DAUPHIN COUNTY MH/ID PROGRAM BOARD
MEETING MINUTES AND PLANNER

MEETING DATE: July 25, 2013

MEETING PLACE: CMU, 1100 South Cameron Street, Harrisburg

ATTENDANCE:
Board Members: Carol Oman, Judy Vercher, Korah Abraham

Staff: Dan Eisenhauer, Paul Geffert, Bobbi Segin, Adam Wiener, Martin Yespy, Renee Robison

Guests: Leah Hannah, PCS; Dan Sausman, CMU, Greg McCutcheon, CMU

MEETING GOALS AND OBJECTIVES:

- Education Topic
- Administrator’s Report
- Committee Reports
- Fiscal Report
- Community Report

DECISIONS:

- Due to not having a quorum, the approval of May 30, 2013, Advisory Board Minutes was deferred to the next meeting

ACTION TO BE TAKEN:

- None at this time.
NEXT MEETING DATE:
October 3, 2013, at Paxton Street Home, 2001 Paxton Street, Harrisburg. The agenda will include a presentation, as well as the Administrator’s Report and Committee Reports.

Welcome and Introductions
Carol Oman called the meeting to order. Carol welcomed everyone in attendance, and introductions followed. It was noted again that the location for the next MH/ID Advisory Board meeting will be changed to: Paxton Street Home, 2001 Paxton Street, Harrisburg.

Approval of May 30, 2013, Board Meeting Minutes
Due to not having a quorum, approval was deferred until the next MH/ID Advisory Board meeting.

Administrator’s Report
The following report summarizes major MH/ID program concerns, updates and initiatives over the past several months. We recently completed about 99% of our FY 2013-2014 contract process with providers prior to July 1, 2013, having successfully executed about 90 contracts with MH, ID, EI, HAP, and MATP providers, as well as three agreements with DPW for 1) HealthChoices Behavioral Health, 2) ODP for Consolidated and P/FDS Waiver administration, and with OCDEL for the Infant Toddler and Family Waiver Administration. We also completed the MH, ID, and HAP components of the Dauphin County FY 13-14 Block Grant plan, which was submitted to DPW on June 14, 2013. Staff is working on closing out Fiscal Year 12-13.

Statewide/DPW Updates
- The State FY 13-14 budget was signed by Governor Corbett, and the accompanying fiscal code bills were also now approved by the house and senate and sent to Governor Corbett for signature. Funding for MH, ID and EI is expected to be about the same as last year. A state-wide waiting list initiative was included in the budget for ODP, and a CHIPP initiative was included in the budget for OMHSAS.
- DPW received a letter from the Center for Medicaid and Medicare Services (CMS) regarding some issues with the design and approval of the current HealthChoices Behavioral Health Program. OMHSAS Deputy Secretary Dennis Marion has responded with a letter to stakeholders in PA that state officials intend to discuss the concerns with CMS and seek clarification, as DPW has received CMS approval for its design and operation for more than 15 years. We are waiting to see what changes, if any, may be required in our HealthChoices Program.

Crisis Intervention:
- The Crisis department has implemented an electronic case notes system and Crisis and IT staff has now installed a scanner for digital document storage and staff has begun to scan documents into the system, which will eventually eliminate the need for paper charts and files.
- Crisis Intervention continues to refine protocols with Pretrial Services and staff at the Judicial Center to assess people with mental illness who are arrested and to help determine if they are able to be diverted from prison. Crisis has one vacant part-time position.

MH Program:
- We continue to work with CBHNP and provider partners on a HealthChoices Inpatient Readmission study, which has now been expanded from just Dauphin County to all counties.
served by CBHNP. Dauphin County’s analysis and methodology is being used as a basis for the multi-county study.

- A Project for Assistance in Transition from Homelessness (PATH) training was held for MH and Homeless services network providers in June on LGBTQI populations.
- All Dauphin County MH Reinvestment plans (originally approved by the MH/ID Advisory Board in January of 2012) and submitted to OMHSAS for reinvestment funds from FY 10-11 have now been approved by OMHSAS. They are 1) the Incredible Years, 2) Family Therapy via secure video for children in distant Residential Treatment Facilities, 3) an MH/ID consultation team, 4) Integrated D&A and MH co-occurring counseling at an outpatient setting, 5) develop or increase capacity for rapid access MH Acute Partial Hospitalization, 6) Housing Plan, funding rental subsidies for consumers and physical plant improvements for Paxton Ministries Lodge #2. Implementation of these services is underway.

**ID Program Issues:**

- Pursuant to the waiting list funding approved in the 13-14 Budget, ODP notified us that we can provide funding under the P/FDS Waiver for seven 2013 graduates of special education. Additional information about Consolidated Waiver capacity increases for people living with an aging caregiver aged 60+ is expected soon.
- Counties continue to advocate for flexibility to enroll the neediest people with our increased waiver capacity versus the specific categories identified by ODP.
- Shirley Keith Knox continues to participate in the ODP Futures Planning team, one of four County representatives on the ODP work groups tasked with determining the long range future of the ODP system. The group has now been divided into eight subgroups working on specific tasks and action plans for eight specific program areas or topics identified by ODP’s Core Group.
- The ID program continues to advance the work of our Employment 1st initiative, both locally and as part of our statewide initiative.

**Early Intervention:**

- The budget for 12-13 for EI was very tight, but we were able to fund all services needed.
- The 13-14 state budget for EI included an increase in funds related to increasing child counts across PA, but OCDEL continues to work on refining EI eligibility and service delivery controls to maximize the efficiency of the program with increasing funding constraints.
- One change we enacted is a policy to screen certain children referred to the Early Intervention Program to determine if they need a full evaluation for eligibility.
- Some other policies will need to be revised or re-issued as OCDEL continues to roll out interpretation and guidance based on their latest review from the federal Office of Special Education Programs.

The question was asked if HSDF funding still exists and Dan explained that it is part of the Block Grant funding.

**Education Topic – Overview of Crisis Intervention – Martin Yespy**

Martin stated that Crisis Intervention is well supported by Dan, the Commissioners and the MH/ID Advisory Board and we have been fortunate for many years and he does realize that it is not like that in other counties.
Highlights of the PowerPoint presentation were:

Introduction

- Crisis Intervention is the 24-hour emergency service of the Dauphin County MH/ID Program
- Licensed by OMHSAS for telephone, walk-in, and mobile crisis services
- Credentialed by CBHNP

Definition of a Crisis

Feelings/Symptoms:

- Hopelessness and helplessness
- Unable to cope
- Verge of losing control
- Overwhelming anxiety/anger
- Co-occurring drug and alcohol abuse
- Thought/affective disorders
- Depression/suicidal thoughts

Martin stated that between 50% and 75% to some degree are co-occurring and the real challenge is that rehab won’t take someone who is suicidal.

Difference between CI and CMU

<table>
<thead>
<tr>
<th>Crisis Intervention</th>
<th>Case Management</th>
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<tbody>
<tr>
<td>Focused on responding to emergency mental health situations</td>
<td>Link access and monitor community services</td>
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<tr>
<td>Providing short-term follow-up</td>
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<tr>
<td>Arrange inpatient care (voluntary and Involuntary)</td>
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Major Referral Sources

Self-referrals, family, friends, schools, nursing homes, employers, hospital emergency departments (most referrals), police, agencies, other professionals in community

Eligibility for service is anyone located in Dauphin County. There is no fee for Crisis services, but MA and CBHNP can be billed.

Specialty Services

- Services for homeless persons
- Bilingual/bicultural services
- CISM (Critical Incident Stress Management)/DCORT (Disaster Crisis Outreach Team)

Intake Procedure

- Accessed by calling 232-7511
- Phones answered by a crisis worker
- Answering service may answer during 11 p.m. – 7 a.m. or on weekends, but staff can be accessed immediately
Information Needed for Referral to Crisis

- Name/age person in crisis
- Description of current behavior/presenting problem
- Note suicidal/homicidal/psychotic thoughts/behavior
- Usual behavior
- Known medical problems
- Past psychiatric history
- Current treatment and medication
- Current stressors
- Support system
- Degree of cooperation
- Functional level

Crisis Services May Include

- Telephone or in-office counseling
- Mobile/outreach assessment and intervention
- Information and referral to outpatient services
- Acute care hospitalization
- Short-term follow-up

Crisis Data for FY 12/13

- Contacts – 4,505
- First Contacts (new people) – 1,923
- Hospitalizations – 1,784

Commitment Process

- 201 – voluntary admission
- 302 – emergency five-day involuntary admission
- 304 – involuntary court commitment

Recent Developments/Initiatives

- Digital case record system
- County judicial center MH evaluations
- DCORT, CISM, SCTTF Workgroup
- Bridge Project

Committee Reports

Adult Mental Health Committee – The Minutes from the April 15 and June 17, 2013, meetings were distributed. It was noted that there are office changes occurring at 1100 South Cameron Street. NHS outpatient is growing and there will be no changes to the public for CMU. A CABHC committee has been reviewing the “How to Talk to Your Psychiatrist” toolkit to be published on the CBHNP website.

MH/ID has had several reinvestment projects proposed and several have been approved:
Mobile M/ID Team
Housing Plan
COD Clinic in D&A Outpatient
Acute/Rapid Entry Adult Partial
Teletherapy capacity in RTF’s
Incredible Years in school-based outpatient

**Children’s Mental Health Committee** – This Committee has not met over the summer.

**Intellectual Disabilities Committee** – The Minutes from the May 7 and June 4, 2013, meetings were distributed. There was no meeting in July. Progress has been made getting access to dental services for consumers. There are still systemic issues that are barriers, which was evident when Korah Abraham attempted to obtain information at UPMC and was unsuccessful.

**Nominating Committee** – Still looking to fill the Pediatrician/Psychologist vacancy on the MH/ID Advisory Board.

**Executive Committee** – This committee has not met.

**Fiscal Report**
Paul Geffert distributed the Budget vs. Expenses report by cost center. Paul stated that both cost centers are approaching 100% complete. The Fiscal Department is working on June bills and reconciliation. Dan noted that we usually receive advanced quarterly payments and we have not received that yet from the State.

**Community Input and Other Comments**
There was no community input at this time.

**Adjournment**
There were no additional comments or announcements, and the meeting was adjourned. The next meeting will be held October 3, 2013, at Paxton Street Home, 2001 Paxton Street, Harrisburg.