MEETING DATE: October 3, 2013
MEETING PLACE: Paxton Street Home, 2001 Paxton Street, Harrisburg

ATTENDANCE:
  **Board Members:** Sherri Smith, Korah Abraham, Liz Pliszka, Bonnie Rice, Matt Stinner
  **Staff:** Dan Eisenhauer, Paul Geffert, Rose Schultz, Shirley Keith Knox, Mary Eberts, Renee Robison
  **Guests:** Linda London, Goodwill, Chris Roggenbaum, Goodwill, Dan Sausman, CMU, Greg McCutcheon, CMU

MEETING GOALS AND OBJECTIVES:

- Education Topic
- Administrator’s Report
- Committee Reports
- Fiscal Report
- Community Input

DECISIONS:

- Approval of the May 30, 2013, and July 25, 2013 Advisory Board Minutes

ACTION TO BE TAKEN:

- None at this time.
Welcome and Introductions
Sherri Smith called the meeting to order. Sherri welcomed everyone in attendance, and introductions followed. It was noted that the location for the next MH/ID Advisory Board meeting will be at this location: Paxton Street Home, 2001 Paxton Street, Harrisburg.

Approval of May 30, 2013, and July 25, 2013, Board Meeting Minutes
The motion was made and seconded to approve the minutes as written.

Administrator’s Report
The following report summarizes major MH/ID program concerns, updates and initiatives over the past several months. Staff efforts have been focused on closing out FY 12-13, developing and implementing reinvestment plans in the MH Program, and employment initiatives in the ID program.

Statewide/DPW Updates
- While a budget was passed in June of 2013, our county has not received a block grant allocation letter from DPW, so our MH and ID funding amounts are still unknown, although we anticipate funding at about the same amount as FY 12-13.
- DPW continues to correspond to the Center of Medicare and Medicaid Services, (CMS) about federal Office of Inspector General and Office of Budget and Management concerns over the federally approved design of the PA Medicaid behavioral health HealthChoices Program. DPW provided a detailed response to those issues and so we await OMB and CMS response.
- Governor Corbett announced plans to expand insurance coverage with Medicaid funding to allow persons at or below 133% of Federal Poverty level to obtain health insurance through the federally operated PA Health Exchange. The plan will require HHS approval.

Crisis Intervention:
In addition to the basic functions of the Crisis Program that occur on a daily basis, some additional activities include:
- The Crisis department is beginning a police training program with the Lower Paxton Police Department where over the course of the next few weeks all police officers will be trained in basic MH awareness and guidelines for working with people with mental illness and an overview of commitment procedures, as well as crisis services.
- Crisis Intervention staff also will be participating in a large-scale disaster preparedness exercise with Pinnacle Hospital.
- Crisis staff also performed a critical incident debriefing with bank personnel who were victims of an armed robbery.

MH Program:
- We continue to work with CBHNP and provider partners on a HealthChoices Inpatient Readmission study, which encompasses data from 2010, 2011, and 2012. Efforts to prevent readmissions are being refined in collaboration with CBHNP and provider partners.
- The MH Program is working on implementing reinvestment plans for family tele-therapy for families with a family member in two remote RTFs used by Dauphin County residents, the
Incredible Years, and an MH/ID behavioral consultation service, as well as other five-county initiatives.

- OMHSAS is conducting a series of regional planning forums that are essentially check ins with community partners about OMHSAS current mission and goals, and objectives.

**ID Program Issues:**

- Shirley Keith Knox continues to participate in the ODP Futures Planning team, one of four County representatives on the ODP work groups tasked with determining the long-range future of the ODP system. The group has now been divided into eight subgroups working on specific tasks and action plans for eight specific program areas or topics identified by ODP’s Core Group.
- The ID program continues to advance the work of our Employment 1st initiative, both locally and as part of our statewide initiative. Most recently, we are in the process of implementing Project Search program sites in two locations in Dauphin County. More information about these initiatives will be available as we progress in planning with our OVR, ODP, Provider and employer site partners.

**Early Intervention:**

- The EI Program is preparing for their annual site verification visit by OCDEL and we are working on revising various policies to come into compliance with federal and state changes in the EI Program. Most of these policy revisions are minor, but we are still awaiting the new eligibility policy and as well as practical implementation of the proposed policy change.

**Education Topic – The Bridge – Frank Magel**

The Bridge is a program that connects individuals to case management services following inpatient that are not involved in treatment and for added support for individuals to engage in treatment services and supports. PPI, CMU, and Crisis Intervention are the partners involved in the Bridge Program.

Highlights of the PowerPoint presentation were:

**Why Bridge**

- High use of emergency rooms
- High cost of inpatient care ($600-$800 per day)
- High rates of 30-day inpatient readmissions
- Individuals are not able to navigate the system
- Individuals don’t get to less restrictive treatment
- Treatment can help persons understand recovery

**Bridge Target Population**

Individual is:

- At high risk for re-hospitalization
- Has no insurance or is Medical Assistance applied
- Not currently registered in the MH system
- Not active in ongoing treatment or supports
- Willing to consent to ongoing contact by Crisis and/or CMU
The Process
- Individual consents to Bridge referral and agrees to be contacted by CMU and/or Crisis
- Individual is assisted in registering with case management services
- Individual is assisted in following through with inpatient treatment recommendations for aftercare
- Barriers to treatment and other human service needs are identified and addressed
- Bridge success equals registration with case management and follow through with inpatient treatment recommendations to prevent re-hospitalization

Re-Hospitalization within 30 Days
- Person re-hospitalized within 30 days were primarily voluntary admissions and 15.5% of the individuals served in Bridge were hospitalized

Impact of Bridge
- Increased collaboration and coordination with PPI, Crisis Intervention and CMU
- Increased amount of individuals enrolled in case management
- New approach where individuals are matrixed and fast tracked to targeted case management more efficiently
- Reduced ER visits for individuals in Bridge
- Low percentage of readmission within 30 days

Next Steps
- Review Bridge goals and improve process of data collection among Bridge partners
- CMU to review and develop policies and procedures for individuals already involved in administrative case management and experiencing high use of inpatient care
- Develop a single data base for Bridge tracking
- Continue efforts in identifying strategies to address high inpatient readmission rates

Sherri Smith voiced her concerns about students who are medicated for mental health issues and seem to be very young. Rose Schultz responded that there is extensive training for first responders and the Student Assistant Programs are focused on middle school and high school. There are also some Student Assistant Programs in elementaries. It was noted that there is not a decrease in hospitalizations at PPI and people’s mental health needs are increasing. The Dashboard report will show what is happening in the community; such as the rates of incarceration and people exhibiting mental health symptoms. Dan Eisenhauer stated that we do a pretty good job of describing services, but we need to do a better job explaining what mental illness is.

Committee Reports
**Adult Mental Health Committee** – The Minutes from the July 15 and August 18, 2013, meetings were distributed. Rose Schultz noted that Frank will present the Bridge data to this committee at the October meeting. During the August meeting, a general consumer satisfaction survey and one that was used to survey transitioned age youth were reviewed and discussed in terms of developing a satisfaction survey for individuals in mental health services age 60 and older.
This Committee meets the 3rd Monday of the month at noon in the Zarin Room at the CMU, 1100 South Cameron Street.

**Children’s Mental Health Committee** – The minutes from the September 19, 2013, meeting were distributed along with the 2013-2014 Meeting Schedule. MH/ID is proceeding with the programs being funded by reinvestment dollars. Both Sarah Reed and Devereux have been identified as sites that will provide teletherapy for Dauphin County youth in RTF there. The local site will be the CMU. Additionally, Pressley Ridge is implementing the Incredible Years, an evidence-based program, which focuses on group work with youth in kindergarten through 3rd grade who have ODD or ADHD. A parent group will also occur. The program will be implemented in two schools, one in the Harrisburg School District and one in Middletown.

**Intellectual Disabilities Committee** – The Minutes from the August 6 and September 3, 2013, meetings were distributed. There was an update on the status of discussions with the Office of Medical Assistance Programs and Practice Without Pressure Initiative – concerns were expressed related to families having the ability to access information when their family member cannot speak for themselves. There are logistical issues when information needs to be communicated between the family, Medical Assistance and the managed care company.

Korah Abraham, Shirley Keith Knox, and Karen Wolf participated in a meeting with Pinnacle Health Systems in which they expressed interest in collaborating with the County ID Program and Linda Weihbrecht to bring Practice Without Pressure to PA. There is interest in establishing a pilot program.

**Nominating Committee** – Still looking to fill the Pediatrician/Psychologist vacancy on the MH/ID Advisory Board.

**Executive Committee** – This committee has not met.

**Fiscal Report**
Paul Geffert distributed the Budget vs. Expenses report by cost center. The final reporting was completed for fiscal year 2012-2013. Paul noted that with the Block Grant Funding, ID has merged many cost centers in the community-based cost center, but cost centers were actually added for MH. The idea was to simplify reporting, but there are Federal requirements.

**Community Input and Other Comments**
Dan Sausman stated that the next day there was going to be a transition conference with Cumberland/Perry. This a series of conferences and there have already been over 200 attendees.

**Adjournment**
There were no additional comments or announcements, and the meeting was adjourned. The next meeting will be held November 21, 2013, at Paxton Street Home, 2001 Paxton Street, Harrisburg.