

Defend Yourself Against Mosquitoes

Practice the **4 D's**

Drain or Dump standing water around the house. Mosquitoes can't start their life without water.

Dusk or Dawn are when mosquitoes are most active. Avoid being outdoors when mosquitoes are present.

Dress in long sleeves and pants during dawn and dusk or in areas where mosquitoes are active.

Defend yourself against mosquitoes using repellents containing DEET, Picaridin, or Oil of Lemon Eucalyptus.

Shasta Mosquito & Vector Control District

Call or visit the District website to:

- Report a neglected pool
- Obtain mosquito fish
- Report a dead bird
- Request service



19200 Latona Road
Anderson, CA 96007
Phone: (530) 365-3768
Fax: (530) 365-0305
www.shastamosquito.org
contact@shastamosquito.org



What You CAN Do



A small amount of water can produce hundreds of mosquitoes. Neglected swimming pools and spas can produce more than a million mosquitoes and may affect people as far away as five miles.

Facts About Mosquitoes

- ✂ All mosquitoes must have standing water in which to complete their life cycle.
- ✂ During warm weather the mosquito may only need 7 days or less to become an adult.
- ✂ Mosquitoes never develop on grass or shrubbery; although the flying adults frequently rest there during daylight hours.
- ✂ Both sexes feed on plant juices, but only the female feeds on blood.

Where to Look & What to Do



Ornamental Ponds and Water Features: It is important to keep your pond clean and stocked with mosquitofish.

Wading Pools: Change the water every week. Store indoors or upside down when not in use.



Animal Water Troughs: Stock large troughs with mosquito-eating fish and clean small troughs every week. Don't forget an unused dog bowl could be a perfect spot for mosquitoes to breed.

Old Tires: Properly dispose of old tires. Drill drainage holes in tires used for tree swings and other recycling uses.



Gutters: Check and clean out gutters that collect plant debris and trap water.

Tree Holes: Examine trees on property for holes, cavities or crotches which can hold water. Fill in holes with dirt, sand or expandable spray foam.



The treehole mosquito (*Aedes sierrensis*), in the immature stages, are frequently found in water contained in rot-holes of trees. This mosquito is known to transmit dog heartworm in California.



Neglected Swimming Pools: Report pools to the Shasta Mosquito & Vector Control District for treatment. Mosquitoes that carry West Nile virus commonly lay eggs in neglected pools. A single neglected pool can produce millions of potentially West Nile virus infected mosquitoes.