



FIND YOUR PASSION. FIND YOUR Y.

At-A-Glance Brochure



FAMILY YMCA OF
GREATER AUGUSTA
JOIN TODAY

For a better us.®

706 922 9622
www.thefamilyym.org

JOIN OUR FAMILY

At the Y, you'll find more than just a place to work out. With opportunities to connect with new people, develop new skills and explore new interests, you'll discover new passions and a greater sense of purpose.

For more than 160 years, we have been a pillar in the CSRA, providing programs with a purpose for youth development, healthy living and social responsibility. The Y has programs for everyone, including new adult and youth swimmers, campers, young athletes, adult athletes and wellness program participants. We are more than a gym; we are a nonprofit that is dedicated to strengthening and supporting our community.

OUR MISSION

is to serve individuals and families in the CSRA through programs designed to build healthy spirit, mind and body, reflecting the values of the Judeo-Christian tradition while maintaining respect for all people.

MORE THAN A GYM

Joining the Y is so more than a place to workout. Guided by our mission, we have developed signature programs that support community needs and provide opportunities for our neighbors.

- **A Place to Dream** provides beds, linens, Bibles and stuffed animals for children with unfavorable sleeping arrangements.
- **Cheryl's Kitchen Food Program** distributes meals to individuals and children in need through a combination of mobile sites and YMCA facilities.
- **Safety Around Water** teaches children life-saving water safety skills at no cost.
- **Camp I.V.E.Y.** is a week-long, overnight summer camp for children with disabilities.
- **LIVESTRONG® at the YMCA** helps adult cancer survivors reclaim their health and wellbeing following a cancer diagnosis.



BENEFITS OF MEMBERSHIP

We believe the primary benefit to a Y membership is knowing you are a part of an organization that is committed to strengthening communities. YMCA members have access to everything you and your family need to learn, grow and thrive.

- Significant discounts for YMCA programs and services
- Complimentary Play & Learn Childcare for two hours a day, up to 8 hours a week (hours & ages vary)
- Unlimited group exercise classes at no additional cost
- FREE Smart Start coaching (by appointment)
- FREE CrossFit/YFit (locations vary)
- FREE access to Virtual YMCA and unlimited virtual group exercise classes
- Nationwide Membership while traveling in the U.S.
- METRO MEMBERS: Unlimited access to all CSRA Family Y locations
- METRO MEMBERS: Free youth sports (+ uniform fee)

BRING THE FAMILY

There's something for everyone at the Y! We offer programs that support children and teens at every age.

AGE 8 weeks to 12 years

Play & Learn is included in family memberships at all YMCA locations for up to 2 hours a day (8 hours per week). The program provides enriching curriculum to help children learn, grow and have fun while parents workout.



AGE 3 years to 12 years

We offer several youth programs for children, including kids' group exercise classes, youth sports, Parents' Night Out, adaptive programs, camp, swim lessons and more. Availability varies by location.

Tweens (11-12) may use the Wellness Floor with a parent/guardian after completing a Teen Orientation. A doctor's note and approval from the branch director is required.

AGE 13 years to 15 years

Members aged 13 to 15 may use the Wellness Floor with a parent/guardian after completing a Teen Orientation. Teen Orientation educates teens on proper form, building a workout and etiquette.

AGE 16+

Members 16+ may use Y facilities or volunteer without adult supervision.

FOR YOUTH DEVELOPMENT

Every year, we work to provide engaging activities for children in a caring and safe environment. These programs give children opportunities to learn new skills and develop their passions.

Youth programs include Prime Time After School, Parents' Night Out, summer camp, youth sports and more. Program availability varies by location.



[View programs at thefamily.org/programs.](https://thefamily.org/programs)

FOR HEALTHY LIVING

Helping members maintain a healthy lifestyle is a top priority for the Y. No matter your fitness level or age, we have programs and classes to help you achieve your wellness goals. Our approach focuses on wellness of your entire being – mind, body and spirit.



Group exercise classes provide structured, fun workouts. Wellness challenges throughout the year offer accountability and ways to shake-up your routine. Personal training is also available for a fee to give you specialized instruction from a certified trainer.

[View classes at thefamily.org/classes.](https://thefamily.org/classes)

FOR SOCIAL RESPONSIBILITY

By joining the Y, you are supporting a nonprofit that is committed to giving back to the community. In addition to our outreach programs, there are many ways our members can give back.

When you volunteer at the Y, you take an active role in bringing about meaningful and enduring change. Volunteers are needed in a variety of roles, including youth sports coaches, delivering beds for A Place to Dream, greeters, advisory board members and more.

Our Annual Campaign provides the funds needed to support signature programs and our financial assistance fund. Donations ensure the Y remains an organization that is for all, regardless of ability to pay.



BECOME A MEMBER

| MEMBER TYPE | METRO | BRANCH* | JOINER'S FEE |
|--|----------------|----------------|--------------|
| Youth (4-15) | \$150 (Annual) | \$150 (Annual) | N/A |
| Teen (16-17) | \$24 | \$19 | N/A |
| Young Adult (18-23) | \$38 | \$25 | N/A |
| Individual (24-61) | \$52 | \$35 | \$75 |
| One Adult + Dependents | \$63 | \$47 | \$75 |
| Two Adults | \$65 | \$49 | \$100 |
| Two Adults + Dependents | \$76 | \$61 | \$100 |
| Three Adults + Dependents | \$101 | \$79 | \$100 |
| Four Adults + Dependents | \$124 | \$98 | \$100 |
| Five Adults + Dependents | \$148 | \$117 | \$100 |
| Senior Individual (62+) | \$37 | \$29 | \$75 |
| Senior Family (One adult at least 62, no dependents) | \$55 | \$42 | \$100 |
| Virtual Only | \$9.99 | \$9.99 | N/A |

*Branch memberships are only available at Augusta South, North Augusta, North Jefferson and Steiner Branch Family YMCAs.

FINANCIAL ASSISTANCE

No one is ever turned away from the Y, regardless of their ability to pay. Through our financial assistance program, we ensure that YMCA membership and programs are affordable and accessible for everyone. Financial assistance is provided on a sliding scale based on the applicant's income.

Applications can be completed at any YMCA facility or thefamilyy.org.



CORPORATE WELLNESS

For the Family YMCA of Greater Augusta, partnering with area organizations is a win-win. We strengthen the community by helping build a healthier workforce, and employers show appreciation to their employees through Y membership savings. If your employer participates in our corporate wellness program, you may be eligible for a waived joiner's fee and monthly discounts. Ask your Human Resources Department for more information!

FIND YOUR Y

FAMILY YMCA TEAM HEADQUARTERS

1058 Claussen Road, Suite 100
Augusta GA 30907
706 922 9656

NORTH JEFFERSON FAMILY YMCA

3001 GA Hwy 17 North
Wrens GA 30833
706 547 2653

AIKEN COUNTY FAMILY YMCA

621 Trolley Line Road
Aiken SC 29829
803 349 8080

STEINER BRANCH FAMILY YMCA MARSHALL YMCA PROGRAM CENTER

218 Partnership Drive
Grovetown GA 30813
706 922 6711

AUGUSTA SOUTH FAMILY YMCA

2215 Tobacco Road
Augusta GA 30906
706 922 9650

THOMSON FAMILY YMCA

521 W Hill Street
Thomson GA 30824
706 595 5615

BARNWELL COUNTY FAMILY YMCA

660 Joey Zorn Blvd
Barnwell SC 29812
803 450 4151

WILSON FAMILY YMCA

3570 Wheeler Road
Augusta GA 30909
706 922 9623

BURKE COUNTY FAMILY YMCA

50 Olympic Drive
Waynesboro GA 30813
706 426 0122

FAMILY YMCA CHILD DEVELOPMENT ACADEMY

1425 Walton Way
Augusta GA 30901
706 922 9670

NORTH AUGUSTA FAMILY YMCA

401 W Martintown Road, Suite 111
North Augusta SC 29841
803 279 0882

www.thefamilyy.org



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**