

# The City's Commission on Youth April Random Acts of Kindness Month



The City's Commission on Youth has created a month's worth of kindness for you and your kids to do this April. Some of the acts of kindness are super simple and some are more involved, but all are intended to make kindness a habit in your community, classroom and home.

Before you start, print out this flyer and talk as a family about what you plan to do for each item. Talk about what being kind means and why it's important. Planning the month should be fun. No one says you have to go in order. You can hang up the list and simply mark them off as you complete each act of kindness.

Kindness itself is very motivating and the true reward is the feeling you get from completing a kind act, but as an added incentive, the City's Commission on Youth will award thirty \$10 Elmhurst City Center gift cards randomly among all entries received.

No later than Monday, May 9th, please email your completed list to Commissioner Anne Zimmer at [a.zimmer@lwreedy.com](mailto:a.zimmer@lwreedy.com). We encourage you to submit pictures from your family's month of kindness too!

## Random Acts of Kindness April 2022

1. Write encouraging chalk messages on the sidewalk.
2. Take a family walk and pick up litter.
3. Let someone go ahead of you in line.
4. Compliment someone you do not know.
5. Collect pop tabs for the Ronald McDonald House.
6. Hand out coins at the fountain for wishes.
7. Paint a rock with a kind message and leave it for someone to find.
8. Leave a thank you note with bottled water/snacks for the delivery drivers.
9. Bake a dessert or cookies for a neighbor.
10. Donate outgrown spring and summer clothes to the Elmhurst Clothing Center at First United Methodist Church of Elmhurst or other donation site.

11. Return someone's shopping cart at the store.
12. Visit with a neighbor living alone.
13. Leave bubbles on someone's doorstep.
14. Talk to someone new at school.
15. Donate non-perishable food items to the Elmhurst-Yorkfield Food Pantry.
16. Bring a flower to a teacher or caregiver.
17. Make and deliver Easter cards to a senior center.
18. Donate new socks to DuPage Pads.
19. Call a relative you haven't seen in a while just to say hello.
20. Take treats to the fire or police station.
21. Give a dog treat to a dog out on a walk.
22. Donate a favorite used book to a little free library in your neighborhood.
23. Invite someone to play on the playground.
24. Donate gently-used toys to a childcare center or daycare.
25. Bring your neighbors' garbage cans up for them.
26. Make a homemade gift for someone.
27. Donate towels and blankets to an animal shelter or humane society.
28. Decorate a bookmark and leave it in a library book as a surprise.
29. Say thank you for a job well done to employees of retailers and restaurants.
30. Visit <http://elmhurst.org/kindnessmonth> and explore the many organizations where you can  
**throw kindness around like confetti!**



Child's First & Last Name: \_\_\_\_\_

Child's Age: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address of a parent or guardian: \_\_\_\_\_