



HOURS 9:00A.M. - 5:00 P.M.

#### **Closed for the following Holidays**

Year's Eve , New Year's Day, Dr. Martin Luther King Day, President's Day, Good Friday, Memorial Day, Independence Day, Labor Day, Veteran's Day, Thanksgiving Day, Day After Thanksgiving, Christmas Eve and Christmas Day

# Robert W. Bowens Senior Center



52 Bagley Street Pontiac, MI 48342 Phone 248-758-3240



Tim Greimel Mayor City of Pontiac

The Robert W. Bowens Senior Center promotes healthy aging through educational, recreational and social programs.

# 50<sup>PLUS</sup> Eitness

#### **Exercise Classes**

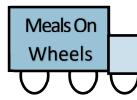
Monday, Wednesday, Friday 10:30am-12:30pm Come exercise in a fun and friendly environment. All fitness levels welcome. Registration is required.

# Drop in Social Activities

#### **Golden Opportunity Club**

Non-profit Club for Seniors 50 & over

Tuesday 10 A.M. - Noon



**Meals on Wheels** Tuesday Noon-1:00 P.M.





Monday– Friday

9:00-5:00 P.M.

Monday– Friday 9:00-5:00 P.M.

Billards (Pool) Monday– Friday 9:00-5:00 P.M.

Puzzles Monday– Friday 9:00-5:00 P.M.

## Computers



Monday & Tuesday by appointments 11:30 A.M. - 1:00 P.M. Movies 1st & 3rd Thursdays 1:00 P.M.

Access to computers is also available Monday - Friday 9:00 A.M. - 5:00 P.M.

### Classes and activities to be offered in the future...

Jewelry Making Sewing Crocheting Painting Ceramics Drama Nutrition Wellness **Travel Opportunities** 

Cards

Dominos