



**CITY OF ELMHURST**  
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**JAMES A. GRABOWSKI**  
CITY MANAGER

**MINUTES OF COMMISSION MEETING**  
**Wednesday, April 10, 2013**  
**Elmhurst Public Library**  
**ELMHURST SENIOR CITIZENS COMMISSION**

Commissioners present: Heide Forbush, Jackie Haddad, Grayson Haller, Cathy Jordan, Peggy LoCicero, Ruth Maple, Emily Moran, Kristin Sanderson, Mary Eleanor Wall, Carol Yesko

Commissioners Not Present: Michael Bram, Jerri Copple, Georgia Dolan, Kris Hansen, Jeff Kucera (S.A.L.T.)—ex officio, Kathy Lorenz, Chris White

Also Present: Janet Driscoll (M.F.S.), Maureen Wood (BrightStar)

1. The meeting was called to order by Cathy Jordan at 1:04 P.M.
2. Peggy moved that minutes of the March 13, 2013 meeting be approved as presented.
3.
  - a. Cathy read a thank you note from Terri Geppner—March speaker from Pathway Senior Living.
  - b. Cathy read a communiqué from Elmhurst Hospital and Edward Hospital. She hopes that the new CEO will be able to attend the November meeting and give an update on the Berteau campus.
  - c. She has the DVD from the Community Conversation about the Affordable Healthcare Act if anyone wishes to view it.
  - d. Cathy sent a recommendation letter to City Hall about M.F.S. and D.S.C.C.
  - e. She plans to invite Jim Grabowski to the October meeting, and also Mayor Steve Morley to a subsequent meeting.
4. **DuPage Senior Citizens Council**—written report provided January 1-March 31, 2013. Home maintenance 5; Chore Days 0; Well Being Check 3,043; Meals Served 3,925; total unduplicated people all programs 108.
5. **Metropolitan Family Services**—written report provided. Janet reported that there were 53 in attendance at the S.A.L.T. program. Their fund raiser is April 26. She thanked the Commission for the letter of recommendation to the City Council.
6. **Committee Reports:**
  - a. **Education Committee**—Jackie reported that there was a small turnout for the Community Conversation but with the interactive program it was more successful with fewer people. Tara Reimer from M.F.S. also provided insights and support. Jackie thanked Cathy, Heide, Georgia, Grayson, and Jerri for their help. Heide sent a thank you note to Katie Andersen,

Community Liaison from Linden Oaks at Edward Hospital. A program on transportation is planned for fall. The committee will work with the Transportation Committee and Erin at City Hall.

**b. Housing**—Mary Eleanor will plan a fall housing tour for newly elected officials. She discussed turmeric, a spice in Indian food which has been credited with lower incidences of Alzheimer's disease in that culture. She mentioned a recent New York Times article that stated there is a higher percentage than originally projected of those diagnosed with Alzheimer's disease.

**c. Transportation**—Ruth said the committee is ready to formulate a recommendation to the City Safety Committee for taxi tiers.

**d. Collaboration**—The committee met earlier to go over the database information. There are 39 responses to date; 55 did not respond—mostly churches. The committee will split the list to follow up with them. The database will be ready by the end of May. Kristen will email comments about transportation suggestions from their survey. The database is sent to those who respond to the survey. It was suggested that the information be posted on the City website. Those who participated in the survey will be asked if they wish to have their information posted.

Cathy said that we need a real survey for seniors in the city which is done by a professional.

**e. Intergenerational**—Emily has been to Greencastle, Park Place, Liberty Village, Lexington Square independent living, and Elmhurst Extended Care. She has not heard from Lexington Square skilled care and Elmbrook. Mary Eleanor suggested she contact Senior Home Sharing and Adult Day Care held at Epiphany Lutheran Church. Emily talked with Ken Bartels about options for interviews.

## 7. Other Business

- Cathy suggested the creation of an ad hoc committee to look into the Berteau campus and senior options in our area. The committee would go to different communities that have senior centers and assess those facilities and their services. It was suggested that a park district representative serve on this committee. Volunteers are as follows: Cathy, Jackie, Heide, Carol, Ruth, and Peggy. A field trip is planned for summer.
- **THE NEXT MEETING WILL BE 1:00 P.M. WEDNESDAY, MAY 8, 2013 AT THE ELMHURST PUBLIC LIBRARY.**
- This is the last meeting until September.

8. Jackie moved that the meeting be adjourned. The time was 2:19 P.M.

Heide Forbush, Secretary