

MODIFIED JUNIOR LEVEL SOCCER
5th GRADE PROGRAM
FAIRFIELD RECREATION DEPARTMENT YOUTH SOCCER

AGE	9, 10, 11 and 12 year olds
BALL	Size 4...all players should have a ball
# OF PLAYERS	9 aside game play; our format calls for one game to be played.
GAME TIME	4 ten minute quarters; Coaches can only sub at the quarters or half; every player must receive equal playing time!
OFFICIAL	Program referee facilitates the play
RULES	<ol style="list-style-type: none"> 1) White kicks off first and alternates each quarter 2) Ball returned to play by throw-ins, goal kicks and corner kicks. 3) All other FIFA rules apply 4) Player safety and happiness most important! 5) Players must receive equal playing time
TECHNICAL FOCUS	<p>Dribbling (ball control and handling) Dribbling moves Shooting and passing Emphasize ball handling and 1 v 1 skill development Let them play!</p>
TACTICAL FOCUS	<p>Continue working with pairs 1 v 1 Offense, 1 v 1 Defense 2 v 1 and 2 v 2 Offense and Defense Show players play in different parts of the field</p>
PHYSICAL FOCUS	<p>Never practice without a ball Players should practice skills on the move No standing, avoid activities with lines and standing Continue to practice and play in small groups</p>
PROGRAM PHILOSOPHY	<p>FUN! Positive corrections only; Concentrate on skills in practice and games Limit coaching to practice Continue to teach them games. <u>NO TROPHIES SHOULD BE HANDED OUT</u></p>