



An online learning system where you can work at your own pace, gain valuable skills, and earn certificates!

Flexible, Convenient, and Free!*

Do you lack a particular set of skills required for a job opportunity?

Are you interested in learning new skills but don't want to spend the time or money involved in traditional school?

Why Metrix?

- *Flexible* - work at your own skill level and learning pace
- *Convenient* - accessible 24/7 from any site with a high-speed internet
- *Free* - no tuition or travel expenses
- Some courses are even “mobile ready” for your phone or tablet

What You Need

- Basic computer skills
- Access to high speed internet
- Microsoft Edge or Google Chrome on a PC
- Safari on a Mac
- Java (allow pop-ups)

Get Started

- Contact us to sign up and schedule an orientation
- Attend a 1-hour orientation and receive your login information
- 180-day membership to complete as many courses as you would like



*Free for OCWNY customers earning less than \$28 per hour.

Courses Available

Prove-It License – Over 900 skills assessments

TPC License – Over 700 manufacturing/production courses

Skills Soft License – Over 9,000 general topics

MedVideos – Over 200 Medical Videos

For more information:

(315) 591-9000

ocwny@oswegocounty.com

TTY (315) 591-9247

Oswego County Workforce NY is an equal opportunity employer/program. Auxiliary aids are available upon request to individuals with disabilities.