

CVSan's List of Suggested Zero Waste Movies



It has been said that sharing education, such as a good documentary movie, is what can change the world. At CVSan we're inspired by great movies on waste reduction all the time. Here's a list of some of our suggestions:

- [Bag-It!](#) Try going a day without plastic. In this touching and often flat-out-funny film, we follow "everyman" Jeb Berrier as he embarks on a global tour to unravel the complexities of our plastic world. What starts as a film about plastic bags evolves into a wholesale investigation into plastic and its effect on our waterways, oceans and even our own bodies. We see how our crazy-for-plastic world has finally caught up with us and what we can do about it. Today. Right now.
- [Clean Bin Project](#). Is it possible to live completely waste free? In this multi-award winning, festival favorite, partners Jen and Grant go head-to-head in a competition to see who can swear off consumerism and produce the least garbage. Their light-hearted competition is set against a darker examination of the problem of waste. Even as Grant and Jen start to garner interest in their project, they struggle to find meaning in their minuscule influence on the large-scale environmental impacts of our "throw-away society".
- [Dive!](#) Living Off America's Waste. Inspired by a curiosity about society's careless habit of sending food straight to landfills, the multi award-winning documentary Dive! follows filmmaker Jeremy Seifert and friends as they dumpster dive in the back alleys and gated garbage receptacles of Los Angeles' supermarkets. In the process, they salvage thousands of dollar's worth of good, edible food, resulting in an eye-opening documentary that is equal parts entertainment, guerilla journalism, and call to action.
- [Just Eat It](#). Filmmakers and food lovers Jen and Grant dive into the issue of waste from farm, through retail, all the way to the back of their own fridge. After catching a glimpse of the billions of dollars of good food that is tossed each year in North America, they pledge to quit grocery shopping cold turkey and survive only on foods that would otherwise be thrown away. In a nation where one in 10 people is food insecure, the images they capture of squandered groceries are both shocking and strangely compelling. But as Grant's addictive personality

turns full tilt towards food rescue, the 'thrill of the find' has unexpected consequences.

- [The True Cost](#). This is a story about clothing. It's about the clothes we wear, the people who make them, and the impact the industry is having on our world. The price of clothing has been decreasing for decades, while the human and environmental costs have grown dramatically. The True Cost is a groundbreaking documentary film that pulls back the curtain on the untold story and asks us to consider, who really pays the price for our clothing?
- [Trashed](#) by Candida Brady and Jeremy Irons: Looks at the risks to the food chain, environment, and health in various parts of the world through pollution of air, land, and water by the production and accumulation of solid waste.