DAUPHIN COUNTY MH/ID PROGRAM BOARD
MEETING MINUTES AND PLANNER

MEETING DATE: March 28, 2013

MEETING PLACE: CMU, 1100 South Cameron Street, Harrisburg

ATTENDANCE:

**Board Members:** Commissioner Hartwick, Sherri Smith, Carol Oman, Judy Vercher, Korah Abraham, Bridget Glunz-Wenner, Malorrie Sirb

**Staff:** Dan Eisenhauer, Mary Eberts, Paul Geffert, Renee Robison

**Guests:** Martina Leshko, CSG; Crystal Leidy, CSG; Leah Hannah, PCS; Matt Kopetchny; Dan Sausman, CMU

MEETING GOALS AND OBJECTIVES:

- Education Topic
- Administrator’s Report
- Committee Reports
- Fiscal Report
- Community Input

DECISIONS:

- Approval of the January 31, 2013, Advisory Board Minutes

ACTION TO BE TAKEN:

- None at this time.
NEXT MEETING DATE:
May 30, 2013, at the CMU. The agenda will include a presentation, as well as the Administrator’s Report and Committee Reports.

**Welcome and Introductions**
Sherri Smith called the meeting to order. Sherri welcomed everyone in attendance, and introductions followed.

**Approval of January 31, 2013, Board Meeting Minutes**
The motion was made and seconded to approve the minutes as written.

**Administrator’s Report**
The following report summarizes major MH/ID program concerns, updates and initiatives over the past several months. Cross-system collaboration continues between MH and ID staff in adult and children’s services at the county and team level. We have begun our FY 2013-2014 contract process with providers, and we are beginning efforts to develop priorities and ideas for our FY 13-14 Block Grant plan.

**Statewide/DPW Updates**
- Beverly Mackereth was named Acting Secretary of DPW following the departure of Secretary Gary Alexander on February 15, 2013.
- Governor Corbett’s proposed budget for FY 13-14 would fund MH and ID and EI services at about the same level as FY 12-13. The proposal includes an ID waiting list initiative, and a Community/Hospital Integration Program Project (CHIPP) to close 90 state hospital beds statewide.
- DPW has not yet issued FY 13-14 Block Grant plan requirements, nor have they announced a revised timeline, but the existing due date for a 13-14 plan submission in May of 2013 is expected to be extended.
- The Dauphin County Commissioners passed a resolution on 3/13/13 to form a 15-member Block Grant Advisory Committee comprised of representatives from the County and Human Services staff, existing Advisory Board members, providers and consumers. MH/ID representatives recommended to the Commissioners for appointment to the BG Advisory Board include me, Judy Vercher, MH/ID Advisory Board rep; Kim Pry, CSP Co Chair; Beth McAlister, NHS; and Rocco Cambria, AHEDD. BG Advisory Board meetings will be open the public and are in addition to the two (2) required public hearings about the block grant plan.

The question was asked if the 10% cut was replenished and it was not. Level funding is the best case.

**Crisis Intervention:**
- The Crisis department has implemented an electronic case notes system effective November 5, 2012. Crisis and IT staff are working on implementing a digital document storage program that will incorporate paper documentation scanned and indexed and integrated with the electronic case notes system.
- Crisis is working with PPI, and the three Dauphin County Emergency Departments to reduce the amount of time people spend in Emergency Rooms being assessed for inpatient MH treatment and then transferred to inpatient facilities when that level of care is necessary.
- Crisis staff will be participating in TMI disaster response readiness drills in April.
- Crisis has one vacant part-time position.
MH Program:

- We recently had our seventh Mental Health Court graduation ceremony on March 22, 2013; bringing the total graduates to 32 people who successfully completed their court and treatment program since June of 2010. Unfortunately, the MH Court will not be continuing in its present format, and we are working with court-related departments to develop alternatives to our existing MH Court. Part of the success of the Mental Health Court is due to accountability of the participants.
- We continue to work with our managed care and provider partners on an Inpatient Readmission study. We identified gaps in services, and action steps including conducting in-depth case reviews with PPI and case management agencies for persons who have had to be re-admitted to inpatient care. The reviews are intended to help us develop a better understanding of the factors that drive re-admissions and to develop mechanisms to avoid re-admissions for all persons.
- OMHSAS recently approved several FY 10-11 Dauphin County re-investment plans, including:
  - Use of video conferencing for family therapy for children in RTF;
  - “The Incredible Years,” research-based, proven effective programs for reducing children’s aggression and behavior problems and increasing social competence at home and at school.
  - Mobile MH/ID Consultation team, a licensed psychologist and RN who will provide consultation, behavioral planning, training and support to existing teams of people supporting people with both MH and ID diagnoses who experience behavioral health crises.
- After years of planning the design and service description parameters of our CRR-ITP, an alternative to RTF level of care, the Bair Foundation recently had their service description approved by OMHSAS so that implementation of the CRR-ITP service can finally begin.
- MH staff is developing strategies for planning and data collection in light of changes due to the Block Grant.

ID Program Issues:

- We were recently informed by ODP that we have another increase in our waiver capacity to serve 3 people on the waiting list in the category of emergency need living with elderly caregiver(s).
- Shirley Keith Knox was selected to be part of the ODP Futures Planning team, one of 3 County representatives on the ODP work group tasked with providing input to the long range future of the ODP system.
- The ID program continues to advance the work of our Employment 1st initiative and will be funding 5 mini-grant proposals from employment providers to enhance paid employment opportunities of people with an ID.

Early Intervention:

- We received five (5) proposals in response to our RFP for implementing an Independent Evaluator for initial evaluations in Dauphin County, and we selected TMB Developmental Therapy & Infant Massage, Inc. to be our provider, and are expecting the change to be effective by July 1, 2013.

Education Topic – Post-Secondary Opportunities for Individuals with ID – Shirley Keith Knox

The D.R.E.A.M. Partnership, currently working under auspices of UCP, is a non-profit organization comprised of parents and agencies looking to develop post-secondary education
options for students with intellectual disabilities in our region. Shirley distributed information regarding the D.R.E.A.M. Partnership – Quick Facts. This initiative is about raising the expectations for persons with intellectual disabilities expecting them to get real jobs with real pay and to also have access to a college opportunity. Shirley told a story of “Carrie”, who has Down Syndrome who started taking college courses two years ago at HACC. Shirley said there is an incredible difference in her between graduation and the past 2 years. They are forming a Board of Directors and an Advisory Board. Shippensburg University’s Social Work Department are undertaking a community assessment. The assessment is targeted to students with intellectual disabilities from schools in Dauphin, Cumberland, or Perry County. HACC is very interested in moving forward with this. Commissioner Hartwick stated this is a great initiative and would like to feature this at a Commissioner’s meeting. Dan Eisenhauer noted that there are multiple strategies for changes and there should be real opportunities for an every day life. Sherri Smith said that a lot of that is happening in school and collaborating with the school district is critical. Korah stated that at the last ID Committee meeting this was discussed and families are excited about it.

Committee Reports

Adult Mental Health Committee – The Minutes from the January 28, 2013, and February 25, 2013, meetings were distributed.

CSP – training for how to serve on boards for consumers has now trained 9 individuals. CSP acting troupe’s new name is the “HOPE troupe”. Their purpose is to reduce stigma associated with mental illness.

There was a presentation of the Advantages of Telepsychiatry. The psychiatrist and person receiving services see and hear each other through computers using a secure internet connection which meets confidentiality guidelines. A Licensed Practical Nurse is available to the person receiving services to assist with equipment as needed and calls in prescriptions also as needed. CBHNP is the only insurance paying for telepsychiatry.

Advantages of the service:
Provider can recruit psychiatrists:
- In other geographical regions to work in telepsychiatry
- Who meet cultural/language needs of population served

Persons in need of outpatient evaluations/medication management can expect:
- Short wait periods for appointments
- Higher satisfaction with the service
- Medications are called directly into the pharmacy

Children’s Mental Health Committee – The Minutes from the March 21, 2013, meeting were distributed. This Committee is still struggling to get parents to attend this Committee. The focus is to get parents involved.
Consumer Satisfaction Survey – Overall, the results were very positive. The group felt that often people don’t want to complain for fear of losing services. It would be interesting to see follow-up satisfaction surveys conducted after discharge.

**Intellectual Disabilities Committee** – The Minutes from February 5, 2013, and March 5, 2013, meetings were distributed. Plans are underway for the Spring Festival May 19, 2013, at Fort Hunter Park. Also, ID Managed Care has been discussed and Dan Eisenhauer plans on providing a presentation to the Advisory Board at the May meeting.

Consumers access to dentists – still trying to coordinate with the State regarding this.

**Nominating Committee** – Still looking to fill the Pediatrician/Psychologist vacancy on the MH/ID Advisory Board.

**Executive Committee** – This committee has not met.

**Fiscal Report**
Paul Geffert distributed the Budget vs. Expenses report by cost center. This report showed expenses through February 29, which is 98 months of expenses. The 12-13 projections look good. He noted that 2 big providers had half a million dollars cut in their budgets. Right now, there is a balanced budget.

**Community Input and Other Comments**
Shirley Keith Knox noted that there will be stakeholder outreaches conducted for input to the Block Grant. Information will be distributed at a later date. There is some concern as to who will attend as Bridget Glunz-Wenner noted that she sees families who do not even want to travel over the mountain. Families feel comfortable in their own neighborhoods.

**Adjournment**
There were no additional comments or announcements, and the meeting was adjourned. The next meeting will be held May 30, 2013, at the CMU.