MEETING DATE: March 29, 2018

MEETING PLACE: CMU, 1100 South Cameron Street, Harrisburg

ATTENDANCE:

Board Members: Liz Pliszka, Gregg Davis, Margaret Houser, Mike Hoffer, Glen Bartlett,

Staff: Dan Eisenhauer, Bobbi Segin, Morgan Denny, Lynn Pascoa, Paul Geffert, Renee Robison,

Guests: Commissioner Hartwick, Boyd Major; Pressley Ridge; Lois Gohn, CSG;

MEETING GOALS AND OBJECTIVES:

- Education Topic
- Administrator’s Report
- Committee Reports
- Fiscal Report
- Community Input

DECISIONS:

- Approval of November 30, 2017 and January 25, 2018, Advisory Board minutes.
- Motion was made and seconded to forward the information for a new nominee for the Advisory Board to the Commissioners

ACTION TO BE TAKEN:

- None at this time

NEXT MEETING DATE:
May 31, 2018, at CMU, 1100 South Cameron Street, Harrisburg. The agenda will include a presentation, as well as the Administrator’s Report and Committee Reports.
Welcome and Introductions
Liz Pliszka called the meeting to order. Liz welcomed everyone in attendance, and introductions followed.

Approval of the November 30, 2017, and January 25, 2018, Board Meeting Minutes
The motion was made and seconded to approve both sets of minutes.

Administrator's Report
The following report summarizes major MH/ID program concerns, updates and initiatives over the past two months. We are working on developing contracts with providers for FY 18-19, and will begin drafting our Human Services Block Grant Plan that is due to DHS on May 15, 2018

State/Department of Human Services Updates
• The Wolf Administration’s proposed FY 18-19 budget is essentially flat funded for all County human services, although it does include a funding request for an Intellectual Disability and Autism (ID/A) graduate initiative and a waiting list initiative for P/FDS and Community Living Waivers.
• HB 1233, now Senate Bill 599 or The Assisted Outpatient Treatment bill, which proposes to change the existing Mental Health Procedures Act for the criteria for involuntary outpatient treatment is moving through the Senate legislative process. It was voted unanimously out of the Senate Health and Human Services Committee and may have a full Senate vote as early as next week.

Crisis Intervention
• Crisis Intervention continues to have high staff turnover and a high vacancy rate. We have brought on three new staff in the past few months, one part-time and two night shift staff, and we made employment offers to four people, all for second shift. However, we still will have two vacancies to fill.
• Crisis management and supervisory staff participated in a Disaster Crisis Outreach and Referral Team training in March. Crisis staff are part of the team that can respond to disasters.
• We held a corporate compliance meeting on January 31, 2018, which is a review of a random sample of 10% of Crisis records billed to PerformCare to assure that our documentation supported the billing and that all required elements of the chart are present. There were no findings to report.

MH Program
• The MH Program has started engaging our BH-MCO, PerformCare, and the other Counties in our five County HealthChoices collaborative to expand our First Episode Psychosis (FEP) Grant referrals from the other Counties. Also, the federal Substance Abuse and Mental Health Services Administration (SAMHSA) did on-site monitoring of the PA Program including a site visit to Dauphin County.
• The MH Program continues to work on expanding Bridge Housing and 811 housing opportunities for people with serious mental illness.
We continue our focus on improving consumer outcomes for persons served in residential programs, including working on a program description revision for the Gibson House that should result in improved outcomes for consumers who also have criminal justice involvement.

The MH Program is also working on reviewing draft recommendations from the Council of State Governments for the Stepping Up initiative, aimed at reducing the number of people with mental illness in prison. In April, CSG plans to issue a public report including final recommendations based on their extensive data analysis and interviews with Dauphin County stakeholders and staff over the past year.

**ID Program**

- Staff updates, Bobbi Segin replaced Shirley Keith Knox as Deputy ID Administrator; Adam Weiner replaced Joy Hafer as ID Program Specialist 2; and Morgan Denny was hired to replace Bobbi as residential coordinator. We are currently working on hiring for our final vacancy in ID to replace Adam as ID Quality Assurance specialist.
- ID staff identified 10 new people on the ID waiting list to be served with ODP’s new Community Living Waiver that began on January 1, 2018, and 10 people who could be served in our P/FDS waiver.
- ID staff continue to emphasize employment 1st options including beginning our next Project Search cohort.

**EI Program**

- Our EI Program was invited to submit a proposal for a grant funded project through the National Association of Counties (NACO) and funded by the J.B. and M.K. Pritzker Family Foundation, and we were notified that we are one of eight counties nationally to be awarded a grant. We will focus on kindergarten readiness and efforts to offer alternatives to expulsion/suspension for children age 0-3 in child care settings, and on enhancing existing community partnerships to achieve these goals.

*Presentation – Building Bridges Initiative (BBI) Overview – Lynn Pascoa*

Highlights from the PowerPoint presentation are below:

**BBI Mission**

Identify and promote practice and policy initiatives that will create strong and closely coordinated partnerships and collaborations between families, youth, community and residentially based treatment and service providers, advocates and policy makers to ensure that comprehensive services and supports are family-driven, youth-guided, strength-based, culturally and linguistically competent, individualized, evidence and practice-informed and consistent with the research on sustained positive outcomes.

**BBI Core Principles**

- Family-driven and youth-guided care
- Cultural and linguistic competence
- Clinical excellence and quality standards
- Accessibility and community involvement
- Transition planning and services (between settings and from youth to adulthood)
- Effective workforce development
- Assessment, evaluation and continuous quality improvement

Dauphin County MH wants to use BBI framework and six core strategies to:
- Create positive change for children and teens in MH system
- Core strategies are evidence-based practices
- BBI strategies may be used to keep children in their own home through improved family engagement
- Substantially reduce length of stays in RTFs
- Improve interagency team functioning and involvement

BBI Framework: Essential Elements of Organizational Change
- Effective leadership
- Family and youth engagement and inclusion
- Workforce development
- Practice strategies and tools
- Using data to inform practice
- Quality improvement: Learning what works
- Fiscal strategies

Family and Youth Engagement
- Engaging families is the key to success
- Commit to family inclusion – no matter what
- It’s a culture change for organizations
- Not about what residential services need to do, it’s about what you can do

Activities to Improve Family Engagement
- Change family involvement practices to prevent families from giving up on their child
- Create new roles and hire culturally diverse family and youth advocates, leaders, partners, etc.
- Critically re-examine and change policies, procedures, protocols and practices not consistent with family-driven youth-guided and culturally and linguistically competent practices

Begin with the End in Mind
NOT ABOUT – successful discharge from a treatment program

IT’S ABOUT – Establishing and maintaining permanence at home, school, and in the community

Our job is not to cure children, but rather to help children/teens and their families negotiate the basic tasks of everyday life. So they can live successfully in a home, attend a local school and have friends in the community.

Steps Being Taken in Other Places
• Using BBI documents to provide guidance to residential and community providers
• Rewriting program design and policies local based on BBI principles/practices
• Developing stronger teams and developing plans for local projects and outcomes

Dauphin County – Where do we go from here?
• Build awareness with stakeholders. Creating interest in learning more about BBI and trying new strategies
• Challenge to Children’s MH System:
  ■ Improve family and youth engagement
  ■ Incorporate BBI practices in community-based services
  ■ Improve linkage between residential providers and community providers
  ■ Utilize the Building Bridges self-assessment tool with contracted providers
  ■ Explore BBI application to Adult MH system

It was noted that some providers offer training to staff and family. BBI is a national initiative because it’s a national problem. Gregg Davis noted that Guiding Good Choices goes into schools and trains parents about drug/alcohol use regarding 9-14 years old. He commented that we have to let parents be experts. Commissioner Hartwick said he started a Steelton Wrestling program and had visited the homes of the wrestlers and 11 out of 13 wrestlers are being raised by their grandparents. Commissioner Hartwick stated he commended the MH Department for taking this BBI project on and for trying to have a better transition for kids.

Intellectual Disabilities Committee – The minutes from the February 6, 2018, and March 6, 2018, meetings were distributed. At the March 6 meeting, there was a presentation about “My ODP”. It was noted that over 20,000 people use this website weekly. This website is more user friendly.

Nominating Committee – Motion made and seconded for new nominee to the Advisory Board be forwarded to the Commissioners.

Executive Committee – This committee did not meet.

MH Committee – The minutes from February 26, 2018, were distributed. An overview of Guiding Good Choices was presented at this meeting. It is an evidence-based practice geared toward parents/caregivers of youth ages 9-14. With Guiding Good Choices, parents give their child skills to use and develop guidelines for them to follow. This has been shown to deter youth from abusing drugs and alcohol and can prevent other unwanted behaviors.

Wellness Recovery Action Plan (WRAP) – This is a copyrighted tool developed by Mary Ellen Copeland, a consumer, that includes plans for simple things such as daily maintenance to the unexpected, such as crisis planning. A WRAP can be used for just about anything from work to dieting to medical issues. It makes the consumer focus on themselves and what they want.

Fiscal Report
Paul Geffert distributed the Budget vs. Expenses report by cost center. MH Inpatient – the providers are doing a good job billing other insurance. He also noted that there is a request to the
state for $400,000 for EI expenses. Dan Eisenhauer noted this will result in a request for additional funds from the County also.

**Community Input and Other Comments**
Commissioner Hartwick would like to see Dauphin County MH/ID’s name to change to include EI somehow and is asking for any suggestions.

**Adjournment**
There were no additional comments or announcements, and the meeting was adjourned.