



## Town of Fairfield: Youth Services & Mental Health Resources



### **Call 988:**

### **Suicide & Crisis Hotline**

If you are thinking about harming yourself or attempting suicide, tell someone who can help right away.

- Call 911 for all emergency services.
- Go to the nearest hospital emergency room
- Call or text 988 to connect with the 988 Suicide & Crisis Lifeline. The Lifeline provides 24-hour, confidential support to anyone in suicidal crisis or emotional distress. Support is also available via live chat, and for the deaf and hearing impaired.
- Para ayuda en español, llame al 988, 988Lifeline.org.

### **Additional Resources**

#### **State of Connecticut Departments**

- Adult Protective Svc. (888) 385-4225
- Children and Families (800) 842-2288
- Social Services (855) 626-6632
- Substance Abuse Action Line (800) 563-4086
- Veteran's Health Care (203) 932-5711
- Women Infants & Children (203) 854-7885

### **Local Hospital Resources**

- Yale New Haven Bridgeport Hospital, Psychiatry Services: 203-384-3709
- Norwalk Hospital (203) 852-2000
- Stamford Hospital (203) 276-2000

### **Center for Discovery Fairfield**

#### **Eating Disorder Treatment**

<https://centerfordiscovery.com/locations/fairfield>  
866-446-1306

### **National Domestic Violence Hotline**

<https://centerfordiscovery.com/locations/fairfield>  
866-446-1306

