone: 919-932-8000
Address: 123 Old Mason Farm Road
Chapel Hill, NC 27517
Website: www.familyhouseunch.org
Description: SECU Family House provides a home-away-from-home for families with an adult patient being treated for a critical illness or injury at UNC Hospitals or affiliated clinics.

Town of Chapel Hill - Housing Department
Phone: 919-968-2850
Address: 317 Caldwell Street Extension
Chapel Hill, NC 27516
Website: www.townofchapelhill.org
Description: The mission of the Department of Housing is to provide decent, safe and affordable rental housing for Chapel Hill’s public housing families.
Weaver Community Housing Association
Phone: 919-969-7410
Address: 201 N. Greensboro Street
Carrboro, NC 27510
Website: www.wcha.coop/index.php
Description: WCHA provides affordable and sustainable housing for lower income families and individuals. Also empowers residents to make decisions and cooperatively control and maintain their homes and communities.

Latino-Focused Resources
Mexican Consulate
Phone: 919-754-0046
Address: 336 E. Six Forks Rd.
Raleigh, NC 27609
Website: http://consulmex.sre.gob.mx/raleigh/

El Pueblo
Phone: 919-835-1525
Address: 4N. Blount Street, Suite 200.
Raleigh, NC 27601
Website: www.elpueblo.org
Description: El Pueblo is a North Carolina non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino Community.

El Futuro
Phone: 919-338-1939
Address: 110 W. Main St., Suite 2H
Carrboro, NC 27510
Website: elfuturo-nc.org
Description: El Futuro is a non-profit resource for Latino Mental Health and Substance Abuse Treatment.

UNC Center for Latino Health (CELAH)
Phone: 919-966-5800
Description: CELAH provides primary and specialty care for Spanish-speaking patients

Legal / Advocacy / Human Rights
El Pueblo
Phone: 919-835-1525
Address: 4N. Blount Street, Suite 200.
Raleigh, NC 27601
Website: www.elpueblo.org
Description: El Pueblo is a North Carolina non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino Community.

Farmworker Unit - Legal Aid Services
Phone: 1-800-777-5869
Website: www.farmworkerlanc.org/
Description: The Farmworker Unit of Legal Aid of North Carolina was established to meet the special legal needs of migrant and seasonal farmworkers in North Carolina.

Legal Aid
Phone: 919-542-0475
Address: 959 East Street, Suite A&B
Pittsboro, NC 27312
Website: www.legalaidnc.org
Description: Legal Aid provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity.

North State Legal Services
Phone: 919-732-8137
Address: 959 East Street, Suite A&B
Pittsboro, NC 27312
Website: www.legalaidnc.org
Description: Legal Aid of North Carolina - Pittsboro Office provides legal assistance in civil matters (non-criminal) to eligible, low-income clients who have problems with their basic needs and live in the 11-county area surrounding Pittsboro, NC.
Health and Wellness Resource List - Orange County Health Department

**Orange County Human Relations Commission**
Phone: 919-245-2487
Address: 300 West Tryon Street
Hillsborough, NC 27278
Website: www.co.orange.nc.us/housing/HRC.asp
Description: The Office of Human Rights provides educational programs, technical assistance and research on issues involving civil rights, equal opportunities, and human relations to individuals, businesses and community agencies/groups.

**Maternal and Child Health**

**Mothers of Multiples Chapel Hill/Durham**
Phone: 919-933-7962
Website: www.momchd.whsites.net
Description: Support group and activities for parents with at least one set of twins, triplets or more. Many members have other children as well.

**NC Family Health Resource Line**
Phone: 919-828-1819
Website: www.nchealthystart.org
Description: The NC Family Health Resource Line is for anyone in North Carolina who has questions about having a healthy pregnancy or raising happy, healthy children and teens.

**Orange County Department of Social Services - Counseling for Problem Pregnancy**
Phone: 919-245-2800
Address: 2501 Homestead Road
Chapel Hill, NC 27516
Website: www.co.orange.nc.us/socsvcs
Description: Counseling for Problem Pregnancies

**Orange County WIC Program**
Phone: 919-245-2422 / 919-245-2447
Address: 300 W. Tryon Street
Hillsborough, NC 27278
Website: www.co.orange.nc.us/health
Description: WIC is a Special Supplemental Nutrition Program for Women, Infants, and Children funded by the United States Department of Agriculture.

**Pregnancy Support Services**
Phone: 919-942-7318
Address: 104 South Estes Drive, Suite 301 A
Chapel Hill, NC 27514
Website: www.pregnancysupport.org
Description: Offices in Chapel Hill and Durham. Christian ministry helping families deal with unplanned pregnancy.

**The Women’s Birth and Wellness Center**
Phone: 919-933-3301
Address: 930 Martin Luther King Jr. Blvd., Suite 202
Chapel Hill, NC 27514
Website: www.ncbirthcenter.com
Description: Provides family-centered maternity care by Certified Nurse-Midwives.
Health and Wellness Resource List - Orange County Health Department

**UNC Health Care - The Horizons Program**
- **Phone:** 919-966-9803
- **Website:** www.med.unc.edu/obgyn/centers/unc-horizons-program
- **Description:** Horizons is a treatment program for women struggling with substance abuse or addiction. Services are available to all mothers or women of child bearing age who need or want to stop or reduce their use of alcohol and/or drugs.

**Men's Health**

**Pilgrim United Methodist Church of Christ - Men's Council**
- **Phone:** 919-942-3840
- **Address:** 3011 Academy Road
  Durham, NC 27707
- **Website:** www.pilgrimucc-durham.org
- **Description:** A nonsectarian group. Informal discussion on male psychological, social, and soulful issues.

**Mental Health**

**Art Therapy Institute**
- **Phone:** 919-381-6068
- **Address:** 200 N. Greensboro St.
  Carr Mill Mall Suite D-6
  Carrboro, NC
- **Website:** www.ncati.org
- **Description:** ATI improves access to mental health services for diverse populations and promotes education and awareness about art therapy.

**Chapel Hill Outpatient Clinic (formerly Caring Family Network; managed by Freedom House)**
- **Phone:** 919-913-4200
- **Address:** 121 S. Estes Drive, Suite 100
  Chapel Hill, NC 27514
- **National Alliance for the Mentally Ill (NAMI)- Orange County Chapter**
  - **Phone:** 919-929-7822
  - **Address:** PO Box 4201
    Chapel Hill, NC 27515
  - **Website:** www.nami.org
  - **Description:** NAMI is dedicated to improving the quality of life for persons of all ages who are affected by mental illnesses.

**El Futuro**
- **Phone:** 919-338-1939
- **Address:** 110 W. Main St., Suite 2H
  Carrboro, NC 27510
- **Website:** elfuturo-nc.org
- **Description:** El Futuro is a non-profit resource for Latino Mental Health and Substance Abuse Treatment.

**Family Counseling Center (formerly Caring Family Network; managed by Freedom House)**
- **Phone:** 919-732-1150
- **Address:** 300 W. Tryon Street
  Hillsborough, NC 27278

**Freedom House**
- **Phone:** 919-942-2803
- **Address:** 104 New Stateside Drive
  Chapel Hill, NC 27516

**Mental Health Association of the Triangle**
- **Phone:** 919-942-8083
- **Website:** www.mhaorangeco.org
- **Description:** Works to promote mental health in community and to improve the lives of our residents living with mental illnesses.
**OPC Area Program – STAR Line**

Phone: 919-913-4100

Description: Referral line will provide contact information of local mental health providers.

**Triumph Cares**

Phone: 919-245-1056

Address: 105 W. Corbin Street, Suite 103

Hillsborough, NC 27278

Description: Provides community based mental health services in Orange and Person Counties.

**Nutrition**

**Orange County Cooperative Extension**

Phone: 919-245-2050

Address: 306-E Revere Road

Hillsborough, NC 27278

Website: www.orange.ces.ncsu.edu

Description: Orange County Cooperative Extension is dedicated to our mission of helping the citizens of Orange County by putting research-based knowledge to work for economic prosperity, environmental stewardship and an improved quality of life.

**Orange County Health Department – Nutrition Program**

Phone: 919-245-2400

Address: 300 W. Tryon Street

Hillsborough, NC 27278

Website: www.co.orange.nc.us/health

Description: Provides chronic disease screenings at senior centers, medical nutrition therapy for people with diabetes and those at risk, sliding scale nutrition services. Accepts insured and medicaid-eligible clients.

**Orange County Health Department – Divisions / Services**

**Orange County Health Department – Chapel Hill**

Phone: 919-245-2400

Address: 300 W. Tryon Street

Hillsborough, NC 27278

Website: www.co.orange.nc.us/health

Description: Local Health Department for Orange County, NC.

**Orange County Health Department – Hillsborough**

Phone: 919-245-2400

Address: 2501 Homestead Road

Chapel Hill, NC 27516

Website: www.co.orange.nc.us/health

Description: Local Health Department for Orange County, NC.

**Orange County Health Department – Dental Health Services Division**

Phone: 919-245-2435

Address: 300 W. Tryon Street

Hillsborough, NC 27278

Website: www.co.orange.nc.us/health

Description: The Dental Health Services Division of the Orange County Health Department provides access to high quality dental services to the citizens of Orange County.

**Orange County Health Department – Environmental Health Services**

Phone: 919-245-2361

Address: 131 W. Margaret Lane

Hillsborough, NC 27278

Website: www.co.orange.nc.us/health

Description: Handles design and permitting of wastewater, septic, and well systems. Handles inspections of public swimming pools, lodging, and restaurants.
Orange County Health Department –
**Health Promotion and Education Services**
Phone: 919-245-2400  
Address: 300 W. Tryon Road  
Hillsborough, NC 27278  
Website: www.co.orange.nc.us/health  
Description: Provides community health education and outreach services in Orange County.

Orange County Health Department –
**Personal Health Services Division**
Phone: 919-245-2400  
Address: 300 W. Tryon Road  
Hillsborough, NC 27278  
Website: www.co.orange.nc.us/health  
Description: Division contains clinical services, community health disease treatment and management services, and family home visiting services.

Orange County Health Department –
**Vital Records**
Phone: 919-245-2404  
Address: 300 W. Tryon Street  
Hillsborough, NC 27278  
Website: www.co.orange.nc.us/health  
Description: All birth and death certificates pass through Vital Records for completion, verification of information, signature of the Health Director before being sent to the Register of Deeds for certification.

Orange County Health Department –
**Volunteer Programs**
Phone: 919-245-2388  
Address: 300 W. Tryon Street  
Hillsborough, NC 27278  
Website: www.co.orange.nc.us/health  
Description: Community outreach and emergency preparedness volunteer programs.

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**Persons with Disabilities**

**The Arc of Orange County**
Phone: (919) 942-5119  
Address: 208 North Columbia Street, Suite #100  
Chapel Hill, NC 27514  
Website: www.arcoforange.org  
Description: The Arc of Orange County works with and for people who have or are at risk for developmental disabilities to promote full participation in areas of life in our community.

**Chapel Hill Training Outreach Program - KidScope**
Phone: 919-644-6590 x4854  
Address: 500 N. Nash Street,  
Hillsborough, NC 27278  
Website: www.chtop.org  
Description: The KidSCope Early Intervention Program provides an array of services for young children with or at risk for developmental disabilities and their families in Orange and Chatham Counties, North Carolina.

**Club NOVA**
Phone: 919-968-6682  
Address: 103 D West Main Street  
Carrboro, NC 27510  
Website: www.clubnova.org  
Description: Club Nova promotes and provides opportunities for individuals with mental illness to lead meaningful and productive lives of their choice in the community.
<table>
<thead>
<tr>
<th>Health and Wellness Resource List</th>
<th>Orange County Health Department - Child Service Coordination Program</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Exceptional Children's Assistance</strong></td>
<td><strong>Phone:</strong> 800-962-6817 / 919-571-8092</td>
</tr>
</tbody>
</table>
| **Phone:** 800-962-6817 / 919-571-8092 | **Address:** 300 W. Tryon Street  
Hillsborough, NC 27278 |
| **Address:** 3803 Computer Drive Building B, Suite 205  
Raleigh, NC 27609 | **Website:** www.co.orange.nc.us/health |
| **Website:** www.ecac-parentcenter.org | **Description:** Child Service Coordination is an interagency program available to any child birth to age 5 regardless of financial status who is medically or socially at risk for developmental delays or who has been identified with developmental concerns. |
| **Description:** Offers a variety of projects and services designed to meet the needs of NC parents, families, students, educators, and other professionals working with children with disabilities. | |
| **Family Support Network of Central Carolina, CDSA** | **Residential Services Inc.** |
| **Phone:** 800-852-0042 / (919) 560-3000 | **Phone:** 919-942-7391 |
| **Address:** 115 Market St., Suite 201  
Durham, NC 27701 | **Address:** 111 Providence Road  
Chapel Hill, NC 27514 |
| **Website:** www.familysupportcentralnc.org | **Website:** www.rsi-nc.org |
| **Website:** www.fsnnc.org/ | **Description:** RSI provides community-based residential services to people with developmental disabilities. |
| **Description:** Family Support Network of North Carolina promotes and provides support for families with children who have special needs | |
| **Disabilities Rights North Carolina** | **TEACCH - Treatment and Education of Autistic and Related Communication Handicapped Children** |
| **Phone:** 800-821-6922 | **Phone:** 919-966-2174 |
| **Website:** www.disabilityrightsnc.org | **Website:** www.teacch.com |
| **Description:** Disability Rights North Carolina is an independent, private not for profit organization. Designated by the Governor on July 1, 2007 to ensure the rights of all state citizens with disabilities through individual advocacy and system change, Disability Rights NC (formerly Carolina Legal Assistance) is part of a national system of federally mandated independent disability agencies. | **Description:** TEACCH is a service, training, and research program for individuals of all ages and skill levels with autism spectrum disorders. |
| **Poison Control** | **Carolinias Poison Center** |
| **Carolinas Poison Center** | **Phone:** 800-848-6946 |
| **Address:** P.O. Box 32861  
Charlotte, NC 27232 | **Address:** P.O. Box 32861  
Charlotte, NC 27232 |
| **Website:** www.ncpoisoncenter.org | **Website:** www.ncpoisoncenter.org |
| **Description:** Carolinas Poison Center is an emergency telephone number for poisoning information, staffed 24 hours a day, 7 days a week by registered nurses and pharmacists trained to give diagnostic and treatment advice for poisonings. | **Description:** Carolinas Poison Center is an emergency telephone number for poisoning information, staffed 24 hours a day, 7 days a week by registered nurses and pharmacists trained to give diagnostic and treatment advice for poisonings. |
National Poison Hotline
Phone: 800-222-1222
Website: www.poison.org/actFast/1800.asp
Description: 1-800-222-1222 is the number for every poison center in the US. Call 24 hours a day, 7 days a week to talk to a poison expert. Call if you have a poison emergency or a question about a poison or about poison prevention.

Recreation and Parks
Boy Scouts of America Occoneechee Council, Inc
Phone: 919-872-4884
Address: 3231 Atlantic Avenue
Raleigh, NC 27604
Website: www.ocscouts.org
Description: Occoneechee Council, Boy Scouts of America aims to beneficially involve every eligible child and their family in the fun and adventure of our programs.

Carrboro Recreation and Parks Department
Phone: 919-918-7364
Address: Carrboro Century Center, 100 N. Greensboro Street.
Carrboro, NC 27510
Website: www.ci.carrboro.nc.us
Description: To serve the leisure needs of Carrboro residents through diverse recreation programs and a system of attractive and safe public parks.

Chapel Hill Parks and Recreation - Hargraves Community Center
Phone: 919-968-2784
Address: 120 South Estes Drive
Chapel Hill, NC 27514
Website: www.townhall.townofchapelhill.org
Description: Chapel Hill Parks and Recreation - Hargraves Community Center has an auditorium, gymnasium, and meeting room, swimming pool, softball field, tennis courts, basketball courts, volleyball court, playground and picnic area. A variety of programs are held year round.

Chapel Hill Tennis Club
Phone: 919-929-5248
Address: 403 Westbrook Drive
Carrboro, NC 27510
Website: www.chapelhilltennisclub.com
Description: Tennis, swimming, and fitness facilities. Membership required.

Efland-Cheeks Community Center
Phone: 919-563-1130
Address: 117 Richmond Road
Efland, NC 27231
Website: www.co.orange.nc.us/RecParks
Description: Meeting space, catering kitchen, small stage, lighted outdoor basketball courts, picnic shelter, walking track, ball field, picnic tables, BBQ grills, playground, soccer field.

Girl Scouts - Coastal Pines Chapter
Phone: 919-782-3021
Address: Glenwood Avenue
Raleigh, NC 27612
Website: www.girlscouts.org
Description: Social and physical activities and skill building for girls.
<table>
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<tr>
<th>Health and Wellness Resource List - Orange County Health Department</th>
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<tbody>
<tr>
<td><strong>Hillsborough Youth Athletic Association (HYAA)</strong></td>
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<tr>
<td>Phone: 919-732-4454</td>
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</tbody>
</table>
| Address: 123 Daniel Boone St  
Hillsborough, NC 27278 |
| Website: http://www.hyaabaseball.org/ |
| Description: HYAA is a nonprofit entity organized for the  
purpose of operating a youth baseball program in the Hillsborough area |
| **Orange County Parks and Recreation Department** |
| Phone: 919-245-2660 |
| Address: 300 W. Tryon Street  
Hillsborough, NC 27278 |
| Website: www.co.orange.nc.us/RecParks |
| Description: Athletic and recreational programs for Orange County residents. |
| **Mebane Recreation and Parks Department** |
| Phone: 919-563-3629 |
| Address: 106 East Washington Street  
Mebane, NC 27302 |
| Website: www.cityofmebane.com |
| Description: Provides a variety of physical and social activities for Mebane residents. |
| **New Hope Camp and Conference Center** |
| Phone: 919-942-4716 |
| Address: 4805 NC Hwy 86  
Hillsborough, NC 27278 |
| Website: www.newhopecccc.org |
| Description: New Hope Camp and Conference Center, Inc. provides a unique natural setting, a place apart for persons of all ages and faiths to grow in their relationship with God, themselves, and others in an environment of Christian hospitality. |
| **Occoneechee Mountain State Natural Area** |
| Phone: 919-383-1686 |
| Address: Virginia Cates Rd (off Orange Grove Rd)  
Hillsborough, NC 27278 |
| Website: www.ils.unc.edu |
| Description: Features 190 acres of nature, two miles of trails and ponds for fishing. The mountain's elevation, which overlooks the Eno River, is the highest point in Orange County. Pets allowed on leashes. |
| **Rainbow Soccer, Ltd.** |
| Phone: 919-967-8797 |
| Address: PO Box 3093  
Chapel Hill, NC 27515 |
| Website: www.rainbowsoccer.org |
| Description: Rainbow Soccer offers recreational and competitive league soccer to children and adults living in Chapel Hill, North Carolina and the surrounding areas. |
| **Triangle Sportsplex** |
| Phone: 919-644-0339 |
| Address: One Dan Kidd Drive  
Hillsborough, NC 27278 |
| Website: www.trianglesportsplex.com |
| Description: Fitness and health resource for youth and adults. |
| **YMCA - Chapel Hill/Carrboro** |
| Phone: 919-442-9622 |
| Address: 980 Martin Luther King Jr Blvd  
Chapel Hill, NC 27514 |
| Website: www.chymca.org |
| Description: Health and fitness resources and programs for youth and family. |
| **Schools/Education** |
| **Chapel Hill Carrboro City Schools** |
| Phone: 919-967-8211 |
| Address: 750 Merritt Road  
Chapel Hill, NC 27516 |
| Website: www2.chccs.k12.nc.us |
| Description: Public School System |
Chapel Hill Training Outreach Program - Head Start / More at Four Program
Phone: 919-490-5577 x248
Address: 800 Eastowne Dr. Suite 105
Chapel Hill, NC 27514
Website: www.chtop.org
Description: All Head Start families receive an array of individualized services based on each family's situation: their strengths, needs, goals, and aspirations. See website for full list of services.

Duke University
Phone: 919-984-8111
Address: Duke University
Durham, NC 27708
Website: www.duke.edu
Description: Privately funded university in Durham, NC.

Durham Technical Community College - Orange County Campus
Phone: 919-686-3300
Address: 525 College Park Drive
Hillsborough, NC 27278
Website: www.durhamtech.edu
Description: Phone number is to main college offices not Orange County campus.

Orange County Literacy Council - OC Learning Center Hillsborough
Phone: (919) 636-4457
Address: 200 N. Greensboro Street, Suite C-2,
Carrboro, NC 27510
Website: www.orangeliteracy.org
Description: The Orange County Literacy Council (OCLC) is a volunteer, community-based non-profit agency that has been serving adult learners since 1984. Provides free and confidential adult learning

Orange County School Systems
Phone: 919-732-8126
Address: 200 East King Street
Hillsborough, NC 27278
Website: www.orange.k12.nc.us
Description: Orange County Public School System.

University of North Carolina at Chapel Hill
Phone: 919-962-2211
Address: Chapel Hill, NC 27599
Website: www.unc.edu
Description: Publicly funded university for North Carolina.

Senior Health
A Helping Hand
Phone: 919-969-7111
Address: 1502 W. NC Hwy 54, Suite 405,
Durham NC 27707
Website: www.ahelpinghandnc.org
Description: Volunteers provide companion care and escorted transportation services for seniors in Orange, Durham, and Chatham Counties.

Arthritis Foundation - NC Triangle
Phone: 919-966-0547
Address: 3330 Thurston Bldg, CB 7280
Chapel Hill, NC 27599
Website: www.trianglearthritiswalk.kintera.org
Description: Arthritis advocacy and education services; Coordinates Arthritis Walk for the Triangle region.

Charles House Eldercare Center
Phone: 919-967-7570
Address: 109 Hillcrest Avenue
Carrboro, NC 27510
Website: www.charleshouse.org
Description: Provides daytime care for older adults with mild to moderate impairments as well as respite for their families.
**Duke HomeCare and Hospice**
Phone: 919-620-3859  
Address: 4321 Medical Park Drive, Suite 101  
Durham, NC 27704  
Website: www.dhch.dukehealth.org  
Description: Duke HomeCare & Hospice is a community focused home care agency that provides home care to those in need. Duke HomeCare & Hospice is governed by the Duke University Health System Board of Directors and is JCAHO accredited.

**Northern Orange Human Services Center**
Phone: 919-732-8194  
Address: 5800 Highway 86 North  
Cedar Grove, NC 27231  
Website: www.co.orange.nc.us/RecParks  
Description: Provides wellness and physical activity programs for Orange County seniors and youth.

**Orange County Department on Aging (Robert and Pearl Seymour Center)**
Phone: 919-245-2000  
Address: 2551 Homestead Road  
Chapel Hill, NC 27516  
Website: www.co.orange.nc.us/aging  
Description: Provides many health, social, and wellness services for available for individuals 55 years of age and older.

**Orange County Department on Aging - Aphasia Support Group and Counseling**
Phone: 919-966-9460  
Address: 2551 Homestead Road  
Chapel Hill, NC 27516  
Website: www.co.orange.nc.us/aging  
Description: Meets Mondays, 1-2:30pm Conversation groups and individual consultations for people with aphasia offered through UNC Division of Speech and Hearing Sciences Program.

**Orange County Department on Aging - Central**
**Orange Senior Center**
Phone: 919-245-2015  
Address: 103 Meadowlands  
Hillsborough, NC 27278  
Website: www.co.orange.nc.us/aging  
Description: Provides wellness and physical activity programs for Orange County seniors.

**Sex / Sexuality Concerns**
**Duke University Lesbian Health Resource Center**
Phone: 919-956-9900  
Address: 02 West Union Bldg. Box 90958,  
Durham, NC 27708  
Website: www.lgbt.studentaffairs.duke.edu  
Description: The Center for LGBT provides education, advocacy, support, mentoring, and space for LGBT, questioning, and straight-allied students, staff, and faculty at Duke, as well as alumni and members of neighboring communities.

**Gay/Lesbian Helpline of Wake County**
Phone: 919-821-0055  
Website: helpline@tcworks.org  
Description: Provides resources to people in crisis; Triangle-wide information

**American Social Health Association’s Sexually Transmitted Infection Resource Center Hotline**
Phone: 919-361-8488  
Website: www.cdc.gov/std/Herpes/STDFact-Herpes.htm  
Description: Sexually Transmitted Infection Hotline. Resource for information on STIs including Chlamydia, HPV, and Herpes
Triangle Intergroup (Sexual Addiction)
Phone: 1-800-921-1896
Description: Provides information about the SAA fellowships in the Triangle Area of North Carolina, comprised of Raleigh, Durham, Chapel Hill, and the surrounding communities, for sex addicts in all stages of recovery.

UNC Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) Center
Phone: 919-962-4401
Address: UNC Campus
Chapel Hill, NC 27514
Website: http://lgbtq.unc.edu/
Description: The LGBTQ Center works to foster a safe inclusive environment for UNC-Chapel Hill community members of all sexual orientations, gender identities and gender expressions

Social Assistance Services
Child Care Services Association
Phone: 919-967-3272 / 919-732-1148
Address: 1829 East Franklin Street, Building 1000
Chapel Hill, NC 27514
Website: www.childcareservices.org
Description: Child Care Services Association (CCSA) is a United Way agency working for affordable and accessible child care.

Child Support Enforcement
Phone: 919-245-2175
Address: 131 W. Margaret Lane
Hillsborough, NC 27278
Website: www.co.orange.nc.us/cse
Description: Orange County Child Support Enforcement Office.

Child Support Enforcement
Phone: 919-267-9251 x2175
Address: 2501 Homestead Road
Chapel Hill, NC 2514
Website: www.co.orange.nc.us/cse
Description: Orange County Child Support Enforcement Office.

Children’s Home Society of NC
Phone: 800-632-1400
Address: PO Box 14608
Greensboro, NC 27415
Website: www.chsnc.org
Description: CHS services include pregnancy counseling, family and therapeutic foster care, domestic adoption for infants and older children, and adoption support services.

Club Nova Thrift Shop
Phone: 919-967-6985
Address: 103-C W. Main Street
Carrboro, NC 27510
Website: www.clubnovashop.org
Description: Thrift shop operating to increase awareness of mental illness, establish a connection and provide a service to the community, and provide fiscal support to Club Nova.

Child Care Services Association
Phone: 919-967-3272
Address: 1829 East Franklin Street, Bldg. 1000
Chapel Hill, NC 2514
Website: www.childcareservices.org/
Description: Child Care Services Association (CCSA) is a nationally recognized nonprofit working to ensure affordable, accessible, high quality child care for all families through research, services and advocacy.
Food Bank of Central and Eastern NC - Food Bank of Durham
Phone: 919-956-2513 x234
Address: 708 Gilbert St
Durham, NC 27701
Website: www.foodbanknc.org
Description: Durham Outreach Coordinator - 919-956-2513 x2103

Interfaith Council for Social Services - Community Kitchen
Phone: 919-967-0643 x14
Address: 100 W. Rosemary Street
Chapel Hill, NC 27516
Website: www.ifcweb.org
Description: Food From the Community, For the Community: Anyone who is hungry or wants to learn about hunger can eat.

PTA Thrift Shop
Phone: 919-942-6565
Address: 115 W. Main Street
Carrboro, NC 27510
Website: www.ptathriftshop.com
Description: The PTA Thrift Shop, Inc. is a non-profit resale business operated for the benefit of the Parent Teacher Associations of the public schools located in Chapel Hill and Carrboro.

Interfaith Council for Social Services - Community Services and Food Pantry
Phone: 919-929-6380
Address: 110 W. Main Street
Carrboro, NC 27510
Website: www.ifcweb.org
Description: Provides financial assistance, groceries, and clothing vouchers to individuals and families in need.

Orange Congregations in Mission
Phone: 919-732-6194
Address: 300 Millstone Drive
Hillsborough, NC 27278
Website: www.ocimnc.org
Description: Orange Congregations In Mission is composed of over 40 congregations in northern Orange County, North Carolina. OCIM strives to meet the emergency needs of those who find themselves in a crisis situation.

Orange County Department Of Social Services - Food Stamp Program
Phone: 919-245-2800
Address: 2501 Homestead Road
Chapel Hill, NC 27516
Website: www.co.orange.nc.us/health
Description: The Food Stamp Program is a federal program that provides a monthly allotment of Food Stamp benefits issued via Electronic Benefit Transfer cards (EBT cards) that can be used like debit cards.

Orange County Health Department - Vital Records
Phone: 919-245-2409
Address: 300 W. Tryon Street
Hillsborough, NC 27278
Website: www.co.orange.nc.us/health
Description: All birth and death certificates pass through Vital Records for completion, verification of information, and signature of the Health Director before being sent to the Register of Deeds for certification.

Orange County Register of Deeds
Phone: 919-245-2700
Address: 228 South Churton Street, Suite 300
Hillsborough, NC 27278
Website: www.co.orange.nc.us/deeds
Description: The Register of Deeds serves as custodian and manager of a large number of public records.
Professional Mortuary Service
Phone: 919-286-2576 / 800-423-8336
Address: 612 Trent Dr.
   Durham, NC 27705
Description: Provides assistance with shipping bodies out of the country. Spanish translator can be reached at 1-800-368-1662.

Social Security Administration
Phone: 800-772-1213
Address: 3308 Chapel Hill Blvd
   Durham, NC 27707
Website: www.ssa.gov
Description: Social Security Information

Substance Abuse
Alcohol Abuse / Crisis Intervention - Focus Healthcare Tennessee (Serves persons living in other states)
Phone: 800-234-0246
Description: 24-hr. hotline - Alcohol Abuse and Crisis Intervention

Alcohol Treatment Referral Service (Federal)
Phone: 800-662-4357
Description: 24 hr. Helpline - Substance Abuse and Mental Health Services Administration's toll-free telephone number for alcohol and drug information/treatment referral assistance.

Alcoholics Anonymous - Orange County
Phone: 1-888-237-3235
Website: http://www.aanc33.org/
Description: Alcoholics Anonymous

Capital Area Narcotics Anonymous
Phone: 919-831-5100
Website: www.crna.org
Description: The Carolina Regional Service Office offers NA literature and other products for sale online. Number above is helpline for Chapel Hill, Durham, Henderson, Hillsborough, Louisburg, Oxford, and Roxboro.

El Futuro
Phone: 919-338-1939
Address: 110 W. Main St., Suite 2H
   Carrboro, NC 27510
Website: elfuturo-nc.org
Description: El Futuro is a non-profit resource for Latino Mental Health and Substance Abuse Treatment.

Freedom House Recovery Center - Men's Transitional House
Phone: 919-942-2803 x15
Website: www.rtpnet.org/freedom/treatment_programs/
Description: The Men's Transitional House is our 10 bed, men's halfway house in Chapel Hill that provides up to six months of recovery services for alcohol/drug-addicted men and those who are dual diagnosed.

Freedom House Recovery Center - Women's Halfway House
Phone: 919-942-2803 x14
Website: www.rtpnet.org/freedom/treatment_programs/
Description: Freedom House is a non-profit organization that provides residential crisis services, including detoxification, outpatient substance abuse services, community support, transitional living, and extended care.
Freedom House Recovery Center - Main Office
Phone: 919-942-2803
Website: www.rtpnet.org/freedom/home/mission.html
Description: Freedom House Recovery Center has been committed to making a difference in the lives of people with addiction and mental illness.

Narcotics Anonymous
Phone: 919-755-5391
Description: Narcotics Anonymous - Triangle Area

OPC Mental Health - Alcohol Service
Phone: 919-929-0471
Address: 100 Europa Drive, Suite 490
Chapel Hill, NC 27517
Website: www.opcareaprogram.com
Description: OPC is the local governmental agency with responsibility for oversight and management of publicly-funded mental health, developmental disability, and substance abuse services in Orange, Person and Chatham counties.

Substance Abuse Resource Line (Phenix House)
Phone: 800-378-4435

Binkley Baptist - Parkinson's Disease Support Group
Phone: 919-960-5173
Address: 1712 Willow Drive
Chapel Hill, NC 27514
Website: www.binkleychurch.org
Description: Meets 3rd Wednesday of the Month at 1:30 p.m. Contact is Ed O'Hara.

Binkley Baptist - Prostate Cancer Support Group
Phone: 919-843-5307
Address: 1712 Willow Drive
Chapel Hill, NC 27514
Website: www.binkleychurch.org
Description: Meets 1st Wednesday of the Month from 4–5 p.m. Contact person is LuAnn Smith.

Chapel Hill Arthritis Education Network - Arthritis Support Group
Phone: 919-544-2021 / 919-408-0307
Address: 2551 Homestead Road
Chapel Hill, NC 27516
Description: Meets 2nd Tues. of the Month from 7-8:30 p.m. Family members, friends, all with arthritis are welcome to participate in this monthly support group. Call Angie Hutto, 408-0307, or Cindy Johnson, 544-2021.

Chapel Hill Carrboro Mother's Club
Website: www.chapelhillmothersclub.org
Description: The Mothers Club helps local moms and dads form friendships and create support networks.

Co-Dependents Anonymous
Phone: 919-990-1062
Description: 12-step program for recovery for men and women who want to develop healthy relationships
Depression / Bipolar Support Group
Phone: 919-942-8083
Address: 1712 Willow Drive
Chapel Hill, NC 27514
Description: Receive and give mutual support. For people who have a depressive or bipolar illness. Call church for times and locations.

Duke Community Bereavement Services - Unicorn
Phone: 919-644-6869
Address: 1001 Corporate Drive
Hillsborough, NC 27278
Website: www.dhch.dukehealth.org
Description: Duke Community Bereavement Services facilitates a safe and healing grief process for persons of all ages in the Triangle adjusting to a loss due to death.

Grief and Loss Support and Recovery Group
Phone: 919-929-7191
Address: 150 E. Franklin Street
Chapel Hill, NC 27514
Website: www.chapelhilluumc.org
Description: The Grief and Loss Support Group is available to any that may be having difficulty dealing with the death of a loved one.

Low Vision Support Group
Phone: 919-942-2571
Address: 2551 Homestead Road
Chapel Hill, NC 27516
Website: www.co.orange.nc.us/aging
Description: Call (919) 968-2070 for meeting dates and times.

Orange County Department on Aging - Dementia
Caregiver's Support Group - Hillsborough
Phone: 919-968-2085
Address: 515 Meadowlands Drive
Hillsborough, NC 27278
Website: www.co.orange.nc.us/aging
Description: Meets 1st Tuesday of month, 4-5:30pm. Caregivers share, learn new skills, and answer questions about Alzheimer's and other forms of dementia. Care for persons with dementia available while caregivers attend group.

Orange County Department on Aging - Dementia
Caregivers Support Group – Chapel Hill
Phone: 919-968-2085
Address: 2551 Homestead Road
Chapel Hill, NC 27516
Website: www.co.orange.nc.us/aging
Description: Meets 3rd Thursday of month from 2:30-4pm. Caregivers share, learn new skills, and answer questions about Alzheimer's and other forms of dementia. Care for persons with dementia available while caregivers attend group.

Orange County Department on Aging - Osteoporosis
Support Group
Phone: 919-968-2073
Address: 2551 Homestead Road
Chapel Hill, NC 27516
Description: Interested participants call, Wellness Coordinator, 968-2073.
Orange County Department on Aging - Parkinson’s Support Group
Phone: 919-245-2015
Address: 103 Meadowlands Drive
Hillsborough, NC 27278
Website: www.co.orange.nc.us/aging
Description: Meets 4th Wednesday per month, 11:30am – 1:30pm. Open to both the person with Parkinsons and/or the caregiver. Lunch served prior to meeting and registration is required for lunch only. Registration is not required if you plan to attend the meeting only.

Parents Without Partners
Website: www.capitalareapwp.org
Description: Support for single parents; Website is for Capital Area Parents Without Partners site.

Triangle Overeater’s Anonymous
Phone: 919-406-9300
Address: PO Box 20356
Raleigh, NC 27619
Website: www.triangleoa.org
Description: Support for people with eating disorders. The Triangle Intergroup of Overeaters Anonymous is dedicated to the purpose of helping Compulsive Overeaters find recovery through the 12 Steps and 12 Traditions of Overeaters Anonymous.

UNC HealthCare - Stroke Support Group
Phone: 919-966-9493
Website: www.unchealthcare.org
Description: For more information, call Stephanie McAdams at UNC HealthCare, 966-9493.

Adolescent Pregnancy Prevention Coalition of NC
Phone: 919-226-1880 / 800-684-3228
Address: 3708 Mayfair Street
Suite 310
Durham, NC 27707
Website: www.appcnc.org
Description: Aimed at preventing pregnancy among teens and adolescents.

Teen/Adolescent Health
Orange County Cooperative Extension - 4-H Program
Phone: 919-245-2050
Address: 306-E Revere Rd
Hillsborough, NC 27278
Website: www.orange.ces.ncsu.edu
Description: Through 4-H, more than 187,000 young people in North Carolina learn new skills and serve their communities each year. 4-H offers clubs, special interest programs, summer camps, school enrichment and after-school child care.

Transportation
Chapel Hill Transit
Phone: 919-969-4900
Address: 6900 Millhouse Road
Chapel Hill, NC 27516
Website: www.ci.chapel-hill.nc.us
Description: Chapel Hill Transit provides public transportation services in the Chapel Hill, Carrboro, and UNC communities.

GoTriangle.org
Phone: 919-485-7433
Website: www.gotriangle.org
Description: Provides public transportation information for the Triangle area.
Orange Public Transportation (OPT)
Phone: 919-245-2006 / 919-245-2008
Website: www.co.orange.nc.us/transportation
Description: OPT provides public transportation services to the citizens of rural Orange County (excluding Chapel Hill/Carrboro city limits). Transit includes public bus routes, pick-up and drop-off for disabled and elderly, and transportation to senior centers.

Triangle Transit Authority
Phone: 919-549-9999
Website: www.ridetta.org
Description: Public transportation resource for Triangle area.

Women's Health
Compass Center for Women and Families
Phone: 919-968-4610
Address: 210 Henderson Street
Chapel Hill, NC 27514
Website: www.womenspace.org
Description: The Compass Center formed from the merger of The Women's Center and the Family Violence Prevention Center of Orange County. The Compass Center will continue the work of the two agencies by providing services to prevent and end domestic violence, facilitating financial stability through career and financial education, and guiding individuals through difficult legal questions with legal resources.

Piedmont Women's Health Center
Phone: 919-933-3301
Address: 930 Martin Luther King Jr Blvd
Chapel Hill, NC 27514
Description: Family planning services for women.
CUESTIONES DE MALTRATO Y VIOLENCIA DOMÉSTICA

Child Abuse (Maltrato infantil): 1-800-422-4453
Consejeros para casos de crisis de la Comisaría de Chapel Hill
968-2806 (en caso de emergencia llamar al 911)
Durham Crisis Response Center (Centro de respuesta a crisis de Durham)
Oficina: 403-9425
Línea de asistencia las 24 horas del día: 403-6562

Family Violence Prevention Center of Orange County (Centro de prevención de la violencia familiar): Oficina: 929-7122 Línea de asistencia las 24 horas del día: 1-866-929-7122
Orange County Rape Crisis Center (Centro de asistencia para casos de violación): Línea de asistencia las 24 horas del día: 967-7273 o 1-866-WE LISTEN (935-4783) Oficina de Chapel Hill: 968-4647 Oficina de Hillsborough: 643-0722

PROBLEMAS RELACIONADOS CON EL ALCOHOL Y LAS DROGAS

ALANON/ALATEEN
919-929-0155

Alcohólicos Anónimos
Número de contacto en Chapel Hill: 933-3877
Número de contacto en Hillsborough: 732-2668

Alcohol Treatment Referral Service (Servicio de referencia para el tratamiento del alcoholismo)
Línea de asistencia las 24 horas del día: 303-6940 (o 1-800-662-4357)

Cocainadictos Anónimos
919-713-8923

Drug Helpline (Línea de asistencia para drogadictos)
1-800-378-4435

Freedom House (Recovery Center) (Casa Libertad (Centro de recuperación)):
Oficina: 942-2803
Servicios de desintoxicación: 967-8844

Women’s Halfway House (Albergue para mujeres): 942-2802

Emergencias relacionadas con la salud mental: 913-4100 (o 1-800-233-6834)

Narcotics Abuse/Crisis Intervention (Abuso de narcóticos/ intervención en caso de crisis):
Línea de asistencia las 24 horas del día: 1-800-234-0246

Narcóadictos Anónimos del área de la capital: 831-5100
Narcóadictos Anónimos: 755-5391

Centro de Tratamiento y Derivación: 1-800-333-2294
OPC Mental Health (servicios para el alcoholismo): 929-0471

Sala de urgencias del Hospital de UNC: 966-4721

SERVICIOS DE ORIENTACIÓN Y DERIVACIÓN

Adolescents in Need (Servicios a adolescentes del norte del condado Orange):
Número de Chapel Hill: 966-2504
Número de Hillsborough: 732-5240

AIDS Community Residence Association (Ayuda para personas con SIDA): 967-0009

Alliance of Aids Services Carolina (Ayuda para personas con SIDA): 932-3991

Club Nova (rehabilitación para personas que padecen de una enfermedad mental): 968-6682

Servicios al cliente para asesoría en cuestión de crédito: 933-4226

Orientación para embarazos problemáticos (por el departamento de servicios sociales):
Oficina de Chapel Hill: 968-2000
Oficina de Hillsborough: 245-2800

Children’s Home Society of NC (Hogares para niños)
1-800-632-1400
<table>
<thead>
<tr>
<th>Intervención de crisis (Hospital de UNC):</th>
<th>966-2166 o 966-4131 (después de las 4:30pm)</th>
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<tbody>
<tr>
<td>Dispute Settlement Center (Centro de conciliación de disputas):</td>
<td>929-8800</td>
</tr>
<tr>
<td>North State Legal Services (provee asistencia legal):</td>
<td>732-8137</td>
</tr>
<tr>
<td>OPC Mental Health (Centro de salud mental):</td>
<td>Oficina de Chapel Hill: 929-0479</td>
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<tr>
<td></td>
<td>Oficina de Hillsborough: 245-2375 (o 732-1150)</td>
</tr>
<tr>
<td>Orange County Department on Aging (Asuntos relacionados con la vejez):</td>
<td>245-2000</td>
</tr>
<tr>
<td>Orange County Literacy Council (Alfabetización):</td>
<td>Chapel Hill: 933-2151</td>
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<td></td>
<td>Hillsborough: 732-0868</td>
</tr>
<tr>
<td>Overeaters Anonymous (apoyo a personas con trastornos alimenticios):</td>
<td>406-9300</td>
</tr>
<tr>
<td>Parents Without Partners (apoyo a madres y padres solteros):</td>
<td>383-3707</td>
</tr>
<tr>
<td>Pregnancy Support Services (apoyo a mujeres embarazadas):</td>
<td>Chapel Hill: 942-7318</td>
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<tr>
<td></td>
<td>Durham: 490-0203</td>
</tr>
<tr>
<td>Volunteers For Youth Program (Voluntarios para ayudar a jóvenes):</td>
<td>967-4511</td>
</tr>
<tr>
<td>Women’s Center (Centro de la mujer):</td>
<td>968-4610</td>
</tr>
</tbody>
</table>

**EMPLEO/VIVIENDA**

<table>
<thead>
<tr>
<th>AIDS Community Residence Association (Residencias para personas con SIDA):</th>
<th>967-0009 o 956-7901</th>
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</thead>
<tbody>
<tr>
<td>Chapel Hill Housing Authority (Oficinas sobre la vivienda):</td>
<td>968-2850</td>
</tr>
<tr>
<td>Employment Security Commission (Comisión sobre seguridad de empleo):</td>
<td>644-1051</td>
</tr>
<tr>
<td>Albergue del Concilio Inter-Fe y Casa comunitaria:</td>
<td>967-0643 Job Corps (Empleos): 872-1055 (o 1-800-733-5627)</td>
</tr>
<tr>
<td>JOCCA (Joint Orange-Chatham Community Action) (acción comunitaria):</td>
<td>Oficina de Chapel Hill: 929-0492</td>
</tr>
<tr>
<td></td>
<td>Cedar Grove: 732-8194</td>
</tr>
<tr>
<td>Orange County Housing and Community Development (viviendas):</td>
<td>Oficina de Chapel Hill 969-3016</td>
</tr>
<tr>
<td></td>
<td>Oficina de Hillsborough: 245-2490</td>
</tr>
<tr>
<td>Orange County Job Vacancy Hotline (Línea de información sobre empleos):</td>
<td>Chapel Hill: 967-9251 ext. 2560</td>
</tr>
</tbody>
</table>

**SERVICIOS DE SALUD**

| Alliance of AIDS Services Carolina (Alianza para el SIDA): | 932-3991 |
| Carolina Poison Center (ayuda con envenenamiento): | 1-800-848-6946 |
| Lesbian Hth Resource Cntr (recursos de salud para lesbianas): | 956-9900 |
| Mental Health Emergencies (urgencias de salud mental): | 913-4100 (o 1-800-233-6834) |
| National Poison Hotline (línea directa sobre el envenenamiento): | 1-800-222-1222 |
| Orange County Health Department (Departamento de salud del condado Orange): | Chapel Hill Office: 968-2022 |
| | Hillsborough Office: 245-2400 |
| Piedmont Health Services (Servicios de Salud Piedmont): | Clínica de Carrboro: 942-8741 |
| | Clínicas de Haywood/Moncure: 542-4991 |
| Salud de la mujer: | 933-3301 |
| Clínicas de Prospect Hill: | 1-800-898-9577 |
| Planned Parenthood (planificación familiar): | 942-7762 |
| Clínica gratis SHAC (clínica de Carrboro): | 942-8741 (solo los miércoles a las 6pm) |
| Hospital de UNC: Número principal: 966-4131 |
| Urgencias: | 966-472 |

**CUESTIONES DE SEXUALIDAD**

| CDC National STD/AIDS Hotline (información sobre ETS y SIDA): 1-800-342-AIDS (2437) |
|--------------------------------|---------------------------------|
| Línea de información en español sobre ETS y SIDA: | 1-800-344 SIDA (7432) |
Center for Healthy Student Behaviors (centro para comportamientos sanos de los estudiantes): 966-3462

El Centro Hispano (VIH y ETS): 687-4635

Gay & Lesbian Association (UNC) (Asociación des homosexuales y lesbianas): 962-4401

Gay/Lesbian Helpline of Wake County (línea de info. para homosexuales y lesbianas) (info. para toda la región del Triángulo): 821-0055

National Herpes Hotline (línea de información sobre el herpes): 361-8488

National STD Hotline (línea de información sobre las enfermedades trasmitidas sexualmente): 1-800-227-8922

Teen AIDS Hotline (Línea para adolescentes acerca del SIDA)
1-800-440-TEEN (8336) – Viernes y sábado: 6am-12am

Triangle Sex Addicts Anonymous (para adictos al sexo): 990-2331

SERVICIOS DE ASISTENCIA SOCIAL

Adolescent Parenting Program (por DSS) (para padres adolescentes):
Chapel Hill: 968-2000
Hillsborough: 245-2800

Asociación para personas con retraso mental (ARC): 942-5119

Child Care Networks (Red de cuidado infantil): 542-6644

Child Care Services Association (Servicios de cuidado infantil):
Chapel Hill: 967-3272
Hillsborough: 732-1148

Child Support Collection (por DSS) (pensiones alimenticias para niños): 245-2175

Day Care Services Association (Servicios de cuidado infantil): 967-7773

Employment Security Commission (seguridad de empleo): 644-1051

Interfaith Council for Social Services (Concilio Interfe/servicios sociales): 929-6380

Interfaith Council Shelter/Kitchen (albergue y cocina del Concilio Interfe): 967-0643

Orange Congregations In Mission (OCIM) (congregaciones en misión): 732-6194

Orange County Learning Center (enseñanza gratis y confidencial para adultos): Chapel Hill: 933-2151
Hillsborough: 732-0868

Run Away Hotline (para jóvenes prófugos): 1-800-231-6946

Volunteers For Youth (voluntarios para los jóvenes): 967-4511

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Adolescent Parenting Program (por DSS) (para padres adolescentes):
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NOTA IMPORTANTE:
No podemos garantizar que siempre habrá una persona que hable español para atenderle en ninguna de las agencias listadas en este folleto