



Village of Arlington Heights

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Fred Vogt

Tem Williams

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Village Manager, Randy Recklaus

Health & Human Services Director, James McCalister

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Village of Arlington Heights

33 South Arlington Heights Road Arlington Heights, Illinois 60005-1499 (847) 368-5000 Website: www.vah.com

Ms. Yelena Konkina Business Operations Analyst AARP 222 N. LaSalle Drive, #710 Chicago, IL 60601

Dear Ms. Konkina,

November 22, 2017

The Village of Arlington Heights Board of Trustees pledges to demonstrate that the Village of Arlington Heights is an Age Friendly Community in current practice and to achieve the World Health Organization and AARP certification designating our community as such.

We believe this process will help us inventory where we are at presently; learn what we can do better; develop a plan to address any services or infrastructure gaps and set that plan into motion. Once having done that, we will be proud to join the ranks of those sister communities who have already achieved this designation.

To that end, the Village of Arlington Heights will follow the formula for success spelled out in your tool kit:

- We will solicit older residents' input in our research and engage them as active members of this Age Friendly Certification Task Force.
- 2. We will establish a baseline assessment of the age friendliness of our community.
- 3. We will use the above measurement to develop a Village-wide action plan.
- We will measure our progress by comparing it against the action plan through the use of previously identified indicators.

The Village of Arlington Heights Board of Trustees is committed to support the Senior Citizens Commission as they pursue this project. At the 2010 Census, more than 35 % of our residents were over age 50. We see this as an important step for our community.

The Village of Arlington Heights looks forward to working with AARP on this project.

Sincerely

Thomas W. Haye Village President

Village of Arlington Heights

Executive Summary

The population of the Village of Arlington Heights' is over 77,676 residents. Of that, 19.5% are individuals aged 65 and older (2021 CMAP Data). The Village is dedicated to addressing issues affecting the growing population of older adults. The Senior Citizens' Commission, comprised of nine residents of Arlington Heights appointed by the Village Board, is charged with investigating and collaborating with organizations and staff to explore and prepare for this future.

A Community Livability Survey was conducted in the Fall of 2019. The results provided ten priority outcomes, noting the three top areas of concern: affordable housing, increased affordable transportation options, and a central source of information.

BACKGROUND

Arlington Heights has a growing number of adults aged 65 and older population. It is currently one of Illinois's six Designated AARP Livable Communities Network members. The ever-increasing senior population in Arlington Heights mirrors demographic shifts in the larger Chicago Metropolitan Agency for Planning or CMAP region. According to population forecasts, the 65+ age group will more than double, from 917,616 in 2010 to 1,866,215 in 2050.

Age-Friendly Community Designation Process

The Arlington Heights, IL, Senior Citizens Commission (AHSCC) in 2017 acted under the direction of the Arlington Heights Village Board. They began applying for membership in the rapidly expanding AARP Network of Livable Communities (ALCN) to utilize the ALCN template to evaluate and identify where and how the Village of Arlington Heights measured up relative to the AARP Network's Eight Domains of Livability.



A subcommittee of the Senior Citizens' Commission was formed to file an application that accompanied a letter of intent signed by Mayor Hayes. The application was accepted into the AARP Livable Community Network.

By December of 2018, a Steering Committee, under Chairperson George Motto, M.D., had been established. Membership included lay volunteers, additional members of the AHSCC, the Village, representatives of the Senior Center's tenant agencies, Wheeling Township, and other local government representatives. Unfortunately, the Steering Committee was terminated after agreeing to conduct a Village wide needed community assessment survey to move forward.

In 2019, the Commission recommended conducting a Community Living survey using a template developed and approved by the American Association of Retired Persons (AARP). The survey addressed the Eight Domains of Livability, which focused on Housing, Outdoor Spaces and Buildings, Transportation and Streets, Health and Wellness, Social Participation/ Inclusion/Educational Opportunities, Volunteer/Civic Engagement, and Communication/Information. The Village Administration authorized the use of the survey.

The Senior Citizens' Commission began to assess the findings at the beginning of 2020. However, in March, the Village halted Commission meetings due to the Coronavirus pandemic. Meetings resumed virtually in August, with the Commission prioritizing needs per the 830 responses to the survey. The Senior Citizens' Commission presented the findings to the Village Board in a Committee of the Whole meeting in January 2021.

The Commission set out to create focus groups through in-person and virtual sessions titled Town Hall Talks, which addressed affordable housing, transportation options, communication resources, and civic opportunities. Each session was a blend of information and feedback from residents, which was then used to inform the Action Plan.

The Commission utilized its monthly meetings, open to the public, to create the goals, objectives, and action steps. The Village Manager, Health and Human Services Director, and residents reviewed the plan. The Commission created sub-committees to address Affordable Housing, Safe and Affordable Transportation, and Communication that meet monthly and report at the monthly commission meetings.

The Commission utilized its monthly meetings, open to the public, to create the goals, objectives, and action steps. The Village Manager, Health and Human Services Director, and residents reviewed the plan. The Commission created sub-committees to address Affordable Housing, Safe and Affordable Transportation, and Communication that meet monthly to progress the goals and action steps. The sub-committees will meet to complete each action step. When completed, the Commission will conduct the AARP Community Living survey again to evaluate progress and move to the next five-year cycle of the Livable Communities program.





COMMUNITY PROFILE

Arlington Heights was founded in the mid-1800s by Asa Dunton, a Yankee stonecutter. Asa's son William Dunton was the first homeowner of this farming community, which was originally called the "Town of Dunton." The village's name changed several times until 1874 when it officially became Arlington Heights.

The original train depot served as a catalyst for Arlington Heights' growth. The train depot was a great convenience for nearby farmers who used the railroad to transport their goods. The depot became a central gathering place for the community and prompted development of a downtown as more people settled in Arlington Heights.



http://www.idaillinois.org/digital/collection/ narlingto04/id/2227/rec/283 This is a view of the railroad station built in 1892.

Now the downtown train station is the hub of a transit-oriented, pedestrian friendly urban neighborhood where commuters working in Chicago can live a short walk from the station and near shopping, restaurants, entertainment and various parks where many events are held throughout the year. Attractions include Metropolis Performing Arts Centre located Downtown, a Japanese grocery store, quaint shops, national store chains and a healthy mix of businesses that create an exciting and diverse economy. The Arlington Park Racetrack held the Arlington Million Horserace and was once a thriving and vibrant attraction for the Village. The track made a tentative sale agreement to the Chicago Bears Football team. There is great potential in the over 300 acre site for entertainment, housing, and jobs. Arlington Heights provides a strong "sense of place" to all who live, work or visit the vibrant community.

Demographics

As of the census of 2020, there were 77.676 people, 30,672 households, and 20,518 families residing in the Village. The population density is 4,677.9 per square mile. The racial makeup of the Village is 80.6% White alone, 2.4% African American, 10.3% Asian, 3.9% two or more races, and Hispanic or Latino of any race made up 8.2% of the population.

There were 30,672 households, out of which 22.9% had children under the age of 18 living with them, 58.4% were married couples living together, 6.3% had a female household with no spouse present, and 33.3% were non-families. 29.0% of all households were made up of individuals, and 15% had someone living alone who was 65 years of age or older. The average household size was

2.42.

In the Village, the population was spread out, with 22.9% under the age of 18, 6.0% from 18 to 24, 29.8% from 25 to 44, 25.0% from 45 to 64, and 19.6% who are 65 years of age or older.

In 2020. the median income for a household in the Village was \$100,221. The per capita income for the city was \$51,340. About 4.2% of the population were below the poverty line.



SURVEY DATA

The survey was available for residents aged 45 and older to take online and on paper at various locations throughout the community and at a kiosk located inside the Senior Center between October 20 and November 24, 2019. The goal was to receive a minimum of 600 responses to be statistically valid, yet we received 880 completed surveys from residents of Arlington Heights, 45 years and older. Of the 880 complete responses, 100% of responses were online with a 2.05% return rate.

Respondent Demographics

Survey respondents ages, 30.6% were age 45 to 55; 29% aged 56 to 65; 27% aged 66 to 75; and 12.1% aged 76 and over. 72% of responses identified as married. 50% were employed full, or part-time, 44% were retired. 75% reported an income of \$75,000 or more.

Priority Outcomes

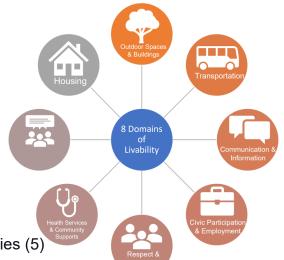
Commissioner Sue Viecelli assessed the initial survey summary and presented it to the Arlington Heights Senior Citizens' Commission in September with a list of priorities. The nine Commissioners ranked the outcomes in order of importance from the list.

- 1. Access to Safe Affordable Housing (9)
- 2. Increase Affordable Transportation Options (8)
- 3. Central Source of Community Information (8)
- 4. Increase Use of Senior Center Activities (6)
- 5. Access to Affordable Home Health Care Providers (6)
- 6. Install Audio/Visual Pedestrian Crossings (5)
- 7. Job Opportunities for Older Adults and Those with Disabilities (5)
- 8. Civic Activities that are More Affordable (4)
- 9. Create Separate Pathways for Bikes vs. Pedestrians (3)
- 10. Involving Older Adults in School Events (2)

The recommendation is to focus on the top three areas of concern:

- · Access to Safe Affordable Housing
- Increase Affordable Transportation Options
- Creation of a Central Source of Community Information

The remaining outcomes will be addressed for future action plans.



Focus Area 1: Housing

Respondents stated that it was "very important" to remain in their community for as long as possible (58%). 62% live in zip code 60004, while 38% live in zip code 60005. 65% of respondents lived in Arlington Heights for 15 years or longer and rated the Village as a good/excellent place to live as they age in the community (94%). A smaller home, cost of home maintenance, and homes that enable residents to live independently as they age were cited as significant factors in moving out of their current residence.

Community services such as affordable lawn care, home maintenance, and home modification services were rated as good to poor, as respondents expressed a need for these services. For example, the Village of Arlington Heights has a Snow Removal Referral Program connecting students with residents aged 60+ or disabled to negotiate costs and times for affordable snow removal. This summer, a lawn mowing referral program was added to the popular snow removal program linking students with older adults and persons with disabilities in Arlington Heights. The Northwest Housing Partnership also has a Handyman Program for minor repairs around the home. Increased awareness of these programs through marketing initiatives and the creation of a community resource will be beneficial for increasing satisfaction in this area.

Safe, clean, and affordable housing was also needed for the community expressed in the survey. In the fall of 2020, the Village Board approved an affordable Inclusionary Housing Ordinance. Under this ordinance, residential housing developers are required to include affordable units. The Senior Citizens' Commission will continue to work with the Village, and other entities, to ensure that afforda-



Focus Area 2: Transportation

98% of responses stated that they drove themselves, noting that they did not utilize taxi services, rideshare, or public transit. Regarding public transportation, responses were Very Good to Fair for affordable, timely, and safe for individuals with disabilities and older adults. The Village of Arlington Heights has an extensive network of transportation options for residents aged 60+ and persons with disabilities, such as the Subsidized Taxi Service, Wheeling Township and Elk Grove Township Dial-a-Ride, Wheeling Township Medical Van, Pace Paratransit, medical transportation such as the Township Riders Initiative Program, Connections to Care, and the Pace/RTA Reduced Fair/Ride Free Program. Increased awareness of these programs through marketing initiatives and a community resource directory/web page will benefit residents.



Focus Area 3: Access to Information

Respondents were asked where they would go to find information or resources for older adults for caregiving, meals, home repair, and medical transportation. 84% stated they would contact the Senior Center, 94% said family or friends, 80% would ask a health care provider, and 80% would look on the internet. Access to information at a one referral source rated between good to poor. Clear signage needs improvement, as well as information in multiple languages.

The Village of Arlington Heights, the Senior Center, and its tenant agencies and their community partners have a strong network of providers, resources, and services for individuals to age well in their communities; however, it is difficult to navigate for residents. A central source of community information accessible through the internet and connecting with the knowledgeable staff in the Senior Center will address this need.

INTRODUCTION TO THE PLAN

Mission Statement:

To provide leadership to advance an age friendly community initiative, based on the template developed by the World Health Organization and supported by AARP to further the goal of ensuring that the Village of Arlington Heights is a great place in which to grow up and grow old.

Vision:

Our Village thrives when people of all ages actively participate in community, have equitable access to opportunities and everyone is treated with respect regardless of their age or ability.

Values:



Senior Citizens' Commission

	1			
STATUS		a. Completed 5/2021 b. Completed 8/10/2021 c. Completed 8/31/2021 d. TBC 12/31/22	 a. Completed 9/1/21 b. Completed 1/1/2022 c. Completed 1/7/2022 d. Completed 2/01/2022 	a. TBC 04/01/2023 b. TBC 06/01/2023 c. TBC 9/01/2023 d. TBC 12/31/2023
ACTION STEPS		a. Set a benchmark of contacts collected in 2020/2021. b. Gather contacts. c. Send communication/information via emails, social media posts, and other communication methods to contacts informing them of Age Friendly and other info on resources at the Senior Center. d. Continue with outreach of other departments and partner agencies annually to grow list.	 a. Review current senior center marketing plan. b. Ensure that plan encompasses age-friendly as well as addresses diversity, equity and inclusion. c. Staff to review with Village's Communications department for further evaluation. d. Implement plan and review annually. 	 a. Contact local and out of state call and information centers in the area for study. b. Conduct site visits and interviews with local call centers. c. Compare costs of services, infrastructures, staffing, management, and efficacy. d. Present findings in a report to present to the Board.
OBJECTIVES		Work with Village staff to increase the community's awareness of age friendly information, resources, through increasing number of people on email list by 20%. (Carter/Viecelli, 12/31/2022)	2. Work with Senior Center staff and the Village's Communications to evaluate and update the Senior Center marketing plan to inform the community of Age-Friendly programs and services in Arlington Heights (Carter/Viecelli 02/01/2022)	3. Work with Village staff to conduct a feasibility study on a 311 (Information Call Center) to present findings to the Village Board. (Carter/Viecelli, 12/31/2023)
GOAL		I. Communication		

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Senior Citizens' Commission

STATUS	a. Ongoing b. As needed c. As needed d. Ongoing	a. Completed 05/31/2021 b. TBC 08/31/2022 c. TBC 10/31/2022
ACTION STEPS	a. Advocate for affordable housing when projects present themselves. b. Attend housing commission meetings to keep informed of upcoming projects. c. Write letter to the Village Board/Housing Commission/Planning to advocate for affordable housing projects and programs that benefit older adults. d. Advocate for affordable housing for ages 60+.	 a. Review current housing options for older adults in the community. b. Research shared housing, affordable housing, accessory unit dwellings, and programs that enable aging in community for feasibility. c. Work with Senior Center staff to create a report on findings of housing options and programs to present to the Senior Citizens' Commission, Housing Commission and Village Board.
OBJECTIVES	Work with the Village Board on the Affordable Housing Ordinance to find ways to address affordable housing for older adults. (Motto, 12/31/2021)	2. Research other affordable housing options and community resources for older adults to maintain independence in Arlington Heights (Motto, 10/31/2022)
GOAL	II. Affordable Housing	

Senior Citizens' Commission

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STATUS	Completed 08/01/2021 Completed 07/15/2021 TBC 12/01/2022	Completed 01/30/2022 Completed 05/01/2022 TBC 12/31/2023	
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ACTION STEPS	Update Transportation resources flyer and post on website/in senior center and other locations. Work with Senior Center Manager and Disability Coordinator to evaluate current public transportation routes and note any gaps in service or accessibility for older adults and individuals with disabilities. Present findings in a report to the Board.	Connect with elected officials and public transportation representatives on affordable, accessible transportation options. Work with Village staff to create forums, focus groups, and surveys for residents to communicate unmet transportation needs in their area. Present findings to the Senior Citizens Commission and report to the Village Board.	
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OBJECTIVES	 Evaluate current resources for transportation and make recommendations for future needs. (Feldman/Williams; 12/01/22) 	2. Advocate for affordable, accessible transportation options for older adults and individuals with disabilities. (Feldman/Williams 12/01/2022)	
GOAL	III. Safe and Accessible Transportation		

V

Senior Citizens' Commission

STATUS	a. Completed 01/31/2022 b. Completed 02/01/2022 c. TBC 12/31/2022
ACTION STEPS	 a. Connect with local governments, agencies, and other resources for presentations on information to live well and age well in the community. b. Schedule presentations on a quarterly basis. c. Schedule community forums on housing and aging issues.
OBJECTIVES	Create and implement opportunities for civic engagement such as classes and forums. (Motto 12/31/2022)
GOAL	IV. Increase Opportunities for civic engagement on issues relating to ageing well in community.

Action Items with Immediate Impact

Communication

Before the Age-Friendly subcommittee conducted the AARP Livable Community survey late in 2019, the visioning committee predicted the outcome to be Communication, Housing, and Transportation. Communication is one of the most immediate impacts; as the Coronavirus pandemic forced the closure of many public buildings and community supports, many were clamoring to find answers to questions such as safe shopping, personal protective wear, and later vaccinations. Although the Village of Arlington Heights has an urgent messaging system that goes to phone or text, citizens must sign up. It was not easy to get messages to older adults.

An increased effort to engage residents through social media on snow shoveling programs creates a database for email blast information. A hotline for Covid-19 details has led to targeted engagement with older adults, their families, caregivers, and neighbors. Our initial contacts began with 2,000 individuals, to now over 10,300 email contacts and a database of 5,000 patrons on a new software system acquired in 2022.

The Age-Friendly subcommittee evaluated the Village of Arlington Heights Senior Center's marketing plan. Action items included an increased social media presence, up-to-date messaging on the Village's website, outgoing phone messaging updates with dedicated phone lines for vaccinations and resources, and an updated customer management database system to connect with residents. Each of these efforts has raised visibility in the community. Unfortunately, most folks do not search for these resources until they need them. The Commission aims to provide easy access to information and create spaces and places to age well.

Housing

Safe and affordable housing for older adults has been a particular focus of the Age-Friendly Initiative. The Village of Arlington Heights approved an Inclusionary Housing Ordinance in 2020. Under this ordinance, residential developers must include affordable units in their developments. Arlington Heights is 1 of 7 Chicago suburbs with an inclusionary housing ordinance. The ordinance amends the Village's inclusionary affordable housing policies that have been in place since 2004. Additionally, the Village has Single Family Rehab Loan programs, Assist Homeownership Programs, and Federal Housing programs.

The Village has three residential complexes for low-income senior housing for 308 units. Demand for affordable units is growing, however. The Age-Friendly Action Plan dedicates advocacy to increasing the number of units specified for older adults while also advocating for ordinances on accessory dwelling units and promoting home sharing initiatives.

Transportation

From the AARP Livable Community Survey, 98% of the respondents drive a vehicle. Several transportation resources and accessibility to expressways, trains, and buses are close. Early in the Covid 19 pandemic, bus ridership went down from 219 to 32 people on the Pace 696 route. As a result, Pace decided to put the route on hiatus. However, it is the primary access for folks from north to south in the Village and access to busy retail areas. This was a vocal complaint during the focus groups. The Commission will monitor the routes and advocate for the return to the 696 route while promoting other ride services in the area.

STRENGTHS & POTENTIAL BARRIERS

STRENGTHS	WEAKNESS
 Great services in a central location in the community Free services to the community Strong Human Services. Network of Community Partners and Collaborators Nationally accredited Senior Center Vibrant downtown area Strong community pride Train, bike, and pedestrian friendly 	 Resistance to change Limited budgets Siloing of departments and community agencies Some duplication of services A large amount of non-internet users in the population Pace bus connectivity was reduced with holds on the 696 line
OPPORTUNITIES	THREATS
 High school/gerontology partnership Defining the future of senior services Attracting patrons between 55 and 68 Expanding intergenerational programs Address Aging Biases Community Outreach Expansion of services for diverse populations Community Collaborations-disability Age Friendly Initiative Collaborations with more community partners A growing aging population can increase volunteer engagement opportunities Rebranding of services to attract more citizens Wholistic coordination of services Website and call center to respond to community needs for aging services Possible NFL team to take over Racetrack property 	 Funding streams reduced. Competing with other entities for the Aging Demographic Community misunderstanding the needs of the older adult population Rise of the digital divide. Arlington Park Race Track closure

History of Age Friendly work in the Community

Age-Friendly Community Designation Process: The Arlington Heights, IL, Senior Citizens' Commission (AHSCC) in 2017 acted at the direction of the Arlington Heights Village Board to begin applying for membership in the rapidly expanding AARP Network of Livable Communities (ALCN) to utilize the ALCN template to evaluate and identify where and how the Village of Arlington Heights measured up in relative to the AARP Network's Eight Domains of Livability. The process includes assessing residents' evaluations of current programs and services available in the Village, determining current needs and gaps for future development, and creating an action plan. A subcommittee of the Senior Citizens' Commission was formed to file an application that accompanied a letter of intent signed by Mayor Hayes. The application was accepted into the AARP Livable Community Network. By December of 2018, a Steering Committee, under Chairperson George Motto, M.D. had been established which, included in its membership lay volunteers and additional members of the AHSCC and the Village and representatives of the Senior Center's tenant agencies, the private center, and Wheeling Township, and other representatives of local government. After tentatively agreeing that some form of community survey was needed, the Steering Committee was terminated. In 2019, the Commission recommended conducting a Community Living survey using a template developed and approved by the American Association of Retired Persons (AARP). The survey addressed the Eight Domains of Livability, which focused on topics: Housing, Outdoor Spaces and Buildings, Transportation and Streets, Health and Wellness, Social Participation/ Inclusion/Educational Opportunities, and Volunteer/Civic Engagement. Use of the survey was authorized by the Village Administration.

In 2020 the Senior Citizens' Commission evaluated the survey, and reported the findings to the Village Board. The Commission focused on safe and affordable housing, safe and accessible transportation, and a central source of communication for the development of an action plan. With Village staff and community partners, the Commission worked on the plan to achieve the objectives while continuing to bring awareness of the Age-Friendly Initiative to the community through Town Hall Talks. The talks brought different agencies and program providers to the Arlington Heights Senior Centers for presentations and question/answer forums for the community to learn. In turn, the community provided feedback on gaps in services and needs of older adults and disabled for future work for Age-Friendly Initiative.

Conclusion and Next Steps

The Age-Friendly Initiative completed the Marketing Plan and is currently working to outreach in different areas of the community. The Age-Friendly Initiative and aging well resources are present in places of worship, festivals, and fairs due to the group's effort. In addition, marketing materials provide QR codes to sign up for email updates from the Village regarding Age-Friendly Initiatives and programs.

The Initiative will investigate the option of a 311-call center to provide a central source of information and referral for individuals and their families to age well in the community. A feasibility study will be conducted and completed in 2023.

In addition, Age-Friendly Town Hall Talks provide monthly sessions to provide engaging, informative, and civically minded programs. Finally, the Age-Friendly Community Initiative continues to advocate for affordable housing, accessible transportation, and a central source of community information through the collaborative work of the Village of Arlington Heights Senior Citizens' Commission, Village staff, and community partners.



List of core people guiding the work

Dr. George Motto; chairperson

Karen Baker NCH

Nora Boyer

Tracey Colagrossi

Bruce Cruz

Dottie Hardy

Fred Feldman

George Weber

Cindy Gines

Karen Hansen

Maureen Seleski

James McCalister

Brian Meyer

Sharon Foss

Mary Sterrenberg



AARP – Safe Driving; Volunteer Income

Tax Return; Car Fit; Smart Tek

Arlington Heights Garden Club

Arlington Heights Memorial Library

Arlington Heights Nurses Club

Arlington Heights Park District

Arlington Heights Senior Center, INC.

Art Institute of Chicago

Attorney General

Boy Scouts of America/Eagle Scouts

Breaking Grounds in Drumming

CAPABLE

Catholic Charities Community Develop-

ment & Outreach Services

Catholic Charities Northwest Senior Ser-

vices

Cedar Village

Center of Concern

Chicago Bar Association

Church Creek

Citizens Utility Board

Community Paint-A-Thon

Eisenberg Foundation

Elk Grove Township

Escorted Transportation Northwest

(Connections to Care)

Goedke House, Housing Authority of

Cook County

Harper College Business Solutions

High School District 214

Illinois Department on Aging

John Hersey High School

Kenneth Young Center

Linden Place

Lions Club

Luther Village

Lutheran Home and Community Services

Madrigal Consulting

Metropolitan Water Reclamation District

of Greater Chicago

Metropolis School of the Performing Arts

Metropolitan Mayor's Caucus

National Academy of Elder Law Attorneys

National Council on Aging

Northwest Suburban Bar Association

Northwest Suburban Housing Partner-

Northwest Community Healthcare

Northwest Community Hospital

Northwest Compass

Palatine Township Senior Citizens

Council

Rebuilding Together

Regional Transportation Authority

Retired and Senior Volunteer Program (RSVP)

Secretary of State

Senior Health Insurance Program

State Representative Mark Walker

Township Riders Initiative Program

United States Postal Service

Village of Arlington Heights Senior

Citizens Commission

Wheeling Township



Assessment tools

AARP Community Livability Survey

The survey was available for residents aged 45 and older to take online, paper at various locations throughout the community, and at a kiosk located inside the Senior Center between October 20 and November 24, 2019. The goal was to receive a minimum of 600 responses to be statistically valid, yet we received 880 completed surveys from residents of Arlington Heights 45 years and older. Of the 880 complete responses, 100% online with a 2.05% return rate. AHSCC Age-Friendly Update 3 Respondent Demographics Survey respondents ages, 30.6% were age 45 to 55; 29% aged 56 to 65; 27% aged 66 to 75; and 12.1% aged 76 and over. 72% of responses identified as married. 50% were employed full, or part-time, 44% are retired. 75% reported an income of \$75,000 or more.

Senior Center: Space Utilization, Modernization, Program Plan Study

The Village of Arlington Heights set forth an RFP to conduct a study on the future of the Arlington Heights Senior Center. As part of the visioning process, a 28 question survey was made available for residents to provide feedback on service needs in the community. 638 responses were collected in August 2021 and were made part of the final report presented to the Village Board in July 2022.

Village of Arlington Heights Bike & Pedestrian Plan

The Village of Arlington Heights Bicycle and Pedestrian Advisory Committee in consultation with the Chicago Metropolitan Agency for Planning has written a new Bikeways and Pedestrian Plan. This Plan is a part of the Village's Comprehensive Plan, and was approved by the Village Board in September, 2017.

This <u>Bicycle and Pedestrian Plan</u> builds upon and advances successful efforts already completed or underway by the Village of Arlington Heights to cultivate a vibrant, lively downtown and safe, attractive, and livable neighborhoods where walking and bicycling are convenient ways to travel. It provides detailed recommendations for specific locations in Arlington Heights where bicycle and pedestrian infrastructure improvements are needed to achieve key, Village wide goals related to access, mobility, health, and sustainability and identifies actions that the Village can take to improve and enhance its active transportation network, create safe and enjoyable bicycle and pedestrian routes, and encourage sustainable local

transportation.

AARP Community Livability Website

https://livabilityindex.aarp.org/search/Arlington%20Heights,%20Illinois,%20United%20States

The United States Census: Arlington Heights, IL Quick Facts https://www.census.gov/quickfacts/arlingtonheightsvillageillinois

City Metropolitan Agency for Planning: Community Data Snapshot, Arlington Heights Municipality Series, 2021

https://www.cmap.illinois.gov/documents/10180/102881/Arlington+Heights.pdf

Arlington Heights Livability Index

The Village of Arlington Heights Livability Index score overall is **54**. The Livability Index measures categories Housing, Neighborhood, Transportation, Environment, Health, Engagement, and Opportunity. The American Association of Retired Persons (AARP) created the Livability Index score by measuring metric values and policy points for each of the areas to compile the overall score.

Housing

Housing is measured by metrics and policies that promote affordability, availability, and accessibility Score: 37

National Average Score: 50

On August 3, 2020, the Village Board adopted an <u>Inclusionary Housing Ordinance</u> for the Village of Arlington Heights. View more information on <u>Inclusionary Housing Guidelines</u>.

Under this ordinance, residential developers are required to include affordable units in their developments. Arlington Heights is one of 7 Chicago suburbs with an inclusionary housing ordinance. The ordinance amends the Village's inclusionary affordable housing policies that have been in place since 2004.

Housing Metrics

Zero-Step Entrances: Percentage of housing units with zero-step entrances (*higher values are better)

2022: 40.6% of units

2022 US Median Neighborhood – 50.1%

Availability of multi-family housing: Percentage of housing units that are not single-family, detached homes (*higher values are better)

2015: 38.2% of units are multi-family

2022: 37.8% of units are multi-family

2022 US Median Neighborhood: 18%

Housing Costs: Monthly housing costs: measured at the neighborhood scale (*lower values are better)

2015: \$1,630 per month

2022: \$1,726 per month

2022 US Median Neighborhood: \$1,057

Housing Cost Burden: Percentage of income devoted to monthly housing costs (*lower values are better)

2015: 26.1% of income spent on housing

2022: 22.8% of income spent on housing

2022 US Median Neighborhood: 16.3%

Availability of Subsidized Housing: Number of subsidized housing units per 10,000 people (*higher values are better)

2022: 92 Units per 10,000 people

2022 US Median Neighborhood: 0 Units per 10,000 people

State and local plans to create age-friendly communities:

Housing Policies

State and local inclusive design laws:

State and local housing trust funds:

City Policy

State manufactured housing protections:

No Policy

State foreclosure prevention and protection:

No Policy

State accessory dwelling unit support:

No Policy

City Policy

Neighborhood

Neighborhood is measured by metrics and policies focused on proximity to key destinations, safety, and supporting mixed-use development.

Score: 58 National Average Score: 50

Neighborhood Metrics

Access to grocery stores and farmers markets: Number of grocery stores and farmers' markets within a half-mile (*higher values are better)

2022: 1 stores and markets

2022 US Median Neighborhood: 0.0 stores and markets

Access to parks: Number of parks within a half-mile (*higher values are better)

2022: 0.6 parks

2022 US Median Neighborhood: 1 park

Access to libraries: Number of libraries located within a half-mile (*higher values are better)

2015: 0.1 libraries

2022: 0.1 libraries

2022 US Median Neighborhood: 0.0 libraries

Access to jobs by transit: Number of jobs accessible within a 45-minute transit commute (*higher values are better)

2022: 27,567 jobs

2022 US Median Neighborhood: 0 jobs

Access to jobs by auto: Number of jobs accessible within a 45-minute automobile commute (*higher values are better)

2022: 273,378 jobs

2022 US Median Neighborhood: 44,198 jobs

Diversity of destinations: Mix of jobs within a mile (*higher values are better)

2015: 0.87

2022: 0.8

2022 US Median Neighborhood: 0.65

Activity density: Combined number of jobs and people per square mile (*higher values are better)

2015: 7,627 jobs and people per sq. mi

2022: 7,106 jobs and people per sq. mi

2022 US Median Neighborhood: 3,056 jobs and people per sq. mi

Crime Rate: Combined violent and property crimes per 10,000 people (*lower values are better)

2022: 311 crimes per 10,000 people

2022 US Median Neighborhood: 217.4 crimes per 10,000 people

Vacancy rate: Percentage of vacant housing units (*lower values are better)

2015: 4% of units are vacant

2022: 5% of units are vacant

2022 US Median Neighborhood: 8.6% of units are vacant

Neighborhood Policies

State and local TOD programs: County Policy

State and local plans to create age-friendly communities: City Policy

Transportation

Transportation is measured by metrics and policies related to convenience, safety, and options.

Score: 59 National Average Score: 50

The World Health Organization defines accessible, affordable, and safe public transport as for people to navigate transportation systems easily and should be perceived as safe. Furthermore, services should be available for a diverse range of needs of persons with assisted devices and medical conditions or with small children. In addition, sensitivity and patience to the needs of riders on behalf of the staff and providing essential customer service for safe travel.

Arlington Heights has busy four-lane roads that run north and south (Arlington Heights Road) and east and west (Golf Road), intersecting the Village. And also Northwest Highway (US 14), Palatine Road, Dundee Road, Lake Cook Road, and Algonquin Road. In addition to the west, Illinois State Highway Route 53 provides many on and off-ramps into the Village. I-90 is the main route into Chicago and O'Hare International Airport to the southeast.

The Village of Arlington Heights Bicycle and Pedestrian Advisory Committee assisted the Village in developing comprehensive plans of bike pathways with the help of CMAP in 2017.

Pace, Metra (train station in town), cabs, Uber/Lyft, Wheeling & Elk Grove Township accessible transportation, hospital transportation, 303 Taxi, American Taxi Co, PACE ADA Paratransit Services, Call-n-Ride, PACE Suburban Bus Service (fixed routes), RTA ADA Paratransit, RTA Free Ride Program, Advantage Ambulance Medicare for non-ambulatory patients after hospital discharge or transportation to medical appointments. Connections to Care volunteer medical transportation service, First Transit (public aid recipients), Northwest Community Hospital Courtesy Van, AARP drivers safety program, and Illinois Secretary of State Rules of the Road programs.

Transportation Metrics

Frequency of local transit service: Total number of buses and trains per hour in both directions for all stops within a quarter-mile (*higher values are better)

2022: 1 buses and trains per hour

2022 US Median Neighborhood: 0 buses and trains per hour

ADA-accessible stations and vehicles: Percentage of transit stations and vehicles that are ADA-accessible (*higher values are better)

2022: 75.4% of stations and vehicles are accessible

2022 US Median Neighborhood: 82.9% of stations and vehicles are accessible

Walk trips: Estimated walk trips per household per day (*higher values are better)

2022: 0.94 trips per household per day

2022 US Median Neighborhood: 0.73 trips per household per day

Congestion: Estimated total hours that the average commuter spends in traffic each year (*lower values are better)

2022: 40.4 hours per person per year

2022 US Median Neighborhood: 25.5 hours per person per year

Household transportation costs: Estimated household transportation costs (*lower values are better)

2022: \$14,020 per year

2022 US Median Neighborhood: \$15,331 per year

Speed limits: Average speed limit (MPH) on streets and highways (*lower values are better)

2022: 28.3 miles per hour

2022 US Median Neighborhood: 28.0 miles per hour

Crash rate: Annual average number of fatal crashes per 100,000 people (*lower values are better)

2015: 3.5 fatal crashes per 100,000 people per year

2022: 2.6 fatal crashes per 100,000 people per year

2022 US Median Neighborhood: 7.7 fatal crashes per 100,000 people per year

Transportation Policies

State and local Complete Streets policies: City Policy, County Policy, State Policy

State human services transportation coordination: State Policy

State volunteer driver policies: No Policy

State and local plans to create age-friendly communities: City Policy

Wheeling Township Dial-A-Ride Provided: Arlington Heights, Mount Prospect, Prospect Heights, Buffalo Grove, Palatine, Des Plaines, Glenview, Northbrook, Rolling Meadows, & Wheeling

2019 – 2020: 20,252 rides were provided to seniors and disabled residents.

2020 - 2021: 11,177 rides were provided to seniors and disabled residents.

2021 - 2022: 15.846* rides were provided to seniors and disabled residents.

Elk Grove Township Dial-A-Ride: provided Arlington Heights residents 2019-540 rides, 2020-323 rides, and 2021-642 rides

Environment

Environment is measured by metrics and policies related to air and water quality, as well as energy efficiency, and hazard mitigation plans

Score: 46 National Average Score: 50

Environment Metrics

Drinking water quality: Percentage of the population getting water from public water systems with at least one health-based violation during the past year (*lower values are better)

2015: 2.20% of people are exposed to violations

2022: 0.00% of people are exposed to violations

2022 US Median Neighborhood: 0% of people are exposed to violations

Regional air quality: Number of days per year when regional air quality is unhealthy for sensitive populations (*lower values are better)

2015: 28.3 unhealthy air quality days per year

2022: 15.7 unhealthy air quality days per year

2022 US Median Neighborhood: 4.37 unhealthy air quality days per year

Near-roadway pollution: Percentage of the population living within 200 meters of a high-traffic road with more than 25,000 vehicles per day (*lower values are better)

2022: 22.31% of people are exposed

2022 US Median Neighborhood: 0.00% of people are exposed

Local industrial pollution: Toxicity of airborne chemicals released from nearby industrial facilities (*lower values are better)

2022: 0 RSEI Score from 0 to 9070

2022 US Median Neighborhood: 0 RSEI Score from 0 to 9070

Environment Policies

State utility disconnection policies: No Policy

Local multi-hazard mitigation plans: City Policy, County Policy

Health

Health is measured by metrics and policies that promote healthy behaviors including smoking cessation, and exercise opportunities.

Score: 73 National Average Score: 50

The World Health Organization defines Community and Healthcare as featuring a wide range of accessible and affordable health services. There is a need to have a range of services along the continuum of care (preventative, geriatric clinics, hospitals, adult daycare, respite, rehab, nursing home care, home care, palliative care, etc.) that are all accessible and affordable. Health education and the provision of evidenced-based programs offer the opportunity for residents to be self-aware and informed of their own health needs and care.

The Village of Arlington Heights is fortunate to have Northwest Community Healthcare, part of Northshore, located at the south end of town. The hospital has 509 beds, 200 private rooms, Level III NICU, Level II Trauma Center, and a dedicated pediatric emergency department. The Village's partnership with NCH includes:

- Nursing consults.
- Healthy eating classes.
- Parkinson's and diabetes support groups.
- Classes are held at the Arlington Heights Senior Center.

The Village of Arlington Heights also provides community nursing programs such as home well visits and vaccinations, low-cost blood glucose and blood pressure checks and consults. Cook County Department of Public Health also has an office for low-cost medical care on the north side. In addition, there are many community support groups through the variety of churches, townships, and volunteer programs that drive folks to and from medical appointments at low or no cost.

The Fire Department has investigated data noting that most calls were falls with older adults in homes. As a result, the Village of Arlington Heights Health and Human Services, Social Services Division is hiring a Disability and Senior Social Worker to provide evidence-based falls prevention programs in collaboration with the Fire department and Senior Center to reduce falls in homes. Pre and post data will help measure the effectiveness of this effort which will be truly exciting to see the outcome of these efforts and strengthen community awareness in this area.

Northwest Community Hospital/Northshore -health systems in the community, park district classes, Senior Center specified courses in partnership with NCH, Community nursing (NCH, Village), Parish nurses, Dental Services-low cost-Arlington Health Center. Continuing Care resources-CCNW; Support Groups: community care resources-CCNW, Acts of Kindness, Caring for our Elderly, Wheeling township,

Health Metrics

Smoking prevalence: Estimated smoking rate (*lower values are better)

2022: 12.0% of people smoke regularly

2022 US Median Neighborhood: 18% of people smoke regularly 6% less than US Median

Obesity prevalence: Estimated obesity rate (*lower values are better)

2022: 24.2% of adults are obese

2022 US Median Neighborhood: 32.2% of adults are obese

Access to exercise opportunities: Percentage of people who live within a half-mile of parks and within 1 mile of recreational facilities (*higher values are better)

2022: 99.1% of people have access

2022 US Median Neighborhood: 90.1% of people have access

Healthcare professional shortage areas: Severity of clinician shortage (*lower values are better)

2015: 0 (Index from 0 to 25)

2022: 0

2022 US Median Neighborhood: 0

Preventable hospitalization rate:

Number of hospital admissions for conditions that could be effectively treated through outpatient care per 100,000 Medicare enrollees patients (*lower values are better)

2022: 37.5 preventable hospitalizations per 100,000 patients

2022 US Median Neighborhood:

48.5 preventable hospitalizations per 100,000 patients

Patient satisfaction:

Percentage of patients who give area hospitals a rating of 9 or 10 (*higher values are better)

2015: 74% of patients are satisfied

2022: 74% of patients are satisfied

2022 US Median Neighborhood: 71.8% of patients are satisfied

Health Policies

State and local smoke-free laws: County Policy, State Policy

State and local plans to create age-friendly communities: City Policy

Engagement

Engagement is measured by metrics and policies that include voting right, human rights, and cultural engagement.

Score: 52 Average National Score: 50

Engagement Metrics

Broadband cost and speed: Percentage of residents who have access to three or more wireline Internet service providers (*higher values are better)

2022: 96% of residents have high-speed, competitively-priced service

2022 US Median Neighborhood: 93.7% of residents have high-speed, competitively-priced service

Opportunity for civic involvement: Number of civic, social, religious, political, and business organizations per 10,000 people (*higher values are better)

2022: 5.4 organizations per 10,000 people

2022 US Median Neighborhood: 1.18 organizations per 10,000 people

Voting rate: Percentage of people ages 18 years or older who voted in the last presidential election (*higher values are better)

2022: 55.6% of people voted

2022 US Median Neighborhood: 61.9% of people voted

Social involvement index: Extent to which residents belong to groups, organizations, or associations, see or hear from friends and family, do favors for neighbors, or do something positive for their community (*higher values are better)

2022: 0.97 (Index from 0 to 2.5)

2022 US Median Neighborhood: 0.96 (Index from 0 to 2.5)

Cultural, arts, and entertainment institutions: Number of performing arts companies, museums, concert venues, sports stadiums, and movie theaters per 100 people (*higher values are better)

2022: 0.1 institutions per 100 people

2022 US Median Neighborhood: 8.01 institutions per 100 people

Engagement Policies

State barriers to community broadband:

No Policy

Early, absentee, or mail-in state voting laws: State Policy

Local human rights commissions: No Policy

Municipal LGBTQ+ anti-discrimination laws: No Policy

State and local plans to create age-friendly communities: City Policy

Opportunity

Opportunity is measured by metrics and policies that capture job availability, government creditworthiness, and graduation rates.

Score: 50 National Average Score: 50

Opportunity Metrics

Income Inequality: Gini coefficient (the gap between the rich and poor) (*lower values are better)

2015: 0.5 (Index from 0 to 1)

2022: 0.51 (Index from 0 to 1)

2022 US Median Neighborhood: 0.46 (Index from 0 to 1)

Jobs per worker: Number of jobs per person in the workforce (*higher values are better)

2015: 0.77 jobs per person

2022: 0.81 jobs per person

22 US Median Neighborhood: 0.80 jobs per person

High school graduation rate: Adjusted 4-year high school cohort graduation rate (*higher values are better)

2022: 94.2% of students graduate

2022 US Median Neighborhood: 88.5% of students graduate

Age diversity: Local age diversity (*higher values are better)

2015: 0.87 (Index from 0 to 1)

2022: 0.85 (Index from 0 to 1)

2022 US Median Neighborhood: 0.85 (Index from 0 to 1)

Opportunity Policies

Local government creditworthiness:

No Policy

State and local minimum wage increase: County Policy

State expansion of the Family and Medical Leave Act: No Policy

State and local plans to create age-friendly communities: City Policy





Age Friendly Community Survey: Village of Arlington Heights, IL



We would like to find out about your community and what you'll need as you get older to make your community a great place to live. Your views are important and we would greatly appreciate your participation in this survey. All your responses will be kept entirely confidential.

This survey will take about 20 minutes to complete.

Your Home and Community

Q1. What is the name of your community? For some people, this would mean the town or village in which they live, or it could be their neighborhood. For some people, it could be their subdivision or development.

Q2. How long have you lived in your community?		
	\square_6	Less than 5 years
	□ ₅	•
	\square_4	15 years but less than 25 years
	\square_3	25 years but less than 35 years
	\square_2	
		45 years or more
Q3. How long have you lived in your current residence?		
	\square_6	Less than 5 years
	\square_5	5 years but less than 15 years
	\square_4	15 years but less than 25 years
		25 years but less than 35 years
	\square_2	•
		45 years or more
Q4. How would you rate your current community as a place for people to live as they age?		
		Excellent
		Very good
	\square_3	Good
	\square_2	Fair
	\square_1	Poor

Village of Arlington Heights Age-Friendly Action Plan

1

co	 Thinking about your future years, are you mommunity, move to a different residence within trent residence and never move? [CHECK O] 	your cur	rent commun		n your
	☐₁ Move to a different community ☐₂ Move into a different residence wit ☐₃ Stay in your current residence and i			nunity	
If	 Some people find that they need or want to r you <u>were</u> to consider moving out of your currer ajor factor, a minor factor, or not a factor at all 	nt <i>residen</i>	ce, would the	following	
a. b. c.	Wanting a smaller size home Wanting a larger size home The cost of maintaining your current	Major factor	Minor factor	0; 0;	
d.	Wanting a home that will help you live independently as you age, for example a home without stairs	□ ₃		O ₁	□ ₀
ol fo	7. Some people find that they need or want to reder. If you <u>were</u> to consider moving out of you llowing be a major factor, a minor factor, or no ove?	r current	community,	would the	
a.	Your personal safety or security concerns	Major factor	Minor factor	Not a factor	Not sure □0
b. c.	Wanting to move to an area that has better health care facilities	□ ₃			\Box_0
d. e.	Needing more access to public transportation	□ ₃			
f.	Wanting to live in an area that has a lower cost of living	\square_3	\square_2		\square_0
g.	Wanting to live in an area with better opportunities for social interaction	\square_3	\square_2		\square_0

possible?	inportant is it for you to remain in your current community for as long as
	Extremely important Very important Somewhat important Not very important Not at all important
	of the following types of homes best describes where you currently live? ONLY ONE
□ ₃ □ ₄ □ ₅ □ ₆ □ ₇	Single family house Two family house that has two separate living units Townhouse or row house Apartment Condominium or coop Mobile home Senior housing or assisted living facility Some other type of living arrangement
	ou own or rent your primary home or do you have some other type of living t like living with a family member or friend?
\square_2	Own Rent Neither own nor rent but live with adult child or others
Q11. How i	important is it for you to be able to live independently in your own home as
\square_4	Extremely important Very important Somewhat important Not very important Not at all important
them to stay	people find that they need to make modifications to their residence to enable there for as long as possible. Does your current residence need any major difications, or changes to enable you to stay there for as long as possible?
	Yes No Not sure

Village of Arlington Heights Age-Friendly Action Plan

Homes, Public Buildings, and Spaces

Q13. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

		Excellent	Very good	Good	Fair	Poor
a.	Home modification and repair contractors who are trustworthy, do quality work, and are affordable	 5	□ 4	 3		
b.	A home repair service for low-income and older adults that helps with things like roof or window repairs	□ 5	□ 4	 3		
c.	Seasonal services such as lawn work for low-income and older adults	□ ₅	□ 4	□ ₃	\square_2	
	Q14. Would you rate your community as e having the following?	excellent, ve	ery good, goo	d, fair, or p	poor on	
		Excellent	Very good	Good	Fair	Poor
a.	Sidewalks that are in good condition, safe for pedestrians, and accessible for wheelchairs or other assistive mobility	-	-	_	-	_
b.	Well-lit, accessible, safe streets and	\square_5	\square_4	\square_3	\square_2	
υ.	intersections for all users		\square_4			
c.	Audio and visual pedestrian crossings	□ ₅		□ ₃		
d.	Separate pathways for bicyclists and pedestrians	□ ₅	\square_4	□ ₃		
e.	Well-maintained streets	\square_5	\square_4	\square_3	\square_2	
f.	Easy to read traffic signs	\square_5	\square_4	\square_3	\square_2	
σ	Enforced speed limits		П.			

Q15. Would you rate your community as excellent, very good, good, fair, or poor on having the following

a. b.	Well-maintained homes and properties Affordable housing options for adults of varying income levels such as older active adult communities, assisted living and	Excellent	Very good □4	Good □3	Fair □2	Poor
	communities with shared facilities and outdoor spaces		□4			П.
c.	Homes that are built with things like a no step entrance, wider doorways, and first floor bedrooms and bathrooms	_		_	_	
d.	Well-maintained, safe low-income housing			□ ₃		
e.	Well-maintained, safe low-meonic nousing	-		□ ₃		
f.	Safe parks	-		□ ₃		
g.	Public buildings and spaces including restrooms that are accessible to people of	1 3	□4	□ 3	□ 2	
h.	different physical abilities Enough benches for resting in public areas	□ ₅	□4	 3		
	like parks, along sidewalks, and around public buildings	\square_5	\square_4	\square_3	\square_2	\square_1
i.	Conveniently located emergency care centers	□ ₅	\square_4	□ ₃	\square_2	
j.	Well-maintained hospitals and health care facilities		□ 4	\square_3		
k.	Neighborhood watch programs		\square_4	\square_3		
1.	Conveniently located public parking lots and areas to park including handicapped	-	-	-	_	
	parking	\square_5	\square_4	\square_3	\square_2	
m.	Affordable public parking	\square_5	\square_4	\square_3	\square_2	

Transportation

Q16.	How	do you	usually	get aro	und you	ır commun	ity for	things	like	shopping,	visiting
the do	ctor,	running	g errands	, or oth	er thing	gs?					

		Yes	No
a.	Walk		
b.	Drive yourself		\square_2
c.	Have others drive you		\square_2
d.	Take a taxi		\square_2
	Use a ride source company such as Uber or Lyft		
ī.	Use a special transportation service, such as one for seniors or persons with	_	_
	disabilities	\square_1	\square_2
g.	Use public transportation	\square_1	\square_2
h.	Ride a bike		\square_2
i.	Some other way		\square_2
j.	I do not get out of the house		

Q17. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

		Excellent	Very good	Good	Fair	Poor
a.	Accessible and convenient public transportation	□ ₅	\square_4	\square_3	\square_2	
b.	Affordable public transportation	□ ₅	\square_4	\square_3	\square_2	
c.	Well-maintained public transportation vehicles	□ ₅	□ 4	□ ₃		
d.	Timely public transportation	\square_5	\square_4	\square_3	\square_2	
e.	Safe public transportation stops or areas that are accessible to people of varying physical abilities	- 5	П.	П,	П	п.
c		 5	□4	_ 3	_ 2	
f.	Special transportation services for people with disabilities and older adults	□ ₅	\square_4	\square_3	\square_2	

Health and Wellness

Q18. Thinking now about health care professionals in your community, would you rate your community as excellent, very good, good, fair, or poor on having the following?

	Excellent	Very good	Good	Fair	Poor
Well-trained certified home health care providers	□ ₅	□ 4	□ ₃		
Affordable home health care providers	□ ₅	\square_4	\square_3	\square_2	
A variety of health care professionals including specialists	□ ₅	□ 4	□ ₃		
Health care professionals who speak different languages	5	□ 4	□ ₃		
Respectful and helpful hospital and clinic staff	5	□ 4	□ ₃		 1
	Affordable home health care providers A variety of health care professionals including specialists Health care professionals who speak different languages Respectful and helpful hospital and clinic	Well-trained certified home health care providers			

Q19. Thinking about health and wellness services in your community, would you rate your community as excellent, very good, good, fair, or poor on having the following?

		Excellent	Very good	Good	Fair	Poor
a.	Affordable health and wellness programs and classes in areas such as nutrition, smoking cessation, and weight control	□ 5	□4	 3	\square_2	
b.	Affordable fitness activities specifically geared towards older adults	□ ₅	\square_4	□ ₃		
c.	Conveniently located health and social services	□ ₅	□ 4	□ ₃		
d.	A service that provides people to help seniors easily find and access health and supportive services	□ ₅	□₄	3		
e.	Affordable home care services including personal care and housekeeping	□ ₅	□ 4	□ ₃		
f.	Easily understandable and helpful local hospital or clinic answering services	□ ₅	\square_4	□ ₃		

Social Participation, Inclusion and Education Opportunities

with you?	often do you have contact with family	, iriends,	, or neight	ors w	no do no	ot live
□ ₇ □ ₆ □ ₅ □ ₄ □ ₃ □ ₂ □ ₁	Everyday Several times a week, but not every Once a week Once every 2 or 3 weeks Once a month Less than monthly Never	/day				
Q21. How	often you feel the following?					
b. I feel left	mpanionshipout	Often 4 4 4	Sometime 3	es l	Rarely 2 2 2 2	Never
Q22. If you of the day of	were in trouble, do you have friends r night?	or family	who can	help y	ou at an	ny time
	Yes No					
	ou use the following sources for continuous orkshops in your community?	nuing edu	acation or	self-ir	nproven	nent
			Yes	No		
a.	Department of Parks and Recreation	ı		\square_2		
b.	Faith community			\square_2		
c.				\square_2		
d.	Community center		\square_1	\square_2		
e.	Senior center		\square_1	\square_2		
f.	Offerings through my work		\square_1	\square_2		
g.	Online programs			\square_2		
h.	Some other source			\square_2		
i.	I do NOT participate in any continu education/self-improvement classes	_	\square_1	\square_2		

Q24. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

		Excellent	Very good	Good	Fair	Poor
a.	Conveniently located entertainment venues		□ 4			
b. с.		□ ₅ □ ₅	□ ₄	□ ₃ □ ₃		
d.	Activities that are affordable to all residents	\square_5	\square_4	\square_3	\square_2	
e.	Activities that involve both younger and older people	□ ₅	□4	\square_3	\square_2	
f.	A variety of cultural activities for diverse populations	□ ₅	□4	□ ₃	\square_2	
g.	Local schools that involve older adults in events and activities	□ ₅	\square_4	□ ₃	\square_2	
h.	Continuing education classes or social clubs to pursue new interests, hobbies or passions	 5	- 4	3		<u> </u>
i.	Volunteering and Civic Engagement	□,	□4	□ ₃		O 1
	Q25. Would you rate your community as e having the following?	xcellent, ve	ry good, goo	d, fair, or p	poor on	
		Excellent	Very good	Good	Fair	Poor
a.	A range of volunteer activities to choose from	□ ₅	\square_4			
b.					2	
	Volunteer training opportunities to help people perform better in their volunteer roles	□ ₅	- 4	□ ₃		□ ₁
c.	people perform better in their volunteer roles	_		_		
c.	people perform better in their volunteer roles	□ ₅	□ ₄	□ ₃		
c. d.	people perform better in their volunteer roles	_		_		
c.	people perform better in their volunteer roles	□ ₅	□ 4	□ ₃		

Job Opportunities

a.

b.

c.

d.

Q26. Wh	ich of the following best describe	es your cur	rent employn	nent status	?	
	Self-employed, part-time →GO Self-employed, full-time →GO Employed, part-time →GO TO Employed, full-time →GO TO Unemployed, but looking for v Retired, not working at all →S Not in labor force for other rea v likely is it that you will continu	O TO Question O Question O Question Vork → GO KIP TO Q sons → SK	stion 27 n 27 n 27 o TO Question Question 28 IP TO Ques	tion 28	ner than	
choosing	to retire and no longer work for p	pay?				
□5 □4 □3 □2 □1 □0	Extremely likely Very likely Somewhat likely Not very likely Not at all likely Not sure					
	uld you rate your community as e e following?	excellent, ve	ery good, goo	od, fair, or p	poor on	
		Excellent	Very good	Good	Fair	Poor
_	lexible job opportunities for	□ ₅	\square_4	\square_3		
who want to their job or g	opportunities for older adults learn new job skills within get training in a different field	 5	- 4	 3		
	adapted to meet the needs of	L 3	□ 4	□ 3	_ 2	
Policies that continue to l	disabilities ensure older adults can have equal opportunity to work	□ ₅	□4	□ ₃	\square_2	
	s they want or need to f their age	□ 5	\square_4	□ ₃		

Community Information

Q29. Would you turn to the following resources if you, a family member or friend needed information about services for older adults such as caregiving services, home delivered meals, home repair, medical transport, or social activities?

		Yes	No	Not sure
a.	Local Senior Centers		\square_2	\square_0
b.	Local Area Agency on Aging (AAA)		\square_2	\square_0
c.	Family or friends		\square_2	
d.	Local nonprofit organizations		\square_2	
e.	AARP			
f.	Faith-based organizations like churches or			
	synagogues		\square_2	\square_0
g.	Internet		\square_2	
h.	Phone book			
i.	Your doctor or other health care			
	professional		\square_2	\square_0
j.	Local government offices like the Health			
	Department		\square_2	\square_0
k.	Library		\square_2	\square_0
1.	Some other source		\square_2	

Q30. Would you rate your community as excellent, very good, good, fair, or poor on having the following?

		Excellent	Very good	Good	Fair	Poor
a.	Access to community information in one central source	□ ₅	\square_4	\square_3		
b.	Clearly displayed printed community information with large lettering	□ 5	□ 4	\square_3		
c.	Free access to computers and the Internet in public places such as the library, senior centers or government buildings	□ ₅	□ 4	3		0 1
d.	Community information that is delivered in person to people who may have difficulty or may not be able to leave their home	 5	□ 4	 3		O 1
e.	Community information that is available in a number of different languages	 5		 3		

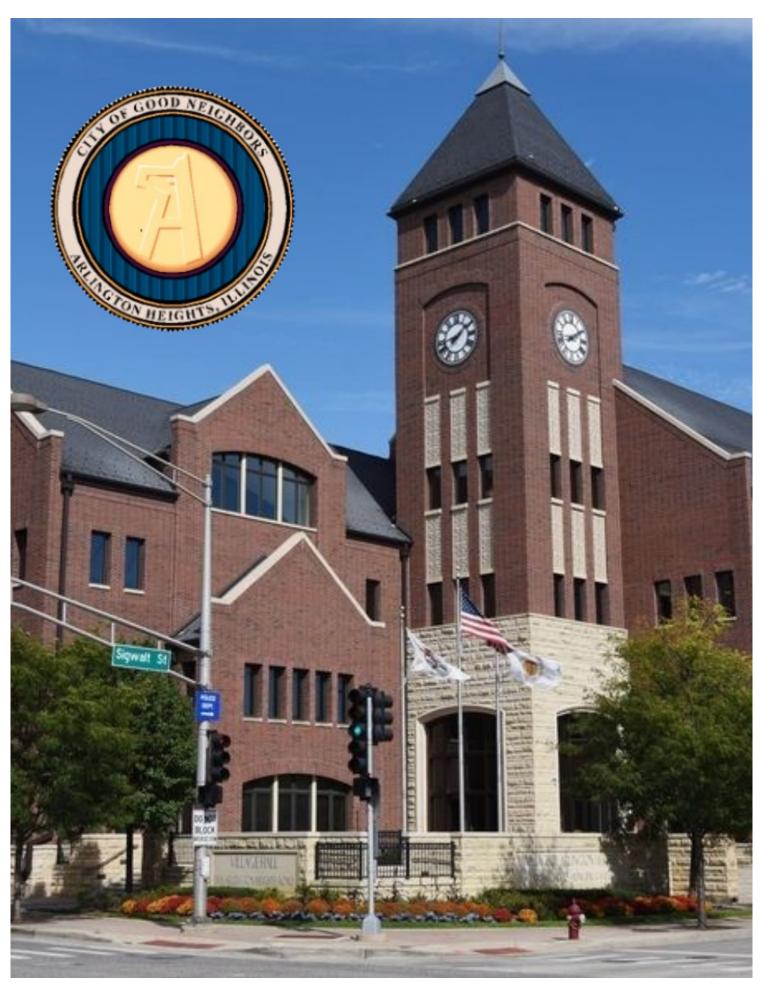
Demograph	ics		
D1. Are you	male or female?		
	Male Female		
D2. What is	your age as of your last birthday?	[AGE I	N YEARS]
D3. What is	your current marital status?		
	Married Not married, living with partner Separated Divorced Widowed Never married		
D4. Are you	or your spouse or partner currently a member	of AARI	P?
	Yes No Not sure		
D5. Besides	you, do you have any of the following people	living in	your household?
a. b. c. d. e.	Child/children under 18 Child/children 18 or older Child/children away at college Parents Other adult relative or friend 18 or older	Yes	No 2 2 2 2 2 2 2
D6. In gener	al how would you rate your health?		
□ ₅ □ ₄ □ ₃ □ ₂ □ ₁	Excellent Very good Good Fair Poor		

	disability, handicap, or chronic disease keep you or your spouse or partner icipating fully in work, school, housework, or other activities? [CHECK ONE]
_	Yes, myself Yes, my spouse or partner Yes, both me and my spouse or partner No
frail, elderly, helping with transportation	caregiver is someone who provides care for an adult loved one who is ill, or has a physical, mental, or emotional disability. This care may include personal needs like bathing or dressing, meals, household chores, shopping, n, managing medical care or finances, or even visiting regularly to see how g. This adult need not live with you.
•	ently a family caregiver providing unpaid care to an adult loved one to se care of themselves?
	Yes [SKIP TO D10] No [GO TO D9]
D9. How like	ely is it that you will provide unpaid care to an adult loved one in the future?
\square_2	Extremely likely Very likely Somewhat likely Not very likely Not at all likely
D10. What	is the highest level of education that you completed?
	K-12 th grade (no diploma) High school graduate, GED or equivalent Post-high school education/training (no degree) 2-year college degree 4-year college degree Post-graduate study (no degree) Graduate or professional degree(s)

D11.	Are y	ou of Hispanic, Spanish, or Latino origin or descent?
		Yes →GO TO Question D12 No →SKIP TO Question D13
D12.		are Hispanic or Latino, please indicate which language best represents the age you speak at home?
	\square_2	English Spanish Do not have a preference
D13.	What	is your race? [CHECK ALL THAT APPLY]
	□ ₃ □ ₄ □ ₅	Black or African American White or Caucasian Asian American Indian or Alaska Native Native Hawaiian or other Pacific Islander Other, please specify:
		ing about your state elections for Governor and Legislators in the last 10 ften would you say you vote?
	\square_4 \square_3 \square_2	Always Most of the time About half of the time Seldom Never
	Do yo hing el	ou consider yourself to be a Democrat, a Republican, an Independent, or se?
		Democrat Republican Independent Something else

	Less than \$10,000
\square_2	\$10,000 to \$19,999
\square_3	\$20,000 to \$29,999
\square_4	\$30,000 to \$49,999
	\$50,000 to \$74,999
\square_6	\$75,000 to \$99,999
\square_7	\$100,000 to \$149,999
\square_8	\$150,000 or more
	is your 5-digit zip code?

Thank you very much for completing this survey. Your assistance in providing this information is very much appreciated.



Village of Arlington Heights Age-Friendly Action Plan