

MODIFIED JUNIOR LEVEL SOCCER
6th, 7th, & 8th Grade Soccer
FAIRFIELD RECREATION DEPARTMENT YOUTH SOCCER

BALL	Size 5 ball. All players should have a ball
# OF PLAYERS	11 aside game play; includes goalkeeper
GAME TIME	Two 30 minute halves. Each player must play one half!
OFFICIAL	Program referee facilitates the play.
RULES	<ol style="list-style-type: none"> 1) White kicks off first and alternates each quarter 2) Ball returned to play by throw-ins, goal kicks and corner kicks. 3) All other FIFA rules apply 4) Player safety and happiness most important! 5) Players must receive equal playing time
TECHNICAL FOCUS	<p>Dribbling (ball control and handling) Dribbling moves Shooting and passing Emphasize ball handling and 1 v 1 skill development Let them play!</p>
TACTICAL FOCUS	<p>Continue working with pairs 1 v 1 Offense, 1 v 1 Defense 2 v 1 and 2 v 2 Offense and Defense Show players play in different parts of the field</p>
PHYSICAL FOCUS	<p>Never practice without a ball Players should practice skills on the move No standing, avoid activities with lines and standing Continue to practice and play in small groups</p>
PROGRAM PHILOSOPHY	<p>FUN! Positive corrections only; Concentrate on skills in practice and games Limit coaching to practice Continue to teach them game. <u>NO TROPHIES SHOULD BE HANDED OUT</u></p>