DAUPHIN COUNTY MH/ID PROGRAM BOARD
MEETING MINUTES AND PLANNER

MEETING DATE: November 29, 2012
MEETING PLACE: CMU, 1100 South Cameron Street, Harrisburg

ATTENDANCE:
Board Members: Commissioner Hartwick, Sherri Smith, Carol Oman, Judy Vercher, Curtis Bauer, Korah Abraham, Malorie Sirb

Staff: Dan Eisenhauer, Rose Schultz, Serge Grigoryan, Frank Magel, Adam Wiener, Bobbi Segin, Paul Geffert, Martin Yespy, Renee Robison

Guests: Darrel Reinford, Paxton Ministries; Martina Leshko, CSG; Kim Anderson-Sipe, CSG; Christine Roggenbaum, Goodwill; Barb Jumper, The Arc of Dauphin; Holly Karalus, NHS; Matt Kopetchny, CMU; Greg McCutcheon, CMU

MEETING GOALS AND OBJECTIVES:

☐ Education Topic
☐ Administrator’s Report
☐ Committee Reports
☐ Fiscal Report
☐ Community Input

DECISIONS:

☐ Approval of the October 4, 2012, Advisory Board Minutes

ACTION TO BE TAKEN:

☐ None at this time.
Welcome and Introductions
Sherri Smith called the meeting to order. Sherri welcomed everyone in attendance, and introductions followed.

Approval of October 4, 2012, Board Meeting Minutes
The motion was made and seconded to approve the minutes as written.

Administrator’s Report
The following report summarizes major MH/ID program concerns, updates and initiatives over the past several months. Cross system collaboration continues between MH and ID staff in adult and children’s services at the county and team level. Dauphin County submitted our Block Grant Plan to DPW. There is no announced timetable for the DPW review and approval of the plans.

DPW Personnel changes
- DPW has appointed Fred Lokuta as Acting Deputy Secretary of ODP, replacing Kevin Friel who resigned at the end of October.
- There is no current Acting Deputy Secretary for OMHSAS and no current candidates for the position.

Crisis Intervention:
- The Crisis Intervention Program had our quarterly Corporate Compliance Committee meeting in November. There were no issues to report. We have not yet received a response from CBHNP about the billing issue we reported in September.
- Crisis has implemented an electronic case notes system effective November 5, 2012. We are still working through some technical issues and staff training issues, but on the whole, the system is working effectively.
- A person was hired for the vacant Crisis part – time position, and another long - time Crisis employee will be retiring at the end of the year.

MH Program:
- MH staff has established a “dashboard” report of high level indicators that demonstrates the effectiveness of and access to MH residential and hospital services. The report is intended to monitor the impact of funding reductions in the community MH system. The report is also shared monthly with the commissioners.
- MH staff is reviewing new draft regulations for Psychiatric Rehabilitation Services, which will also be reviewed by the Independent Regulatory Review Committee (IRCC) in January 2013.
- MH staff is working with new Shaffner Youth Center agency, Alternative Rehabilitation Communities, (ARC) to transition changes in shelter care among children/teens involved with MH services.

ID Program Issues:
• ODP notified us that our Person/Family Directed Support Waiver capacity was increased by 11 persons for recent graduates and our Consolidated Waiver capacity was increased by 4 persons for individuals living with elderly caregivers aged 60+ for a total expansion of 15 new opportunities.
• The Department of Public Welfare (DPW) has selected Public Partnerships; LLC to be the new statewide Vendor Fiscal/Employer Agent (VF/EA) and CMU is assisting persons in transitioning their services from Acumen and to Public Partners.
• Two Dauphin County residents in a state center who are Benjamin lawsuit class members have definite plans to move to the community. One person from Selinsgrove State Center is moving to a NHS home in Cumberland County, and one person from Hamburg State Center is moving to Lehigh County, which is his choice.
• Two people who are class members of the Jimmie lawsuit from other Counties moved to the Invisions home in Dauphin County.

Early Intervention:

• Early Intervention staff held an administrative planning meeting to develop a response to several changes in the administration and management of the EI program. We focused most of the discussion on supporting providers and service coordinators through a transition in billing for consultation and co-treatment for families with more than one type of service intervention, and how we will focus child screening efforts, and how to continue to maximize efficiencies of our service coordinators.
• Training and practice opportunities are being provided to EI therapists on the Coaching Model – based on the best practice/effective practice of Dr. Julian Woods, University of Florida.
• We are close to finalizing a Request for Proposals to solicit proposals to implement an Independent Evaluator model in Dauphin County by July 1, 2013, as required by OCDEL.

Education Topic – MH Adult Residential Services – Serge Grigoryan and Frank Magel
Highlights from the Powerpoint presentation are:

Adult MH Residential Levels of Care
• Long-term Structured Residence (LTSR) – highest level of non-hospital psychiatric care and is a structured therapeutic treatment program.
• Community Residential Rehabilitation (CRR) – structured transitional program in a group home setting or apartment settings.
• Personal Care Homes (PCH) – provides 24/7 supervision and daily personal assistance services.
• Short-term Community Residential Rehabilitation (CRR) Program – staffed 24/7 and provides individuals a short-term structured residential setting for 5 days in Crisis beds and up to 45 days in longer term CRR beds.

Strategies Implemented (How referrals are received)
• Residential database to track admissions, discharges, and waiting list for all programs electronically.
• New residential programming policy emphasizing individual interagency meetings.
Quarterly meeting with each residential providers assures effective collaboration is occurring for discharge planning and offers each agency technical assistance in reducing barriers to increasing recovery-oriented discharges.

Admissions/discharge checklist focuses on recovery principles, such as encouraging individuals to take an active role in all aspects of their services.

Evidence-based programs such as Illness Management and Recovery (IMR) and Wellness Recovery Action Plans (WRAP) used in residential programming.

FY 2011-2012 – There was a total of 348 persons served in residential services, excluding crisis residential services. Among those persons, 104 were discharged. A major part of what we do focuses on recovery. A person in a LTSR has a lot of various needs. A person in a personal care home is in their permanent home. If they want to move, this requires a physician’s signature. Rose Schultz stated that due to the impact of budget cuts, we have to look at the services that we have spent over 20 years developing. One provider converted their LTSR to a CRR; one provider closed their Clubhouse; and the Student Assistance Programs in schools has been cut back.

Dan Eisenhauer is trying to track and show the impact of the budget cuts with the Point-in-Time Census and Waiting by Level of Care. Every person who is on an inpatient unit, their stay should only be 2-8 days, but they can go in to months of waiting. The CRR Max is in the most demand. This is county funded and there is 24/7 staffing. People who are waiting are still being supported. Short-term CRR’s also are used to help stabilize a person. Dan is concerned about the budget cuts and is concerned that the system has been stuck since July because we still have to transition people. We have to shuffle to keep people safe and there is no room to serve new people. Commissioner Hartwick noted that the Mental Health/Intellectual Disabilities system is the most over stressed system. We need to service individuals at the level they need and the costs are higher. Dan stated that measuring the impact of the budget cuts takes time. Sherri Smith thanked Serge and Frank for their presentation and she appreciates the efforts of MH/ID because dealing with budget cuts is hard enough.

Committee Reports

Adult Mental Health Committee – Rose Schultz – The Minutes from the November 19, 2012, meeting were distributed. Rose noted that Judy Vercher resigned as the Adult MH Committee Chair. Also, Michaelene Barone will be retiring in January after 27 years with the County.

Social Rehabilitation Services – Since closing the Dauphin Clubhouse on September 14, 2012, consumers have notified the County that they have adjusted well to going to Aurora Social Rehabilitation Services.

There was a presentation on Maximizing Wellness Tools for Trauma conducted by Kathyann Corl and Doug Smith, WRAP Facilitators from Keystone Community Mental Health Services.

Calendar building will be discussed at the December meeting.

Judy Vercher stated she highly recommends being on this committee. She sees consumers truly in recovery.
**Children's Mental Health Committee** – Sherri Smith – The Minutes from the September 20, 2012, and November 15, 2012, meetings were distributed.

Service Area Assessment – It was agreed that no specific service area assessment will be conducted this year. It was also agreed upon that one area the committee would like to focus on with various service providers is family engagement.

Children’s Behavioral Health Web-Ex June 6, 2011 – The group discussed that there are not outcomes that support the effectiveness of TSS. Also, some providers will not provide STAP due to the state’s required changes requested of providers. Additionally, there are no final regulations for either RTF or FBMHS.

**Intellectual Disabilities Committee** – Korah Abraham -- The Minutes from September 4, 2012, and October 2, 2012, meetings were distributed. Korah reported that the Spring Festival will be held in May 2013 at Fort Hunter Park. Staffing and recruitment at the CMU is an issue. Total ID Staff at the CMU is 28.

**Nominating Committee** – Judy Vercher – A person has submitted their application to be on the MH/ID Advisory Board. Still waiting for approval from the Commissioners for this person to be on the MH/ID Advisory Board.

**Executive Committee** – This committee has not met since October 29, 2010.

**Fiscal Report**
Paul Geffert distributed the Budget vs. Expenses report by cost center. Paul explained that there was a difference of $1.8 million less than the last report and provider contracts have been reduced. Dan Eisenhauer explained that it takes time for changes to get down to the provider’s operating budget. Some providers were able to keep their retained earnings. Commissioner Hartwick stated that there is no longer an excuse for the budget cuts, particularly the MH budget cuts. The State needs to look at other areas to cut.

**Community Input and Other Comments**

**Adjournment**
Martin Yespy noted that Crisis is accepting donations for their 21st Holiday Food Basket drive. Last year, 252 baskets were distributed. This is supported only by donations and no County money is used. Martin stated that Crisis really enjoys doing this. Rose Schultz noted that since the General Assistance for $200 was cut in the budget, this affects the families that Crisis supports.

Sherri Smith thanked Martin for their hard work.

There were no additional comments or announcements, and the meeting was adjourned. The next meeting will be held January 31, 2013, at the CMU.