# PARKS AND RECREATION NEWSLETTER

#### SENIOR CENTER

100 3RD AVE. S.E. (253) 929-1150

#### HOURS OF OPERATION

MONDAY-FRIDAY 8:30-4:30

#### COMMUNITY CENTER

305 MILWAUKEE S.E. (253) 929-1155

#### HOURS OF OPERATION

MONDAY-FRIDAY 9:30-5:00

#### PARKS AND RECREATION STAFF:

#### Kevin Caviezel

Parks and Recreation Director kcaviezel@ci.pacific.wa.us

(253)-929-1151

#### Darcie Thach

Senior Services Lead dthach@ci.pacific.wa.us (253) 929-1153

#### Joanne Futch

Youth Services Lead jofutch@ci.pacific.wa.us (253) 929-1155

#### Angela Zold

Activities Coordinator/Bus Driver azold@ci.pacific.wa.us (253) 929-1154

#### Vicki Raefield

Facilities Maintenance

#### Mayor

Vic Kave

vkave@ci.pacific.wa.us



### June 8th 9am-3pm

One day only community yard sale happening throughout Pacific and Algona.

We do have spaces available for rental at Clint Steiger Park.

Cost of 10'x10' space is \$10.00.

There will also be concessions available with proceeds benefiting the Pacific Senior Center.

Call 253-929-1153 to register.

## City of Pacific Police Department National Night Out

August 6th 5-8pm Clint Steiger Memorial Park

Join us for Music, Bounce House, Giant Inflatable Slide, Face
Painting, Food and Fun!

Call 253-929-1130 for more information.

## **Pacific Days**

Clint Steiger Memorial Park 100 3rd Ave. SE

July 12h 4-8pm & July 13th 10am-8pm

For more info: www.pacificpartnerships.com

Follow us on Facebook Pacific Community Center"



#### SENIOR CENTER ACTIVITIES

## **Bus Trips**

We will be having daily trips at the senior center so please be sure to check the trip calendar and call the Senior Center in advance to register for any trips you would like to go on.

Contact Angela (253) 929-1154



The Senior Bus will be picking up for Family Bingo Night on Tuesday, June 18th 6-8pm. Call 253-929-1154 for a ride.

## **Birthday Party**

Friday, June 7th @ Noon

Come celebrate your Birthday with us at the Senior Center!



Tuesday, June 11th 1:30PM

Join us for prizes and fun!

FREE BLOOD
PRESSURE CHECKS
LAST TUESDAY
OF THE MONTH
AT 10:00 AM



### **Donuts and Coffee**

Monday, June 10th 10am

#### **Pet Food**

Individuals seeking support with pet food should apply for services with the King County Humane Society. Pick up an application from the Senior Center and please call (253) 929-1153 for more information.

GRAB AND GO
WEEKEND FOOD BAGS
EVERY FRIDAY AT
1:30PM



## **Meals on Wheels**

Sound Generations offers a variety of low fat, low sodium, vegetarian and meat dishes. They offer breakfast, lunch and dinner frozen meals that are microwaveable. If you are 60+ & homebound, you are eligible. Suggested donation of \$5.00 per meal. Application and list of meals are available at Senior Center.

## Minor Home Repair Help

Sound Generations provides free services to low and moderate income homeowners to help maintain their homes. This includes electrical, plumbing, accessibility and carpentry. Call (206) 448-5751 or email mhr@soundgenerations.org

#### **Mending With Pat**

If you need mending done you can call and schedule an appointment at the Senior Center.

253-929-1153



#### **Coffee Time**

8-10am Monday-Friday

## **Mahjong**



Join us for this Ultimate Tile Game on Wednesday's at 1:30pm at the Senior Center.



A hub that serves the Auburn Senior Center, Pacific Senior Center and Federal Way Senior Center in unincorporated King County.

This program provides free social services to seniors and veterans connecting them with resources in our community.

#### **Program Eligibility**

- -Seniors who are 55+
- Veterans of any age or family member
- -Reside in the hub service area (Auburn, Pacific, Algona and unincorporated Auburn/Federal Way).

Resource Navigator:

Hub Hotline: 253-470-2098

## City of Pacific



## **Summer Concerts**

Clint Steiger Memorial Park 100 3rd Ave. SE 6:30-8pm

The Community Recreation Foundation of Pacific will be selling concessions at concert nights!

There will be games such as Cornhole, Volleyball and more!

**August 8th** 

**Brickhouse** 

Disco Funk Jams of the 70's

August 22nd

Radio 80's
Music of the 80's



## **Summer Kids Entertainment**

Pacific Community Center
305 Milwaukee SE
July 23rd @ 1pm
Reptile Isle

August 6th @ 1pm

**Professor Ficklestein** 

Call (253) 929-1151 for more information



SENIOR CENTER ACTIVITIES			June 2024		
Monday	Tuesday	Wednesday	Thursday	Friday	
3 8:00 COFFEE TIME 10:00 MAHJONG 11:00 to 12:30 COMMUNITY LUNCH 1:00 GIN RUMMY	4 8:00 COFFEE TIME 9:00 PACIFIC STITCH NOON CCS LUNCH 1:00 PICKLE BALL 1:30 MOVIE NATIONAL CHEESE DAY	5 8:00 COFFEE TIME PB & J SANDWICH 9:00 DOMINOS NOON LUNCH 1:30 CRIBBAGE	6 8:00 COFFEE TIME 9:00 COLORING CROWD NOON LUNCH 1:30 CHESS COMMUNITY BUNKO 6-7 PM	7 8:00 COFFEE TIME 11:00 INSURANCE HELP NOON LUNCH BIRTHDAY PARTY FREE BLOOD PRESURE CHECKS WEEKEND FOOD	
10 8:00 COFFEE TIME 10:00 DONUTS & COFFEE 11:00 to 12:30 COMMUNITY LUNCH 1:00 GIN RUMMY	11 8:00 COFFEE TIME 9:00 PACIFIC STITCH RANDY LIVE MUSIC 11 AM TO 1 PM NOON CCS LUNCH 1:30 BINGO	12 8:00 COFFEE TIME PB & J SANDWICH 9:00 DOMINOS NOON LUNCH 1:30 CRIBBAGE	13 8:00 COFFEE TIME 9:00 COLORING CROWD NOON LUNCH 1:30 CHESS	14 TEAM DAY 8:00 COFFEE TIME DADS DAY PARTY NOON LUNCH 1:30 GRAB N GO WEEKEND FOOD	
17 8:00 COFFEE TIME 10:00 MAHJONG 11:00 to 12:30 COMMUNITY LUNCH 1:00 GIN RUMMY	18 8:00 COFFEE TIME 9:00 PACIFIC STITCH NOON CCS LUNCH 1:00 PICKLE BALL 1:30 MOVIE	Senior Center Closed for Juneteenth	8:00 COFFEE TIME 9:00 COLORING CROWD NOON LUNCH 12:30 NATIONAL ICE CREAM SODA DAY	21 TEAM DAY 8:00 COFFEE TIME 9:00 KARAOKE NOON LUNCH 1:30 GRAB N GO WEEKEND FOOD HAPPY SUMMER	
24 8:00 COFFEE TIME 10:00 MAHJONG 11:00 to 12:30 COMMUNITY LUNCH 1:00 GIN RUMMY	25 8:00 COFFEE TIME 9:00 PACIFIC STITCH NOON CCS LUNCH 1:30 MOVIE CANNING WITH DEBBIE 5:30—7:00 PACIFIC STITCH 5:30 -7:00 PM	26 8:00 COFFEE TIME PB & J SANDWICH 9:00 DOMINOS NOON LUNCH 1:30 TEA SOCIAL	8:00 COFFEE TIME 9:00 PET FOOD 9:00 COLORING CROWD NOON LUNCH 1:30 CHESS	28 TEAM DAY 8:00 COFFEE TIME NOON LUNCH 1:30 GRAB N GO WEEKEND FOOD	
JUNE IS ALZHEIMERS AWARENESS MONTH	SUMMER	Blood Works NW Blood Drive Friday June 7 Senior Center Parking Lot 9 AM	Pacific Park Board Meeting Tuesday June 18 6:30 Pacific City Hall	Community Yard Sale Saturday June 8, 2024	

SENIOR NUTRITION PROGRAM			June 2024		
Monday	Tuesday	Wednesday	Thursday	Friday	
3 FREE Community Lunch 11:00 to 12:30 Beef Barley Soup	4 Honey Dijon Chicken, Beets with Peaches National Cheese Day	5 Big Salad With Cheesy Garlic Bread	6 Turkey, Rice, Broccoli Bake With Fresh Fruit	7 Cheese Burger, Fries with Cake and Ice Cream Celebrate your Birthday	
10 FREE Community Lunch 11:00 to 12:30 Chili Dogs	11 Spaghetti with Beef, Green Beans, Garlic Bread With Pears	12 Sloppy Joes, Tatar Tots, Green Beans With a Pastry	13 Swedish Meatballs, Rice, Peas with a Cookie	14 Salisbury Steak, Potatoes, Corn with Ice Cream DADS DAY PARTY	
17 FREE Community Lunch 11:00 to 12:30 Roasted Corn and Bacon Chowder	18 Sweet and Sour Pork, Vegetables, Rice, Fortune Cooke	19 Senior Center Closed for Juneteenth	20 Meat Loaf, Cheesy Rice with Corn National Ice Cream Soda Day	21 Chicken Salad Sandwich, Chips with Fresh Fruit HAPPY SUMMER	
24 FREE Community Lunch 11:00 to 12:30 Chili Mac	25 Vegetarian Lasagna, Green Beans with Cinnamon Apples	26 Fish Sticks, French Fries with A Cookie	27 Chicken Teriyaki, Rice and Green Beans with a Pastry	28 Beef Soft Taco, Juanita Chips, Black Beans With a cookie	
		Cream Floats	LUNCHES SUBJECT TO CHANGE		

SENIOR COMMUNITY ACTIVITIES			June 2024		
Monday	Tuesday	Wednesday	Thursday	Friday	
3 9:00 Morning Walk 1:00 Alpac Library	4 9:00 Michael's/Ross* 1:00 Fred Meyer* *10% Senior Discount  FredMeyer.	5 1:00 Naches Trail Preserve No dogs please	6 8:45am Chick-fil-a bingo 1:00 Fife History Mu- seum and Cultural Center 6:00pm Community	7 1:00 Black Diamond Bakery	
10 9:00 Morning Walk 1:00 Winco WinCo FOODS	11 11:00 Randy Litch 1:30 Senior Center Bingo	12 1:00 Duwamish Gardens	13 9:00 Broadway Farmer's Market 1:30 Rainbow Bingo @Village Concepts	14 1:00 Meeker Days  Meeker Days  Meeker Days	
9:00 Morning Walk 1:00 Walmart  Walmart	18 1:00 Dollar Tree 5:15 Bingo Bus Pick up	Senior Center Closed	8:45am Chick-fil-a bingo 1:00 Trader Joe's	21 1:00 Sorci's Enoteca	
9:00 Morning Walk 1:00 Hobby Lobby	25 1:00 Amazon Fresh amazonfresh	26 1:00 Stan & Jan Cross Park	9:00 Marlene's Market 1:00 Burien Farmer's Market	28 1:00 Pac Island Grill	
	FIELD TRIP		PACIFIC	FOLLOW US ON FACEBOOK!  "Pacific Community Center"	

## **COMMUNITY CENTER ACTIVITIES**

### **Craft Night!**

Join us for Crafts every first
Friday of the month in the
Community Center East Room. Invite a
friend or neighbor to bring along. You are
welcome to bring a snack
for sharing.

June 7th 6pm Cost: \$10

## **Computer Lab**

Our computer lab is open to Youth and Teens at Pacific Community Center.

Hours: Mon.-Fri. 9:30am-1pm and 2-5pm \*Hours subject to change.



### Story Time

Join us on the First Friday each month for Story Time presented by King County Library.

June 7th 10am Community Center
East Room

#### **Youth Summer Activities**

There will be daily activities and arts/craft projects at the Community Center beginning
June 21st.

## **After School Open Gym**

The Community Center Gymnasium is open after school Monday-Friday from 2:30-5pm for basketball! Come play, make some new friends, and practice your skills.

## **Tiny Tot Program**

Join us in the gym from 9:30-11am on Monday's, Tuesday's, Thursday's and Friday's!

#### Pack the Pack

A program for children and youth facing food insecurity that provides weekend meals for FREE to those in need. Available Friday afternoons in the Gymnasium. Donations are always being accepted at the community Center.

## **Facility Rentals**

For Community Center Rentals contact:

Joanne Futch jofutch@ci.pacific.wa.us or(253) 929-1155

For Senior Center Rentals contact:

Darcie Thach dthach@ci.pacific.wa.us or (253) 929-1153

## **Family Bingo Night**

Tuesday, June 18th 6-8pm at Community Center

Come meet new friends and win prizes!

All winners will be entered into quarterly drawing.

Concessions available at 5:30pm

in East Room.

## Skyhawks Sports Camps

#### **Registration:**

www.register.skyhawks.com

Phone:

800-804-3509



sport	dates	day	time	ages	Location	Price
Soccer Camp	07/08 - 07/12	Monday - Friday	9:00 AM - 12:00 PM	4yr - 7yr	Steiger Park	\$115
Soccer Camp	07/08 - 07/12	Monday - Friday	9:00 AM - 3:00 PM	6yr - 12yr	Steiger Park	\$169
Multi-Sport (Basketball, Flag Football & Soccer)	07/22 - 07/26	Monday - Friday	9:00 AM - 3:00 PM	6yr - 12yr	Steiger Park	\$169
Mini-Hawk (Basketball, Flag Football & Soccer)	07/22 - 07/26	Monday - Friday	9:00 AM - 12:00 PM	4yr - 7yr	Steiger Park	\$115
Basketball Camp	08/12 - 08/16	Monday - Friday	9:00 AM - 3:00 PM	6yr - 12yr	Pacific Community Center	\$115
Basketball Camp	08/12 - 08/16	Monday - Friday	9:00 AM - 12:00 PM	4yr - 7yr	Pacific Community Center	\$169

## COMMUNITY CENTER ACTIVITIES

## **June 2024**

Mon	Tue	Wed	Thu	Fri
3.	4.	5.	6.	STORY 7.
9:30 -11:30 AM	9:30 -11:30 AM	9:30 -11:30 AM	9:30 -11:30 AM	TIME
TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	RIDING TOYS ZIGGLES
KIDS CHOICE DAY	LEGO BUILDING	ART'S & CRAFT'S	SCOOTER BOARDS	COMPUTER LAB OPEN
COMPUTER LAB OPEN	COMPUTER LAB OPEN	COMPUTER LAB OPEN	COMPUTER LAB OPEN	3:00 -5:00 PM
3:00 - 5:00 PM	3:00 -5:00 рм	3:00-5:00 PM	2:30 - 4:00	YOUTH OPEN GYM
YOUTH OPEN GYM	YOUTH OPEN GYM	YOUTH OPEN GYM	YOUTH OPEN GYM	CRAFT NIGHT
10.	11.	12.	13.	14.
9:30 -11:30 AM	9:30 -11:30 AM	9:30 -11:30 AM	9:30 -11:30 AM	9:30 -11:30 AM
TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME
KIDS CHOICE DAY	LEGO BUILDING	ART'S & CRAFT'S	SCOOTER BOARDS	RIDING TOYS ZIGGLES
COMPUTER LAB OPEN	COMPUTER LAB OPEN	COMPUTER LAB OPEN	COMPUTER LAB OPEN	COMPUTER LAB OPEN
3:00 - 5:00 PM	3:00 -5:00 PM	3:00-5:00 рм	2:30 - 4:00	3:00 -5:00 PM
YOUTH OPEN GYM	YOUTH OPEN GYM	YOUTH OPEN GYM	YOUTH OPEN GYM	YOUTH OPEN GYM
17.	18	19.	20.	21.
9:30 -11:30 AM	TINY TOT'S PLAY TIME	COMMUNITY	9:30 -11:30 AM	9:30 -11:30 AM
TINY TOT'S PLAY TIME	LEGO BUILDING	CENTER CLOSED	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME
KIDS CHOICE DAY	COMPUTER LAB OPEN	CLIVILII CLOOLD	SCOOTER BOARDS	RIDING TOYS ZIGGLES
COMPUTER LAB OPEN	3:00 -5:00 рм		COMPUTER LAB OPEN	COMPUTER LAB OPEN
3:00 - 5:00 РМ	YOUTH OPEN GYM		2:30 - 4:00	3:00 -5:00 PM
YOUTH OPEN GYM	B I N G D		YOUTH OPEN GYM	YOUTH OPEN GYM
24.	17 12 13 44 47 18 18 18 18 18 18 18 18 18 18 18 18 18	26.	27.	28.
9:30 -11:30 AM	9:30 -11:30 AM	9:30 -11:30 AM	9:30 -11:30 AM	9:30 -11:30 AM
TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME	TINY TOT'S PLAY TIME
KIDS CHOICE DAY	LEGO BUILDING	ART'S & CRAFTS	SCOOTER BOARDS	RIDING TOYS ZIGGLES
COMPUTER LAB OPEN	COMPUTER LAB OPEN	LUNCHES SERVED	LUNCHES SERVED	LUNCHES SERVED
3:00 - 5:00 PM	3:00 -5:00 PM	COMPUTER LAB OPEN	COMPUTER LAB OPEN	COMPUTER LAB OPEN
YOUTH OPEN GYM	YOUTH OPEN GYM	3:00-5:00 рм	2:30 - 4:00	3:00 -5:00 PM
		YOUTH OPEN GYM	YOUTH OPEN GYM	YOUTH OPEN GYM
FREE SUMMER	JUNE CRAFT NIGHT	JULY 23RD 1:00 PM	JULY CRAFT NIGHT	
LUNCH PROGRAM	COST \$10.00			CONGRATULATIONS
MONDAY - FRIDAY			1 16 4	CLASS 2024
SERVED DAILY		TO A DOOR WAY		FREE POPCORN FRIDAY
@ NOON	Trans 7.47			
FOR STUDENTS 1-18	Abigali Vinh Beginnie	W Marin St		
MEALS PROVIDED BY	DAD IS THE PIECE THAT HOURS US TOGETHER	OF THE PERSON		
A.S.D.	STATE OF THE REAL PROPERTY.	ALLIE BE	11111	