

What is the Oswego County Office for the Aging?

The Office for the Aging (OFA) is a department of Oswego County Government. For over 40 years the OFA has worked to help maintain the quality of life and independence of the county's senior citizen population.

What can the Office for the Aging do for you?

The OFA helps seniors through directly provided services such as case management, insurance counseling, (HEAP) Home Energy Assistance Program, outreach and many other programs. Services contracted to other agencies and funded through OFA include: senior nutrition service, transportation, legal services, telephone reassurance, health promotion/disease prevention, personal care and housekeeper chore aides, and much more.

*Programs are made possible through funds from the NY State Office for the Aging, NY Connects, Administration for Community Living, and the generous support of the Oswego County Legislature. Contributions are gratefully accepted and used to expand programs and services. **No Person will be denied service if they are unable or unwilling to contribute.** All contributions are confidential.*

**Participants who self-disclose income at or above 185% of Federal Poverty Line (FPL), a suggested contribution is equal to the actual cost of the service.*

**OFFICE FOR THE AGING
70 BUNNER ST
OSWEGO, NEW YORK
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PHONE (315)349-3484
FAX (315)349-8413**



**Find us on Facebook:
Oswego County Office for the Aging**

Web address: oswegocounty.com/ofa

Language Interpretation Services are Available!

Office for the Aging Rev.8.19




Oswego County Office for the Aging

Your Advocate.....
Because We Care!



Monday - Friday
8:30 A.M. to 4:00 P.M.
(315)349-3484 or
1-800-596-3200 ext 3484





A Comprehensive Array of Community Support Services.

County residents 60 years of age and over, their families, and others concerned about older friends and neighbors are urged to reach out to the Office for the Aging for information, advice, and expert hands-on assistance with the demands and activities of an older person's daily life at home and in the community. **Call the Office for the Aging** or stop by.

Information and Assistance with Rights and Benefits

Professional Staff can help with:

- Medicare, Medicaid, Medicare Savings Program, EPIC and other health or income related entitlements,
- Property tax rebate (IT-214), STAR, and property exemption.
- Health Insurance Options,
- Resources and information about Nursing homes, Adult homes, Assisted Living and other facilities,
- HEAP (Home Energy Assistance Program)
- Telephone Discount (Lifeline).

Home Based Services

Case Managers are available to conduct home visits to assess and refer (when appropriate), and devise appropriate care plans for persons in need of:

- Home delivered meals and nutritional counseling.
- Personal care and housekeeping assistance.
- Personal Emergency Response Systems.
- Referrals for transportation to doctors and priority shopping (groceries), where available.
- Guidance, support and respite for caregivers and families.
- Access to information about elder abuse.
- Access or referral to community resources and entitlements.
- Client advocacy.
- Social Adult Day Care
- Consumer Directed In-Home Services

Health Awareness and Promotion

The Office for the Aging helps senior citizens promote their well being with the following programs.

- Health Promotion/Disease Prevention.
- Information/help with Alzheimer's Disease.
- Nutritious hot lunch meals at conveniently located dining centers. To make a reservation, you may call the service provider, Oswego County Opportunities at 315-598-4712.

"The Caregivers Corner"

Books and videos are available on loan. Caregivers are welcome to come into the corner and sit & browse.

Note that all information gathered by the Office for the Aging is confidential and can be shared with others **only as approved by the senior resident or their caregiver** in order to plan and deliver assistance.

Call (315) 349-3484
or 1-800-596-3200 ext 3484