

MINUTES OF COMMISSION MEETING
Wednesday, September 9, 2015
Elmhurst Public Library
ELMHURST SENIOR CITIZENS COMMISSION

COMMISSIONERS (PHYSICALLY) PRESENT: Heide Forbush, Jackie Haddad, Kris Hansen, Cathy Jordan, Peggy LoCicero, Kathy Lorenz, Ruth Maple, Pam Morrissey, Kristin Sanderson, Amy Srail, Chris White, Maureen Wood, Carol Yesko

COMMISSIONERS NOT PRESENT: Monica Barichello, Georgia Dolan, Grayson Haller, Monica Mosley

PRESENT: Angela Bentsen (M.F.S.)

1. The meeting was called to order by Cathy Jordan at 1:02 p.m.
2. **MSC** Kris moved that the minutes of the May 13, 2015 meeting be approved as corrected. Item 4: Ruth Maple also attended the Mental Health First Aid information breakfast at EEH.
3. **Public Comments**--There were no public comments.
4. Cathy commented that there was confusion about the approval for Commissioners due to the staggering terms so it has not advanced to the council. She visited the Glendale Heights Senior Center which she said is a great model. The ad hoc committee met with the mayor about Ride DuPage and the proposed sports facility, which many would rather see as a multi-generational venue. She asked for \$5,000 from the next city budget.

She was invited by Angela to a care givers series called Caregiving 101.

Lombard Place will hold a reception on Thursday, September 17 and the Historical Museum will hold a Beer Fest on September 19.

5. **DuPage Senior Citizens Council**—no report as Ralph is ill.
6. **Metropolitan Family Services**—written report provided. Angela reported that they have a grant which is enabling them to create a care giver series which will be offered at EPL from 9/3-10/8.

The county has a new service—community care ombudsman--for those living in the community. They already had an ombudsman for those living in facilities.

She said that future programs will be Difficult Conversations—e.g. driving issues; Alzheimer's—diagnosis, recognition and options; Emotional Wellness and Mindfulness.

Helen is training the Fire Department after taking the Mental Health First Aide course through EEH.

7. Committee Reports:

- a. **Collaboration**—Kristin reported that the committee needs to meet to prepare a timeline for the May 2016 collaboration meeting.

b. Education Committee—Community Conversations have been set for October 3 and November 7. October will focus on Healthy Aging with Susan Frick, MSW from Rush Alzheimer Center. November will feature Sue Davidson from SHIP. Lezza's Bakery will donate cookies for the October Conversation.

A new pocket pal has been prepared. This is the first since 2011. Sponsors are Superior Ambulance, Lexington Square, Park Place, Ahlgrim F.H., Gibbons F.H., and Terra Vista. The total collected was \$3100.

A date has not firmly been established for the April Community Conversation. The topic will be frauds and scams, and presented by the Elmhurst Police Department.

Whole Foods will be approached for snacks for the November event. Blurbs have appeared in the water bill for October and November.

c. Housing—Kris said the tour for city officials will be held Saturday, October 17, 2015 from 9:00 a.m.-11:30 a.m.

Concord Place	9:00-9:30
Park Place	10:00-10:30
Greencastle	11:00-11:30

d. Transportation—Ruth reported that they met with the mayor about Ride DuPage.

8. Other Business—

- a. Cathy reminded us that the Transportation Committee's duties have been less, so those members are assisting other committees.
- b. Cathy mentioned the sports facility being discussed and said that a multi-function center is truly a better option. To get on the public record she will need to go to a Park District meeting and express the opinion about a multi-generational multi-functional venue.
- c. Kris suggested that square footage is an issue that should be pursued in any case. What do we want housed there? Activities? Classes? Dining Center? What and Which Senior Services?

MSC Jackie moved that Cathy draft a letter to the Elmhurst Park District about inclusion in the thought process for the sports complex to incorporate senior needs.

9. Adjournment—There being no further business the meeting adjourned at 2:09 p.m.

■ THE NEXT MEETING WILL BE 1:00 P.M. WEDNESDAY, **OCTOBER 14, 2015**

AT ELMHURST PUBLIC LIBRARY

Heide Forbush, Secretary