DAUPHIN COUNTY MH/ID PROGRAM BOARD
MEETING MINUTES AND PLANNER

MEETING DATE: May 26, 2017

MEETING PLACE: CMU, 1100 South Cameron Street, Harrisburg

ATTENDANCE:
Board Members: Judy Vercher, Liz Pliszka, Curt Bauer, Bonnie Rice

Staff: Dan Eisenhauer, Rose Schultz, Shirley Keith Knox, Paul Geffert, Lynn Pascoa, Adam Wiener, Kendra Gallina, Renee Robison

Guests: Ben Johnson, Pressly Ridge; Greg McCutcheon, CMU

MEETING GOALS AND OBJECTIVES:

- Education Topic
- Administrator’s Report
- Committee Reports
- Fiscal Report
- Community Input

DECISIONS:
- Approval of the January 26, 2017, and March 30, 2017, Advisory Board minutes

ACTION TO BE TAKEN:
- None at this time

NEXT MEETING DATE:
July 27, 2017, at CMU, 1100 South Cameron Street, Harrisburg. The agenda will include a presentation, as well as the Administrator’s Report and Committee Reports.
Welcome and Introductions
Judy Vercher called the meeting to order. Judy welcomed everyone in attendance, and introductions followed.

Approval of the January 26 and March 30, 2017, Board Meeting Minutes
The motion was made and seconded to approve both sets of minutes.

Administrator’s Report
The following report summarizes major MH/ID program concerns, updates and initiatives over the past two months. Staff are processing FY 17-18 provider contracts. We have completed our FY 17-18 Block Grant Narratives, and are continuing our database migration project.

State/Department of Human Services Updates
- Governor Wolf announced that Teresa Miller will be nominated to lead the proposed Health and Human Services Department that would be formed by merging the Department of Drug and Alcohol, the Department of Aging, The Department of Human Services and the Department of Health.
- DHS has provided no further update on the HealthChoices Physical Health Managed Care Organization selection process. If the previously announced PH-MCO selection proceeds, some 30,000 Dauphin County residents will have to select a new PH-MCO.
- ODP revised controversial requirements for Community Participation and their rates effective 7/1/17 in response to widespread feedback from providers consumers and families. ODP submitted their waiver renewal application to the Center for Medicaid and Medicare Services on 4/1/17 and we expect that CMS will approve the waiver effective 7/1/17. There will be a significant change in our workload and processes as we implement the new waiver.
- OMHSAS, Counties, and Providers are preparing to implement “Value Based Purchasing” which will become a HealthChoices Contract mandate as of January 1, 2018. The concept is to move reimbursement models away from Fee-for-Service or Unit based reimbursement to purchasing outcomes tied to the value of service provided. The behavioral health system will have some challenges implementing these concepts, especially for people with serious mental illness.
- HS 1233, which proposes to change the existing Mental Health Procedures Act was voted out of the Human Services committee in the house yesterday. PACA MH/DS submitted comments on the proposed legislation and currently opposes the bill as written.

Crisis Intervention
- Crisis Intervention again has 2.5 vacancies. We are in the interviewing process.
- Crisis recently had our annual on-site licensing inspection by OMHSAS. We will have two areas of correction, but overall we received positive feedback on the quality of services, quality of documentation, and on our follow up services.
- The Compliance Committee met to review PerformCare billing on May 4, 2017. There are no issues to report.

MH Program
- The MH Program instituted a Representative Payee Workshop to address conflicts that arise when consumers have questions or disputes about how their money is managed when the CMU is their representative payee. Representative payees are approved by and follow guidelines established by the Social Security Administration. The MH Quality Assurance Specialist, the individual, natural supports, case manager and staff from the CMU Representative Payee Program identify issues and concerns and explain how a person’s income is being used to pay
expenses. The goal is to have a clearer understanding of income and expenses, a new spending plan, and for the person to have more responsible control over their own resources.

- Staff recognition events have been held with four (4) agencies in the MH/ID system: Paxton Ministries, NHS of Pennsylvania Capital Region, CMU and TrueNorth Wellness. While every organization uses their own methods of identifying exceptional staff, we appreciate hearing about the work of direct care staff and their commitment to helping others. We will be soliciting some more nominations from contracted agencies over the next few months.

- Respite care has been a valued service to many families in the MH system. Youth Advocate Program helps organizes several “Parent’s Day Off” events to allow parents to have some time to themselves while their child is in YAP’s care for the day. Activities are planned based upon interests in various age groups and YAP emphasizes safe fun and supervision with trained staff.

**EI Program**

- The EI Program recently participated in an outreach event, the 2nd Annual Preschool Family Safari Event at Lake Tobias in collaboration with Northern Dauphin Human Services, The Dauphin County Library System and Lake Tobias.

- We received the results of our on-site Verification or monitoring process conducted by the Office of Child Development and Early Learning. We achieved an overall score of 95 out of 100. We have some areas to address with corrective actions, but overall our EI Program is a high performer.

**ID Program**

- We are working on FY renewals for ODP funded programs and services,

- ID staff continue to work with providers to assist with increasing opportunities for community participation and integration.

- ID staff are participating in bi – weekly Webinars with ODP on a variety of topics as we prepare for changes related to waiver implementation and/or changes in intake and eligibility related to serving people with an autism only diagnosis in the ODP waivers.

- We are also working on residential rate modelling to assess the impact both positive and negative as ODP prepares to transition ID residential services to a fee schedule effective 1/1/18.

- The ID program continues its focus on being an Employment First county. Our third Project Search class, the class of 2017, has started.

**Presentation – School-based MH Services**

*Lynn Pascoa*

Lynn distributed copies of the PowerPoint presentation. Highlights are below:

In 2015, PerformCare formed a 5-county school-based MH work group

- Focus on improving school-based MH services
- Going beyond BHRS, which is not evidenced based
- Each county developed a plan to outreach and work with public school districts in their county
- Invited all Dauphin County school districts to participate in 1 of 3 group meetings
- Facilitated discussion related to strengths and gaps in the system

What we learned:

- School-based MH outpatient services are seen as an asset, but not always viewed as accessible
• Schools need a better understanding of Children’s MH system and how families access services
• MH system and schools are both addressing knowledge about the effect of trauma on student’s ability to learn and have positive relationships
• K-2 students were identified as the group schools have concerns about

Dauphin County School-Based MH Work Group
• Districts found the meetings beneficial and wanted a forum for on-going discussions
• Need for an overview of Children’s MH system
• School staff would like to support families through the Medical Assistance application process
• Connect districts with existing training resources in the MH system
• Develop a mechanism to share resources and ideas between school districts
• Continue to explore needs of K-2 student population

Children’s MH System Overview
• Children’s MH overview held for all Dauphin County school districts on September 5, 2016
• 50 staff from 10 districts across the county participated
• Plan to offer overview on an annual basis

School-based Outpatient
• Worked with one school-based outpatient provider to improve access to services, referral process, and communication with families and schools:
  o Provider created standard referral process across all schools they serve
  o Schools will discuss referral with families prior to referral being sent
  o Provider will call families waiting for services on a monthly basis
• Assisted two school districts to expand capacity by identifying an outpatient provider in FY 17-18

Gathering Data on Needs of Young Elementary School Students
• Created a survey as a means to collect quantifiable information regarding specific behaviors of concern for the kindergarten through 2nd grade population
• Designed to be completed by K, 1st, and 2nd grade teachers along with school nurses and guidance counselors
• Contains questions about:
  o Variety of possible behaviors of concern
  o Current MH services of students
  o School outreach and information provided to families
• Survey was launched on May 1
• 153 responses received so far
• Results will be reviewed
• Areas of need will be identified
• MH system will explore intervention and resources to meet student/family and school needs
Additional Accomplishments

- Youth Mental Health First Aid Training
  - Central Dauphin School District: Three trainers from 2 providers trained 70 staff
  - Steelton-Highspire School District: confirmed training to occur in August 2017

Some Projects that are in the Works for 2017-18 School Year

- Paper Tigers documentary and discussion – proposed dates in August 2017
- Overview of Children’s MH system – planned for September 2017
- How to support families in completing the Medical Assistance application – training by County Assistance office planned for Fall 2017
- Re-launching of Resource Toolkit
- Promote Youth Mental Health First Aid Training
- Service development

Lynn stressed how school districts are getting more engaged and that some of these ideas had come from a student’s death. The Student Assistance program helps high school kids, but there needs to be a program for elementary kids. The suicide rates for 10-12 years olds has been increasing.

It was noted that Pressly Ridge is working with Shippensburg University on “how to create trauma informed classrooms”. This means that teachers have to go through training about how to respond and recognize signs of trauma, which is sometimes seen as a behavioral issue rather than trauma signs. It was noted that this also happens on the school buses. The goal is to have this be district wide.

Committee Reports

Mental Health Committee – The minutes from the April 17, 2017, meeting were distributed. The CAPTSONE Program is a collaborative of multiple service providers to address the growing need for comprehensive support for young adults in Dauphin County who have recently experienced their first episode of psychosis. The purpose is to provide early effective treatment and family education. An overview of the program was distributed.

Intellectual Disabilities Committee – The minutes from the March 7, April 4 and May 2, 2017, meetings were distributed. There was a discussion of Dauphin County’s Quality Management plan at the May meeting.

Nominating Committee – One application has been received for the MH/ID Advisory Board.

Executive Committee – No report.

Fiscal Report
Paul Geffert distributed the Budget vs. Expenses report by cost center.
Community Input and Other Comments
None at this time.

Adjournment
There were no additional comments or announcements, and the meeting was adjourned.