



CITY OF ELMHURST
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MINUTES OF COMMISSION MEETING
Wednesday, January 9, 2013
Elmhurst Public Library
ELMHURST SENIOR CITIZENS COMMISSION

COMMISSIONERS PRESENT: Georgia Dolan, Heide Forbush, Jackie Haddad, Grayson Haller, Kris Hansen, Cathy Jordan, Peggy LoCicero, Ruth Maple, Kristin Sanderson, Mary Eleanor Wall, Chris White, Carol Yesko

COMMISSIONERS NOT PRESENT: Michael Bram, Jerri Cople, Jeff Kucera (S.A.L.T.)—ex officio, Kathy Lorenz, Emily Moran, Bill von Stein

ALSO PRESENT: Janet Driscoll (MFS), Maureen Wood (BrightStar)

1. The meeting was called to order by Cathy Jordan at 1:02 P.M.
2. Jackie moved that the minutes of the December 19, 2012 meeting be approved as presented.
3.
 - a. Cathy thanked Jerri for the wonderful lunch and informative tour of Lexington Square in December.
 - b. Cathy asked if everyone had taken the test for certification for the Open Meetings Act.
 - c. Cathy reported that Teri Gebbner of Pathways for Senior Living will talk about supportive living at our March 13 meeting at 1:00 P.M. We will have our meeting following her presentation.
 - d. Usually at the February meeting MFS and DSCC give an overview of their agencies so we can vote and give that information to City Hall for budgetary purposes. Since the City is changing from a *May to May* to *January to January* budget timeline, Cathy will investigate when they should present their overview to the Commission.
 - e. Carol stated that the Elmhurst Walk-In Ministry at St. Peter's and the food pantry at I.C. assist with rent, car repairs, and food as well as other needs. Cathy suggested that EWIM put this information in *The Front Porch*.
4. **DuPage Senior Citizens Council**—written report provided. Cathy reported: Home maintenance—136; Chore Days—54; Well Being Checks—15,598; Meals served—19,322; total unduplicated people all programs—268. (Numbers are Elmhurst only)

5. **Metropolitan Family Services**—written report provided. Janet reported that their agency has been invited to be a partner of the DuPage Medical Group to provide integrated care—medical and social services in one site—to a pool of Medicare Advantage patients. They will provide mental health, consultation, case management and linkage and referral services to Medicare patients at highest risk for hospitalization and/or further impairment with the aim of improving their health outcomes and quality of life. MFS social workers will work as part of a team with a physician, nurse practitioner, pharmacist, physical therapist, dietician and health care coach. Greg Newlin is transferring to this new program and his position will be filled in Elmhurst so there will continue to be two MFS social workers serving Elmhurst seniors and family caregivers. Cathy asked that Janet update us periodically on the program.

6. **a. Housing**—Mary Eleanor reported that Kris contacted Teri Geppner who will speak at the March meeting about the differences between assisted and supportive living. (Supportive living is assisted living with state subsidy.)

b. Transportation—Ruth reported that they met today and will meet with City Manager Grabowski about a shuttle and possible tiered cost cab rates that could get seniors to the collar cities for doctor's appointments. 303, American and Universal are the cab companies.

c. Collaboration—Carol distributed a draft letter to be sent and/or emailed to senior service providers. It was suggested that under the category of Home Health Organization that Home Care Agency be added. She also distributed a newsletter about in-home senior respite care. Kris said that there are respite registries through local agencies—DuPage County Senior Services—with a \$1500 allotment.

d. Education Committee—Jackie reported that the April 6 Community Conversation will focus on emotional health, identifying stressors, and becoming comfortable talking about mental health as well as physical health.

e. S.A.L.T.—no report

7. Other Business

- Maureen promoted the stroke awareness seminar.
- Mary Eleanor announced a candidates' forum sponsored by the League of Women Voters on Sunday, February 24, 1-5 at City Hall for school board, park district board and city government candidates running in the April 9 election.
- **THE NEXT MEETING WILL BE 1:00 P.M. WEDNESDAY, FEBRUARY 13, 2013 AT THE ELMHURST PUBLIC LIBRARY.**

8. Kris moved that the meeting be adjourned. The time was 2:00 P.M.

Heide Forbush, Secretary