

# COCHRAN MILL PARK



LAUNCH A  
GPS TRAIL MAP



Cochran Mill Park should be viewed as two parks divided by Cochran Mill Road.

West Park (on map left) - best suited for bikes, horses and long nature hikes.

East Park (on map right) - best suited for short hikes, especially groups with children.

See reverse side for route suggestions.

- MAP LEGEND**
- parking
  - restrooms
  - camping
  - shelter
  - playground
  - hiking
  - biking
  - horseback riding
  - waterfall (historic mill site)
  - gate
  - creek
  - creek ford (no bridge)
  - bridge (across creek)
  - yellow trail (west side of park)
  - red trail (west side of park)
  - orange trail (east side of park)
  - green trail (east side of park)
  - wetlands



property line

property line

HORSES MAY ACCESS THE RED TRAIL VIA THE YELLOW TRAILS AND CREEK CROSSING

NO HORSES ALLOWED ON THIS SIDE OF THE PARK EQUESTRIANS MAY RIDE THE YELLOW AND RED TRAILS AS WELL AS UPPER WOOTEN ROAD

SCAN FOR MORE INFORMATION



# Cochran Mill Park



Located in Chattahoochee Hills, Georgia, just 20 miles southwest of the Atlanta Airport, Cochran Mill Park offers 800 acres of woods, fields, and streams, featuring stunning waterfalls, huge boulders, rock outcrops, wildflowers, native azaleas, mountain laurel, and the ruins of 3 historic mills.

The park takes its name from the grist mills operated by the Cochran family in the 1800s-1900s. The Henry family also operated a mill on the park's west side around 1850.

The City of Chattahoochee Hills (Chatt Hills) acquired the park from Fulton County shortly after it incorporated in 2008 with funds raised by the Friends of the Park. Since then, two Recreational Trail Program grants have funded the work by volunteers and staff to build 10 new miles of multi-use trails, restore 10 miles of existing trails, refurbish the historic bridge, and make many more improvements.

## Park Information

### Cochran Mill Park Address:

6875 Cochran Mill Rd, Chattahoochee Hills, GA 30268

**Park Hours:** Sunrise to Sunset (30 minutes before and after)

**Parking Pass:** City residents qualify for free annual passes. Non-residents may purchase daily passes at the park's kiosk or purchase low-cost annual passes at city hall.

**Picnic Pavilion:** Available on first-come, first serviced basis, unless reserved through the city.

**Primitive Camping:** Reservations required (see below).

### Reservations and Annual Park Passes:

Chattahoochee Hills City Hall

6505 Rico Rd, Chattahoochee Hills, GA 30268

Ph: 770-463-8881 | Website: [www.chattahillsga.us](http://www.chattahillsga.us)

Cochran Mill Park Website: <http://cochranmillpark.com>

## Park Map and Trail Descriptions

### About the Map

Cochran Mill Park is divided by Cochran Mill Rd.

The East Park on the right side of the map is the most popular for first-time visitors and families. It covers 248 acres with 4 miles of hiking and biking trails (no horses).

The West Park on the left side of the map is the most popular for return visitors seeking longer trail options. It covers 552 acres with 16 miles of multi-use trails for hikers, bikers, and equestrians.

Popular routes are provided below with 20 minute-per-mile estimated hiking times.



## West Park Trails

### Henry Mill Falls Trail (Yellow Trail)

2.75 miles, one way | 2.5 hours | Moderate  
Route: Y1, Y12, Y13, Y17, Y18, Y19, Y20

**Hikers & Bikers:** The Yellow Trail to Henry Mill Falls begins at the Upper Wooten Rd gate near the park's entrance at marker Y1. Continue on this road to Y12 where the trail enters the wooded path. Follow Y13, Y17, Y18, Y19, Y20.

**Equestrians:** From the horse parking area: Y3-Y15 via various options, Y16, Y17, Y18, Y19, Y20.

### Henry Mill Falls Trail – Hikers & Bikers (Orange + Red Trails)

2.65 miles, one way | 2.5 hours | Moderate  
Route: Access Trail OR41, OR47, G66  
Red Trail R26, R27, R29, R30, R31, R32

**Hikers and Bikers –** Follow the access trail on the East Park: Orange Trail at OR41, OR46, OR47, G66. Cross Cochran Mill Rd to the West Park to begin the Red Trail as referenced above. Extend the route by adding the Big Foot Loop at R28, the Five Turn Hill at R31, and completing the Red Trail loop for a total of 8.35 miles.

### Henry Mill Falls Trail - Equestrians

Yellow Trail: Y3-Y15 via various options.

Red Trail: Follow Yellow Trail above and ford Bear Creek at Y15 to access Red Trail. Turn left at R29, R30. At R31 turn right to 5 Turn Hill (the left creek trail is not safe for horses), R32 to Henry Mill Falls. Reverse route back to parking lot.

## East Park Trails (no horses)

### Cochran Mill Trail (Orange & Green Trails)

1 mile, one way | 1 hour | Moderate  
Route: OR41, OR46, OR47, G56, G58, G61

The shortest route to the two Cochran Mill ruins and falls begins on the Orange trail at marker OR41. Walk a short distance to the historic bridge that crosses Bear Creek and pause for a spectacular view of the Owen Cochran Mill ruins and mill pond. Continue on the Green Trail at G56. Mind your footing along the creek and two granite outcroppings that lead to the Berry Cochran Mill ruins and falls.

### Green Trail Segments and Loops

Additional trail segments have been added to offer a longer trail experience and to show the park's boundary where the Bear Creek Nature Center trails pick up. The Nature Center is private property, and is open to the public through its main entrance at 6300 Cochran Mill Rd. Check its website for hours of operation [www.bearcreeknaturecenter.org](http://www.bearcreeknaturecenter.org).

### Orange Trail Loop 1 & 2

1.6 miles, loop | 1.5 hours | Moderate  
OR41, OR46, OR47, OR48, OR49, OR50, OR45, OR44, OR41  
This loop trail offers views of the Owen Cochran Mill site, and of the Berry Cochran Mill shoals and dam.

### Access Trail to West Side Red Trail (Orange + Green Trail)

0.6 mile | 10 minutes | Moderate  
Route: (Bikers and Hikers only) OR41, OR46, OR47, G66. Cross Cochran Mill Rd to Access Red Trail at R26.

## Safety Tips & Trail Etiquette

### Safety Tips

- Tell someone your plans and expected return time.
- Take a map, water, snacks, and whistle. Three short blasts on a whistle are known as a call for help.
- Do not stray from trails. If you become lost or injured, stay in one location and wait for help.
- Don't count on cell phones to work in the park, but if they do, call 911 or text-message HELP to 911. Give details about your location. Look for numerical markers on the tree or the closest trailer marker.

### Trail Etiquette

Please follow these guidelines to ensure a safe and enjoyable trail experience.



### Know your right-of-way:

- Bicyclists yield to hikers and horses. Come to a full stop and step to the side to give the right of way.
- Hikers yield to horses. Slowly step off to the downhill side of a trail. If you approach from behind, calmly announce your presence and intentions. Horses can frighten easily, so avoid sudden movements or loud noises.

**Make yourself known.** When you encounter others on the trail, offer a friendly "hello" or a simple head nod. If you approach another from behind, announce yourself in a friendly, calm tone and let him/her know you want to pass.

**Stay on the trail.** Don't step off trail unless you absolutely must when yielding. Going off trail can damage or kill certain plant or animal species.

**Leave No Trace.** Leave rocks, vegetation, and artifacts where you find them for others to enjoy. Pack out all trash.

**Leash Your Pets.** Keep pets leashed at all times and please clean up after them.

**Be mindful of trail conditions.** If the trail is wet and muddy, save your ride for another day and consider hiking. Or ride the gravel road options in Chatt Hills. Check the trail status sign at the main gate.

**Take time to listen.** When hiking in the park let nature do all the talking. Be respectful of both nature and the other users, and keep the noise from electronic devices at bay. Not only will other visitors appreciate the peace and quiet, but so will the wildlife.