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FOR IMMEDIATE RELEASE

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ICHD Confirms First Measles Case in Ingham County

LANSING, Mich. – The Michigan Department of Health and Human Services (MDHHS) and Ingham County Health Department (ICHD) have confirmed a case of measles in Ingham County. This is the first confirmed case of measles in Ingham County since 1994.

The infected individual is a one-year-old female who recently traveled outside of the state. ICHD is still investigating to determine the location and timing of the exposure to measles.

Measles is a highly contagious, vaccine-preventable disease that spreads through direct person-to-person contact and through the air. MDHHS and ICHD strongly encourage individuals aged 1 year and older who have not received the measles, mumps, and rubella (MMR) vaccine to do so promptly to protect themselves and others.

"We are closely monitoring this case and taking it very seriously," said Dr. Nike Shoyinka, Ingham County Medical Health Officer. "Measles is highly contagious and can lead to severe complications, especially in young children, pregnant individuals, and those with weakened immune systems

Potential Exposure Sites

ICHD is working to identify and notify individuals with a confirmed exposure. Individuals who visited the following locations on the specified dates and times may have been exposed to measles:

April 4th

• Tractor Supply (W Grand River Ave, Lansing)-: 6:00pm – 8:30pm

April 5th

- Okemos Farmer's Market in Meridian Mall: 1:30pm 4:30pm
- Aldis, Okemos: 2:30pm 6:00pm

April 6th

- Towar Hart Baptist Church, East Lansing: 10:30am 2:00pm (Went to infant room during service)
- Toscana Restaurant, Lansing: 5:30pm 9:00pm

April 8th

- MSU Community Music School: 5:30pm 7:35pm (bathroom)
- University of Michigan Health- Sparrow Lansing ED: 6:00pm 10:30pm

Recommendations for Exposed Individuals

If you were potentially exposed monitor for symptoms for 21 days from the date of exposure. If symptoms develop, contact your health care provider immediately. Individuals born in or before 1957 are generally considered immune.

Measles Symptoms

Symptoms usually appear 7–14 days after exposure but may take up to 21 days. Symptoms can include:

- High fever (can exceed 104°F)
- Cough
- Runny nose
- Red, watery eyes (conjunctivitis)
- Tiny white spots inside the mouth (Koplik spots)
- Red, blotchy rash starting on the face and spreading to the body

Measles can remain in the air for up to two hours after an infected person coughs or sneezes. Awareness and timely vaccination are key to preventing further spread. If you have not received a second dose or if you are unsure of your vaccination status, we encourage you to contact your health care provider.

Vaccine Availability

The MMR vaccine is available through the Ingham County Health Department's Immunization Clinic:

ICHD Immunization Clinic

5303 S. Cedar St., Lansing, MI 48911 (Entrance #3 – 2nd Floor)

Phone: 517-887-4316

Email: Immunization@ingham.org

"The MMR vaccine is safe, effective, and remains our best defense. Two doses provide 97% protection," Dr. Shoyinka emphasized. "We strongly urge residents to check their vaccination status and contact a healthcare provider if symptoms appear."

For up-to-date public health information, follow <a>@InghamCountyHealthDepartment on Facebook.

For more information about measles, visit: Measles Updates

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