

Lunch is provided daily, Monday – Friday
12p – 1p \$2.50 donation

- Meals on Wheels staff serves lunch on Monday and Thursday

Seasonal hours

Monday 9a – 8p
Tuesday 9a – 5p
Wednesday 9a- 8p
Thursday 9a - 9p
Friday 9a – 5p

Closed for the following Holidays

Year's Eve
New Year's Day
Dr. Martin Luther King Jr. Day
Veteran's Day
President's Day
Good Friday
Memorial Day
Juneteenth Day
Independence Day
Labor Day
Thanksgiving Day and the day after
Christmas Eve and Christmas Day



Sprout – Thursday 12:30 – 1:30
Fresh fruits and vegetables

Ruth Peterson

Volunteered from 1945 through 1996

Founder and director of FISH services for the needy

Spearhead publication of an updated directory of Oakland County Nursing Homes

Organizer, a catalyst for community problem-solving

She might not have had the answer herself but she always knew someone who did

Committed to serving others

Beautiful smile and was always fun

Volunteered at the Pontiac YMCA, Foreign Exchange Student program, Pontiac's two hospitals

Founding member of Kirk in the Hills Church where she served on the board

Coordinated deacons for more than 40 years

Helped found the Pontiac base Furniture Bank of Southeast Michigan

Girl Scout leader, board member of the University of Illinois, facility club and in charge of wives' club

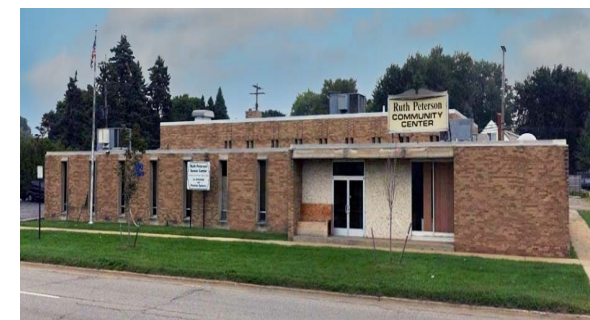


"It's amazing how much you can get done if you don't need credit"

Ruth Peterson Senior Center

One of two senior centers operated by the City of Pontiac.

The Ruth Peterson Senior Center is committed to serving all seniors age 55+ of the community, by offering daily activities, various educational presentations and programs. Helping to keep seniors active and engaged. No membership, no fee requirement.



990 Joslyn Ave
Pontiac, MI 48341



Mayor Tim Greimel
Deputy Mayor Khalfani Stephens

248-758-3277



Senior Day at the Detroit Zoo

Provides daily activities like arts and crafts, projects, health and educational seminars, dance, bingo, field trips, dominoes, pool, cards and other activities that are rewarding and beneficial to seniors

Arts and Crafts

- Quilting 1st and 3rd Tuesday 10a – 11a
- Art and crafts 2nd and 3rd Thursday 10a – 11:30a

Fitness Classes

- Step Aerobics – Monday 6p – 8p
- Low impact exercise MWF 10a- 11a

Dances Classes

- Ballroom – Thursday 5p – 7p
- Chicago Step- Thursday 7p – 9p
- Line dance- Wednesday 5p -6:30p

Bingo

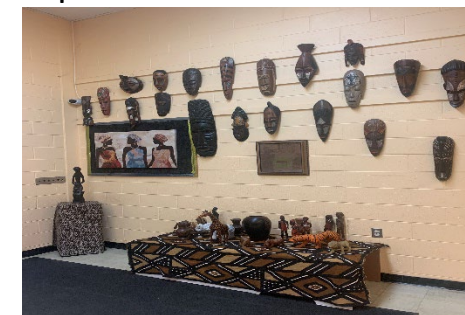
- Monthly Bingo
 - Gifts are provided
- Weekly Bingo with La Amistad
 - Nickels up (must have nickels)

Friday Night Out

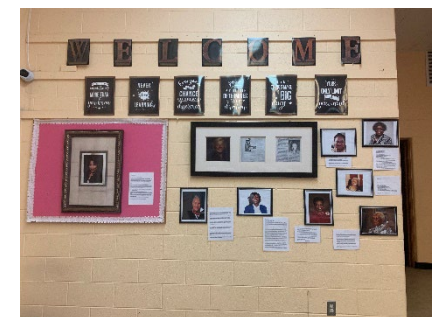
- 6p – 10p (Bring a dish to share)



Senior Friendship Day - Aretha Franklin Amphitheater



Black History Celebration



Community acknowledgement



Hispanic Week Celebration

Home of the La Amistad