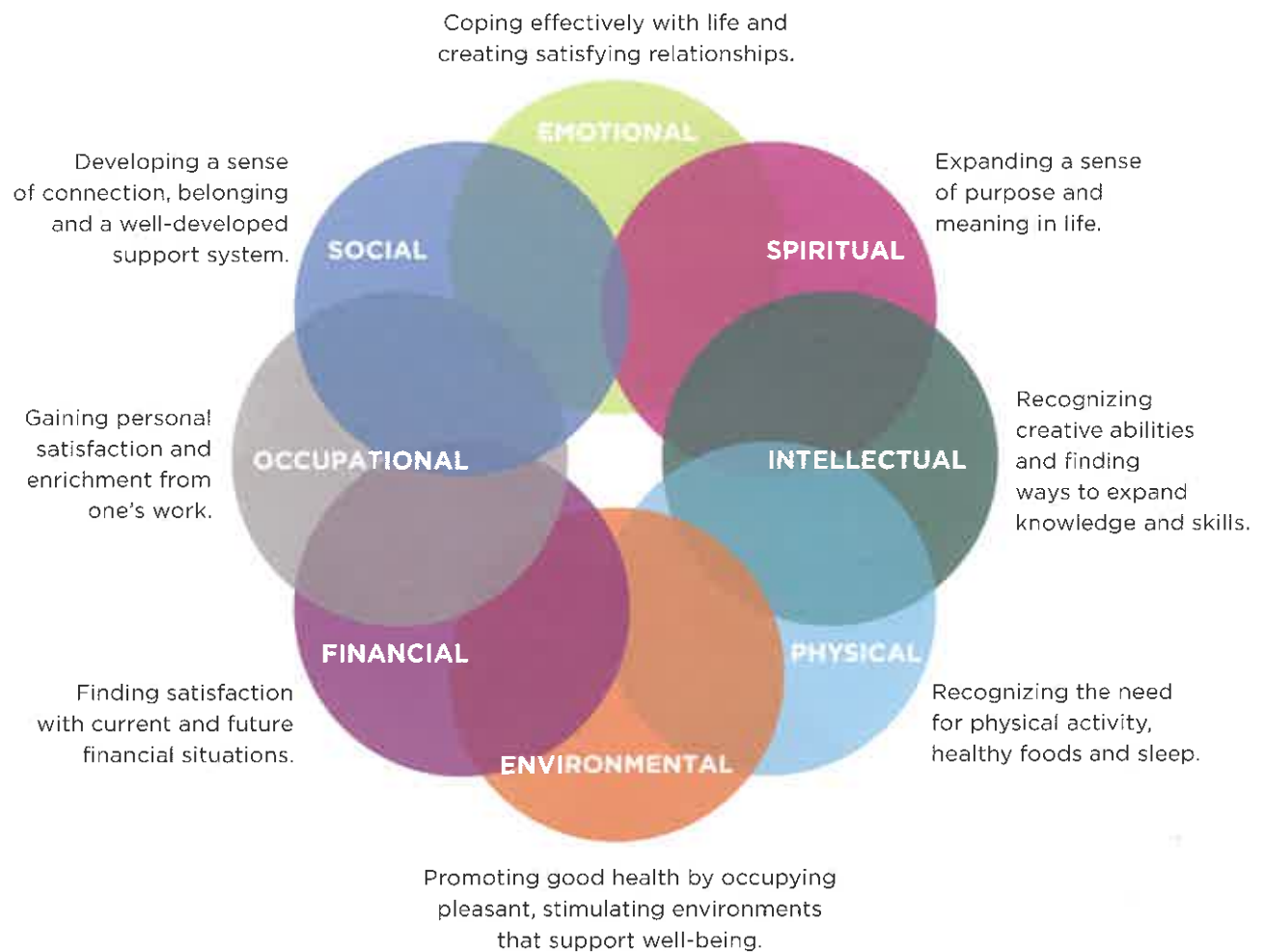


Considering the 8 dimensions of wellness, are you living the best life you can?

If not... we would like to help.

8 DIMENSIONS OF WELLNESS



Used with permission from Substance Abuse and Mental Health Services Administration website - <http://www.samhsa.gov/wellness-initiative/eight-dimensions-wellness>

For more information, please call Aurora EAP at 1-800-236-3231.