Lifesharing, also known as Family Living, supports individuals with intellectual disabilities to live with qualified unrelated adults who provide support in their home. Up to two individuals with a disability can live in a lifesharing home and be supported by ODP funding. Most lifesharing homes are licensed and inspected to ensure the health and welfare of individuals being served. Individuals in lifesharing also have supports coordinators to monitor the quality of services on a regular basis.

Lifesharing means living with and sharing life experiences with supportive persons who form a caring household. Lifesharing is recognized as both a close personal relationship and a place to live. Lifesharers offer individuals the opportunity to be part of a family and to participate in community life. Lifesharers and individuals are carefully matched and supported by qualified professionals to achieve the person’s program objectives. Birth families are encouraged to be part of the matching process and continue to have close relationships with individuals who choose a lifesharing option.

Everyday Living options can be a variety of settings such as lifesharing, as well as support provided to individuals living in their own home, and in the homes of relatives and friends. Services in these settings are authorized based on individual support plans and monitored by supports coordinators on a regular basis as well. Individuals who choose these options come from a variety of places including community homes and Intermediate Care Facilities (ICFs/MR).

For more information about Life Sharing, check out the Life Sharing video (LINK TO THE VIDEO AGAIN HERE) or contact your Supports Coordinator (link to CMU).