

About Oswego County Workforce NY Career Center

We help community members access the tools needed to manage their careers through information and high-quality services. Job seekers can assess their current skill levels, get help with their resumes, and get job referrals. Individuals already employed can use our services to advance their careers or change jobs. Services are also offered to help employers find skilled workers.

What We Do:

We coordinate, facilitate, and promote customer satisfaction and quality in the workforce development system in Oswego County.

Get in Touch

Visit our office at:

**200 North Second Street
Fulton, New York 13069**

Call: 315-591-9000

Email: ocwny@oswegocounty.com

Fax: 315-591-9047

TTY: 315-591-9247

Hours of Operation: M-F 8:30-4:30

Visit our website: www.ocwny.org

Follow Us

Facebook:

Oswego County Workforce New York

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Ocwny13069



On-Line Learning System

An internet-based distance learning system, offering job seekers the opportunity for self-paced learning. Gain valuable skills and earn certificates!

Flexible, Convenient and Free!



Oswego County Workforce NY is an equal opportunity employer/program. Auxiliary aids are available upon request to individuals with disabilities.
TTY (315) 591-9247

Why Metrix?

- Flexible - work at your own skill level and learning pace.
- Convenient - accessible 24/7 from any site with a high-speed internet.
- Free - no tuition or travel expenses
- Many courses are even “mobile ready” for your phone or tablet.

What You Need

- Basic computer skills
- Access to high speed internet
- Microsoft Edge, Google Chrome on a PC or Safari on a Mac
- Java (and the ability to allow “pop-ups”)

Get Started

- Contact us to sign up and schedule an orientation
- Attend a 1-hour orientation and receive your login information
- 180-day membership to complete as many courses as you would like.



✓ Skill Soft License – Over 9,000 General Topics

| | |
|----------------------|--------------------------|
| Access | Material Safety/Handling |
| Accounting | Microsoft Excel |
| Communication Skills | Microsoft Office |
| Computer Software | Microsoft PowerPoint |
| Conflict Management | Microsoft Word |
| Customer Service | Project Management |
| Employee Relations | QuickBooks |
| Financial | Sales |
| Human Resources | The Basics of Budgeting |
| Information Security | <i>And Much More!</i> |

✓ MedVideos – Over 200 Medical Related Videos

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|--|--|
| Blood Transfusion: Clinical Nursing Skills | EMT- How I got My Job and Where I’m Going |
| Clinical Nursing Skills- Introduction | Hand Hygiene |
| Do You Think Medical Coding Could /be Your Career? Watch This First! | Vital Signs: Temperature, Pulse, Respirations & Blood Pressure |
| | <i>And Much More!</i> |

✓ Prove it License – Over 900 Skill Assessments

| | |
|-----------------|-----------------------|
| Accounting | Human Resources |
| Auto CAD | HVAC |
| Call Center | Medical Technology |
| Food Production | Mechanical Reasoning |
| HTML & Java | <i>And Much More!</i> |



✓ TPC License – Over 900 Manufacturing & Production Courses

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|-----------------------------------|----------------------------|
| Basic Electricity and Electronics | Electrical Troubleshooting |
| Basic Hydraulics | Force and Motion |
| Basic Mechanics | Hand Tools |
| Basic Pneumatics | Making Measurements |
| Bearings | Packaging Machinery |
| Compressors | Reading Blueprints |
| Electrical Safety and Protection | <i>And Much More!</i> |