DAUPHIN COUNTY MH/ID PROGRAM BOARD
MEETING MINUTES AND PLANNER

MEETING DATE: January 28, 2016

MEETING PLACE: CMU, 1100 South Cameron Street, Harrisburg

ATTENDANCE:
Board Members: Sherri Smith, Judy Vercher, Liz Pliska, Barbara Biancone, Margaret Houser, Liz Pliszka

Staff: Dan Eisenhauer, Paul Geffert, Rose Schultz, Shirley Keith Knox, Renee Robison

Guests: Trevor Tobias - Presenter; Dan Sausman, CMU; Mike Grier, Keystone; Leah Hannah, PCS

MEETING GOALS AND OBJECTIVES:

- Education Topic
- Administrator’s Report
- Committee Reports
- Fiscal Report
- Community Input

DECISIONS:

- Approval of the December 3, 2015, Advisory Board minutes

ACTION TO BE TAKEN:

- None at this time

NEXT MEETING DATE:
March 31, 2016, at CMU, 1100 South Cameron Street, Harrisburg. The agenda will include a presentation, as well as the Administrator’s Report and Committee Reports.

**Welcome and Introductions**
Sherri Smith called the meeting to order. Sherri welcomed everyone in attendance, and introductions followed.

**Approval of the December 3, 2015, Board Meeting Minutes**
The motion was made and seconded to approve the minutes from the December 3, 2015, meeting.

**Administrator’s Report**
The following report summarizes major MH/ID program concerns, updates and initiatives over the past two months. MH/ID staff are working contracting for FY 16-17 and we continue our work MH/ID/EI collaboration improvement efforts, and we are working on a HIPAA training for Program staff.

**State/Department of Human Services Updates**
- Parts of the state budget were passed in late December, and our program received our first two quarterly payments on January 6th, and we received our third quarter advance payment due in January on time. Our allocation amounts are expected to be the same as FY 16-17, but we haven’t received our allocation letters yet for MH and ID. The Fiscal Code Bill that accompanies the budget is still not passed, and the parts of the budget that were line item vetoed by Governor Wolf are not resolved. Governor Wolf is scheduled to make his budget presentation for FY 16-17 on February 9, 2016.
- DHS is moving forward with plans to release a RFP for Community HealthChoices (managed care for long-term services and supports and for dual eligible Medicare and Medicaid recipients)
- OMHSAS is soliciting proposals to implement Certified Community Behavioral Health Clinics as a part of their SAMHSA funded planning grant. CCBHC’s will provide or contract for a comprehensive array of MH and D & A services. Many logistical details need to be resolved.
- ODP has drafted changes to the Consolidated and P/FDS Waivers and are available for public comment prior to submission to CMS.

**Crisis Intervention**
- Crisis continues to have numerous staff vacancies, for which we are interviewing. We have a full-time first shift, a clerical position a part-time position and 4 part-time positions that we intend to convert to 2 full-time positions to fill.

**MH Program**
- Mobile MH/ID Behavioral Intervention Services is still in a “pilot” status with reinvestment funding. We are designing ways to present to referral sources and community providers how the service has helped individuals live independently as possible in community settings. Cross-system collaboration continues between MH and ID in this process.
- January 27th marked the 10th anniversary of the closing of Harrisburg State Hospital. We have come a long way as a system of planners, providers, advocates and individuals. There have been many celebrations and challenges along the way. Effective January 1, 2016, the Dauphin County bed capacity was set at 32; a decrease of 3-bed due to the new CHIPP funded DBT CRR Program operated by NHS Capital Region.
County mental health and drug & alcohol programs are working with PerformCare to have Guiding Good Choices offered in two (2) Dauphin County public school districts this spring. Four (4) parent co-facilitators will be selected and trained to offer five sessions of the program to parents and their 9-14 year olds. Guiding Good Choices is a universal prevention program designed to help parent use effective communication and establish positive family interactions on family attitudes and rules about drug and alcohol use, reducing conflicts and learning refusal skills among with peers. A school district information session scheduled for January 26th was sparsely attended due to the snow storm.

ID Program

ID staff are gathering input to comment on ODP’s transition plan for home and Community Based Waiver-funded services that must be in compliance with the federal government, (CMS) final rule that mandates that waiver-funded services must advance the goals of independence, including employment and community inclusion. The CMS mandate is CMS Integration Mandate: “Individuals receiving long-term services and supports have full access to benefits of community living, including the opportunity to work, and to receive services in the most integrated setting appropriate to their needs.

Incident Management was converted from HCSIS to Enterprise Incident Management effective January 4th. Some bugs are still being worked out, but the dashboard is much easier to maneuver and staff can access better reports for identifying trends that need action.

The Workforce Innovation and Opportunity Act will have far reaching impacts to transition age youth and young adults in the ID system. Schools will no longer be permitted to contract with agencies that offer sub-minimum wage. ID staff are planning locally to work with impacted individuals and families for whom a sheltered workshop will no longer be an option. There is controversy about this issue. ID staff are also trying to clarify what service options are permitted such as a combination of work and day programming or day programming and sheltered employment while a young adult is seeking competitive employment.

EI Program

EI is continuing to experience an increased volume of active children in the system. We had to add more therapists, but were able to do that within existing provider contracts for the most part.

EI staff continues to review eligibility trends and work with Service Coordinators and Evaluators to discuss processes improvements to make sure we adhere to mandated time frames for completing evaluations.

Our EI Coordinator has been asked to participate in a focus group conducted for OCDEL to look at improving how information is shared and used across their programs and are interested in what we feel we need from the state. I am hopeful that there will be effective change on the horizon.

Michelle Figlar, Deputy Secretary for OCDEL announced that Dr. James Coyle has resigned from his position as the Bureau Director for Early Intervention Services.

The Annual Report was available for this meeting. Dan noted that Dauphin County MH/ID served almost 10,000 people.

Education Topic – Project Search – Shirley Keith Knox and Trevor Tobias

Project Search is a collaboration between Dauphin County, Goodwill Keystone Area, Office of Vocational Rehabilitation and the national Project Search program. Project Search is a unique business led program that facilitates a seamless combination of classroom instruction, career exploration and job skills training through strategically designed internships. It provides real-life
work experiences to help young folks with intellectual disabilities to make successful transitions from school to productive adult life. The goal for each intern is to obtain employment in their community upon completion of the program. Trevor had completed 2 internships, instead of 3 because he got hired by Dauphin County as the key tip staff for Judge Cherry.

A handout was available that shows the entrance criteria for the Project Search High School Transition Program:

- Have the desire and plan to work competitively in the community at the conclusion of the Project Search Program.
- Be 18 to 35 years of age.
- Resident of Dauphin County.
- Be a person with a significant disability.
- No longer enrolled in school.
- Apply for and meet eligibility requirements with Vocational Rehabilitation.
- Apply for and meet eligibility requirements for the Developmental Disabilities Organization and other service providers for follow along services.
- Have independent personal hygiene and grooming skills.
- Have independent daily living skills.
- Maintain appropriate behavior and social skills in the work place.
- Take direction from supervisors and change behavior.
- Be able to communicate effectively.
- Utilize public transportation when available and participate in travel training to ensure success in using the bus independently.
- Have previous experience in a work environment (including school, volunteer, and paid work).
- Be able to pass drug screen, all criminal background checks and immunizations up to date.

Dan Eisenhauer noted that 75-80% of the Project Search graduates go on to competitive employment. Dauphin County is the first government site and thank you to the Commissioners and various county department heads. There was cooperation from many departments.

Committee Reports

Adult Mental Health Committee – Rose Schultz -- The minutes from December 21, 2015, meetings were distributed. The January meeting was canceled.

Dialectical Behavioral Therapy (DBT) outpatient program – DBT is a comprehensive program available at NHS Capital Region Outpatient Program that includes weekly individual sessions, a weekly skills group, coaching calls, and skill practice assignments. The life skills training component of DBT features classes that are structured so that you will progress through and master four different sets of skills. DBT is for those ages 23 and older.

Children’s Mental Health Committee – Sherri Smith – The minutes from the December 17, 2015, meeting were distributed.
Family engagement – It was suggested to send out research supporting family engagement every so often to providers to urge staff to encourage parents to participate. Visual examples are usually effective in getting these points across.

**Intellectual Disabilities Committee** – Shirley Keith Knox – The minutes from the December 1 and January 5, 2016, committee meetings were distributed.

ID/EI Retreat Recommendations
Recommendations revolved around how to support families. Nancy Thaler is actively working on how the ID system can better respond to family needs. Family members attended the retreat to share their experiences with EI and ID services. Updates will come at a later date.

EI Family Survey
The results were shared of a survey that was sent by the state to parents who are receiving services. Dauphin County scored generally well; however, there are a few areas that could be improved. Areas to improve are providers letting families know about resources and encouraging families to get to know each other for support and to give their children opportunities to relate to other children.

**Nominating Committee** – Judy Vercher – It was noted that there are still 4 openings on the Board – 2 of which are doctors.

**Executive Committee** – This committee has not met.

**Fiscal Report**
Paul Geffert distributed the Budget vs. Expenses report by cost center. Paul stated that we still don’t have the 2014-2015 EI allocation. Paul is currently receiving mid-year projections from providers and will make adjustments. At this time, we have a deficit in MH and ID, and Dan Eisenhauer stated that we still might have to cut services the 2nd half of the year.

**Community Input and Other Comments**
No community input at this time.

**Adjournment**
There were no additional comments or announcements, and the meeting was adjourned.