

## MINUTES OF COMMISSION MEETING

Wednesday, November 14, 2018

Elmhurst Public Library

### ELMHURST SENIOR CITIZENS COMMISSION

COMMISSIONERS (PHYSICALLY) PRESENT: Monica Barichello, Georgia Dolan, Heide Forbush, Grayson Haller, Kris Hansen, Cathy Jordan, Kathy Lorenz, Ruth Maple, Joel Morris, Maureen Wood

COMMISSIONERS NOT PRESENT: Peggy LoCicero, Pam Morrissey, Kristin Sanderson, Amy Srail, Chris White, Carol Yesko

PRESENT: Carol Crews, Metropolitan Family Services; Ralph King, DuPage Senior Citizens Council

GUEST(S): John Cushing, Managing Director of Touching Hearts at Home; Loren Buford and Nicole Reidy, Metropolitan Family Services; Ylandus Roundy, Director of Community Relations, Artis Senior Living, Elmhurst

1. **Call to Order**—Chairman Cathy Jordan called the meeting to order at 1:08 p.m. with a quorum present.
2. **Public Comments**—There were no public comments.
3. **MSC** Kathy moved that the minutes of the October 10, 2018 meeting be approved as presented.
4. **Announcements / Correspondence**—Cathy Jordan
  - a. Cathy introduced Elmhurst resident John Cushing who spoke about Touching Hearts at Home, a home care provider company that received its license in August. There is a three-hour minimum shift requirement with a minimum of two weeks service and an average cost of \$25 per hour. He said that 9 out of 10 seniors want to age in place. Caregivers undergo six different background checks. There are currently nine caregivers on staff with a territory that encompasses eastern DuPage County. Services provided include companionship, light housekeeping, meal planning and cooking, transportation, personal care and Alzheimer's and Dementia care.
  - b. The December meeting will be a luncheon meeting held at Park Place with a 12:30 start.
  - c. She thanked everyone who attended the Jaycees Distinguished Service Award dinner and placed an ad. She said she is only as good as those she works with.
  - d. November 8 was the presentation of the Elmhurst Outstanding Senior Citizens Service Award at City Hall. Thirteen participants received awards. There was discussion about whether the event should be on cable, but how that would affect the photographer is an issue that needs more thought.
  - e. Cathy mentioned Jackie Haddad's passing and the subsequent need to find a replacement.

- f. The new Education Committee chairman will be Kathy Lorenz.
5. **DuPage Senior Citizens Council**—written report provided. Ralph will bring a sample box in January of shelf stable/emergency items to be distributed in December.
    - a. *Elmhurst totals October 1, 2018 – October 31, 2018*— Meals 991, Home Maintenance and Chore Days 49, Well-being Checks 660, Seniors 65
    - b. *Elmhurst totals January 1, 2018 – October 31, 2018*— Meals 8,728, Home Maintenance and Chore Days 89, Well-being Checks 5,804, Seniors 162
  6. **Metropolitan Family Services**—written report provided. In her presentation to renew funding Loren mentioned trends of loneliness and isolation, hoarding of pets and stuff, and maintenance issues. There have been many contacts and collaborations with the Elmhurst Police and Fire Departments.
    - a. *November 1, 2017-October 31, 2018*—Elmhurst Residents with open case files 39, Walk-ins 58, Information and referrals 171, Community Education/Development/Outreach 346, Persons/Total 614.
  7. **Committee Reports:**
    - a. **Transportation**—Ruth reported that she has checked the online blurbs and Ellen said that interns have gone to Park Place and Lexington Square as part of Ride DuPage’s start up. Ellen is handling the sign ups and feedback is good on reliability and assistance.
    - b. **Collaboration**—no report. Cathy mentioned the Collaboration event scheduled for Spring.
    - c. **Education**—Kathy reported that the Community Conversation will be January 12, 2019 at 10:00 a.m. at City Hall with the topics of Money Smarts for Older Adults and Ride DuPage Transportation Services.
    - d. **Housing**—Kris is still working on an open house at the MFS office at City Hall with a DSCC representative also on hand. She is coordinating with Ellen to establish a time.
  8. **Other Business**—
    - a. Georgia had a senior center question. The Abbey is being looked at by the city for water retention and by the school district as a transitional center. Jim Rogers said that the Park District is waiting for the city or school district to make a commitment. A possible location for the Senior Center could be the turquoise Cronin building on Palmer Drive.
    - b. **MSC** Kris moved that the Elmhurst Senior Commission recommends that the City Council continue to fund the DuPage Senior Citizens Council. (Cathy abstained from voting.)

- c. MSC Kris moved that the Elmhurst Senior Commission recommends that the City Council continue to fund Metropolitan Family Services.
9. **Adjournment**—There being no further business the meeting adjourned at 1:59 p.m.

**THE NEXT MEETING WILL BE 12:30 P.M.,**

**WEDNESDAY, DECEMBER 12, 2018**

**AT**

**PARK PLACE OF ELMHURST**

Heide Forbush, Secretary

