Your Community Hub for Recreation!

2024 Summer Program Guide
FROM US: The Parks and Community Events Department strives to offer the absolute best summer experience to our residents and summer visitors. It is our goal to provide and promote community health and well-being through fun and positive recreational experiences.

SUMMER CAMP POLICIES:
Registration: Registration is accepted on a first come, first served basis until the program is filled, or until the program deadline date, whichever comes first. Online registration is taken at https://stgeorgerecreation.activityreg.com

Waitlist: There is no fee to be placed on a camp waitlist. If a spot becomes available in the desired program, the participant’s parent/guardian will be notified.

Transfers: A transfer from one camp to another camp is contingent upon availability of spots within the desired program. All registration fee differences must be paid in full prior to the start of the transfer camp. If the new program registration fee is less than the original, a credit will be issued.

Program Cancellation & Refund Policy: The department will issue a full refund if the department cancels a program. Cancellations for a program must be requested a minimum of 2 weeks in advance from the respective camp week start date to receive a 100% refund; credits may be issued but subject to Division Program Supervisor. No refunds or credits will be issued once or after the respective camp has begun.

Prices subject to change July 1, 2024.
Sand Hollow Aquatic Center

Competition/diving pool and leisure pool with zero depth entry area, interactive children’s water toys, water walk and water slide.

Hours:

- **Lap Swim**
  - M-F: 5:30am-9pm
  - Sat: 8am-6pm

- **Open Swim**
  - M-Th: 1-5pm, 6:30-9pm
  - Fri: 1-9pm
  - Sat: 12-6pm

1144 N Lava Flow Drive
627.4585

St. George Rec Center

Weight & Cardio Equipment/Classes
- Basketball
- Racquetball
- Lawnbowling
- Youth & Adult Programs

Hours:

- M-F: 5:30am-9pm
- Sat: 8am-6pm

285 S 400 E
627.4560

*Prices subject to change July 1, 2024*
Looking for something to do with your Friday nights? St. George Town Square becomes an outdoor movie theatre on the 2nd and 4th Friday of each month. Classic movies for adults and children will be shown on the big screen under the stars. Bring your blankets, lawn chairs and goodies to enjoy the evening and movie as it begins at dusk.

**MAY**
05.24 **Shrek**  
PG 91 min.  
Est. start time: 8:46 p.m.

**JUNE**  
06.14 **The FlyBoys (2008)**  
(Sponsored by Washington County)  
PG-13 108 min.  
Est. start time: 8:54 p.m.

06.28 **Elemental**  
PG 101 min.  
Est. start time: 8:58 p.m.

**JULY**  
07.12 **Jumanji (1995)**  
PG 104 min.  
Est. start time: 8:57 p.m.

07.26 **How to Train a Dragon 3**  
PG 104 min.  
Est. start time: 8:49 p.m.

**AUGUST**  
08.09 **Moana**  
PG 107 min.  
Est. start time: 8:29 p.m.

08.23 **Wonka**  
PG 117 min.  
Est. start time: 8:11 p.m.

FOR INFO VISIT  
St.George
CPR and First Aid Certification Class
Date: May 15, June 19, July 17 or August 21
Time: 5:30-8:00 pm
Fee: $45/Resident; $50/Non-Resident
Location: St. George Recreation Center
Description: This course is an online/in-person class. The online portion will be emailed to participants the Friday before the class is scheduled, and needs to be completed on your own time prior to the in-person session. Participants will practice first aid and CPR hands-on. Certification title: Adult and Pediatric First Aid/CPR/AED

Youth Water Sport Summer Series
Date:
Session 1: May 28-30 (**3 days)  
Session 2: June 3-6  
Session 3: June 10-13  
Session 4: June 17-20  
Session 5: June 24-27  
Session 6: July 8-11  
Session 7: July 15-18  
Session 8: July 22-25  
Session 9: July 29-August 1  
Time: 1:00-4:00 pm  
Fee: $70/Resident; $75/Non-Resident  
Age: 10 years & older  
Location: St. George Recreation Center  
Description: This program offers participants an opportunity to learn the fundamentals of kayaking, canoeing, skimboarding, and paddleboarding. Throughout the week, participants will venture to different locations, discovering various bodies of water while engaging in group activities and play. All necessary equipment will be provided for the sessions.

American Red Cross
Lifeguard Certification Class
Date:
Session 1: June 3-7; Session 2: June 17-21  
Session 3: July 8-12; Session 4: July 22-26  
Time: 8:00 am-12:00 pm  
Fee: $150/Resident; $170/Non-Resident  
Location: St. George City Pool  
Description: Earn your lifeguard certification from the American Red Cross. Our lifeguard certification courses are designed to ensure that you are properly trained and prepared in the event of a water emergency. All classes must be attended. Please call 435-627-4585 for more information

Sand Hollow Aquatic Center’s SUMMER Learn to Swim Program
Date:
Session 1: June 3-13  
Session 2: June 17-27  
Session 3: July 8-18  
Session 4: July 22-Aug 1  
Time: 9:15 am, 10:00 am, 10:45 am, 11:30 am, 5:05 pm and 5:50 pm  
Fee: $40/Resident; $45/Non-Resident  
Location: Sand Hollow Aquatic Center  
Description: Classes are designed to teach progressive techniques to the Beginner through the Advanced swimmer. It is our goal to advance students through the lesson sequence at a reasonable pace while maintaining a high standard of instruction. It is not uncommon for a child to repeat a particular level. The Learn to Swim Program follows American Red Cross program guidelines.

STG Aquatics
Learn to Swim Program
Date:
Session 1: June 3-13  
Session 2: June 17-27  
Session 3: July 8-18  
Session 4: July 22-Aug 1  
Time: 10:30 am, 11:15 am and Noon  
Fee: $40/Resident; $45/Non-Resident  
Location: St. George City Pool  
Description: Classes are designed to teach progressive techniques to the Beginner through the Advanced swimmer. It is our goal to advance students through the lesson sequence at a reasonable pace while maintaining a high standard of instruction. It is not uncommon for a child to repeat a particular level. The Learn to Swim Program follows American Red Cross program guidelines.

Junior Lifeguarding Camp
Date:
Session 1: June 3-20  
Session 2: June 24-July 11  
Session 3: July 15-Aug 1  
Time: 10:00 am-12:45 pm  
Age: 11-14 years  
Fee: $100/Resident; $110/Non-Resident  
Location: St. George City Pool  
Description: Learn the importance of water safety, along with the duties and responsibilities of being a certified lifeguard. Each participant will gain a solid foundation of knowledge and skills to prepare them for future lifeguarding certification. Sessions run Monday thru Thursday for 3 weeks. No class on July 4th. Class will be rescheduled for another day to be determined.

Youth Water Sport Summer Series (Ages 7-9)
Date:
Session 1: June 24-27  
Session 2: July 15-18  
Time: 1:30-4:30 pm  
Fee: $70/Resident; $75/Non-Resident  
Age: 7-9 years  
Location: St. George Recreation Center  
Description: This program offers participants an opportunity to learn the fundamentals of kayaking, canoeing, skimboarding, and paddleboarding. Throughout the week, participants will venture to different locations, discovering various bodies of water while engaging in group activities and play. All necessary equipment will be provided for the sessions.

*Prices subject to change July 1, 2024
ART CAMPS

smART Saturday - Art Class for Kids
Date: May 11, June 8, July 13, August 10
Time: 10:00-11:00 am or 11:30 am-12:30 pm
Fee: $15/child/resident; $20/child/non-resident
Age: 6-12 years
Location: St. George Art Museum
Description: This class is designed for preschoolers and a parent/guardian to experience together. Youth will play with many different types of clay and create a pinch, coil, slab pots and an animal. Class fee includes all supplies.

Clay Hand Building
Date: Session 1: June 4-20 (Tues. & Thurs.; 3-wks)
Session 2: July 9 & 25 (Tues & Thurs.; 3-wks)
Time: 11:30 am-12:30 pm
Fee: $45/Resident; $50/Non-Resident
Age: 6 years & older
Location: St. George Recreation Center
Description: This class is designed for beginner and intermediate pottery students. Students will learn how to make a pinch pot, coil bowl, slab project and clay animal. All projects will be glazed and ready for use. The class fee includes clay, glazes and firings.

Ceramic Creations: Tic Tac Toe Game Boards
Date: June 5
Time: 2:30-4:00 pm
Fee: $15/Resident; $20/Non-Resident
Age: 6 years & older
Location: St. George Recreation Center
Description: Students will design and create their own unique tic tac toe boards. Students will learn the technique of attaching clay together to create wonderful works of functional art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

Ceramic Creations: Coil Vase/Candle Holder
Date: Session: July 9 & 25 (Tues & Thurs; 3-wks)
Session 2: July 9 & 25 (Tues & Thurs.; 3-wks)
Time: 12:00-1:00 pm or 1:00-2:00 pm
Fee: $30/Resident; $35/Non-Resident
Age: 10 years & Older
Location: St. George Recreation Center
Description: Students will design and create their favorite animal. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

Sculpture Camp
Date: June 17-20
Time: 9:30-11:00 am or 11:30 am-1:00 pm
Fee: $55/Resident; $65/Non-Resident
Age: 8-12 years
Location: St. George Art Museum
Description: Explore a world of clay, wire, and more as we dive into the fantastic realm of 3D art. Discover the secrets of famous sculptors like Alexander Calder and new sculptors like Chiaozza while crafting your own masterpieces. Join us for a hands-on adventure where your imagination takes form!

Pottery Wheel Beginner
Dates: Session 1: June 4-20 (Tues. & Thurs.; 3-wks)
Session 2: July 9-25 (Tues. & Thurs.; 3-wks)
Time: 9:30-11:00 am or 1:00-2:30 pm, or 4:30-6:00 pm
Fee: $80/Resident, $85/Non-Resident
Age: 8 years & older
Location: St. George Recreation Center
Description: This class is designed for the beginner pottery student. Students will learn how to center and will make a mug, bowl, and plate. All projects will be trimmed and glazed and ready for use. The class fee includes clay, glazes and firings.

Pottery Wheel Intermediate
Date: Session 1: June 5-26 (Wed.; 4-wks)
Session 2: July 10-31 (Wed.; 4-wks)
Time: 12:00-2:00 pm; 4:15-6:15 pm or 6:30-8:30 pm
Fee: $80/Resident; $85/Non-Resident
Age: 8 years - Adult
Location: St. George Recreation Center
Description: This class is designed for the intermediate pottery student. Intermediate students will work on personal projects and learn more advanced techniques such as lidded containers, sectionals, and sets. All projects will be trimmed and glazed and ready for use. The class fee includes clay, glazes, and firings.

2024 Summer Programs • www.sgcityrec.org
## ART CAMPS

### Ceramic Creations: Jewelry Dish/Soap Dish
- **Date:** June 26
- **Time:** 2:30-4:00 pm
- **Fee:** $15/Resident; $20/Non-Resident
- **Age:** 6 years & older
- **Location:** St. George Recreation Center
- **Description:** Students will design and create their own unique jewelry or soap dish. Students will learn the technique of attaching clay together to create wonderful works of functional art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Printmaking Camp
- **Date:** July 8-11
- **Time:** 9:30-11:00 am or 11:30 am-1:00 pm
- **Fee:** $55/Resident; $65/Non-Resident
- **Age:** 8-12 years
- **Location:** St. George Art Museum
- **Description:** Get ready to experiment with exciting new materials, dive into cool techniques, and discover the secrets of famous artists who’ve rocked the art world. Let’s blend, paint, sculpt, and craft our way through a week of endless creativity where we’ll make art that’s as unique as you are!

### Ceramic Creations: Clay Masks
- **Date:** July 10
- **Time:** 2:30-4:00 pm
- **Fee:** $15/Resident; $20/Non-Resident
- **Age:** 6 years & older
- **Location:** St. George Recreation Center
- **Description:** Students will design and create expressive clay masks. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Cartoon Class
- **Date:** July 15 & 22
- **Time:** 10:30 am-Noon
- **Fee:** $25/Resident; $30/Non-Resident
- **Age:** 9 years & older
- **Location:** St. George Recreation Center
- **Description:** Make your own unique cartoon series this summer. Students will learn the basics of cartoon drawing including how to add detailed backgrounds. Class fee includes all materials.

### Mixed Media Art Camp
- **Date:** June 24-27
- **Time:** 9:30-11:00 am or 11:30 am-1:00 pm
- **Fee:** $55/Resident; $65/Non-Resident
- **Age:** 8-12 years
- **Location:** St. George Art Museum
- **Description:** Designed to introduce youth to the amazing world of jewelry making from forged link necklaces to Egyptian coil necklaces. Class fee includes all supplies.

### Ceramic Creations: Textured Wall Art
- **Date:** July 17
- **Time:** 2:30-4:00 pm
- **Fee:** $15/Resident; $20/Non-Resident
- **Age:** 6 years & older
- **Location:** St. George Recreation Center
- **Description:** Students will design and create one-of-a-kind textured wall art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Nature Art Camp
- **Date:** July 15-19
- **Time:** 9:30-11:00 am or 11:30 am-1:00 pm
- **Fee:** $55/Resident; $65/Non-Resident
- **Age:** 8-12 years
- **Location:** St. George Art Museum
- **Description:** Join us for an incredible summer adventure where art meets the great outdoors! In our nature art camp, we’ll craft our own paints and brushes and create inks and pens from materials you can find in your own backyard! This will be a week filled with art and the wonders of nature!

### Ceramic Creations: Slab Mugs with 3D Accents
- **Date:** July 24
- **Time:** 2:30-4:00 pm
- **Fee:** $15/Resident; $20/Non-Resident
- **Age:** 6 years & older
- **Location:** St. George Recreation Center
- **Description:** Students will design and construct their very own 2-liter water rockets. Through hands-on exploration and expert guidance, participants will uncover the principles behind these thrilling experiments. By applying their newfound knowledge, budding engineers will design and construct their very own 2-liter water rocket, engineered to launch and safely return an egg to the ground unscathed—a challenge sure to ignite creativity and problem solving skills in every aspiring aerospace enthusiast.

### Ceramic Creations: Slab Mugs with 3D Accents
- **Date:** July 24
- **Time:** 2:30-4:00 pm
- **Fee:** $15/Resident; $20/Non-Resident
- **Age:** 6 years & older
- **Location:** St. George Recreation Center
- **Description:** Students will design and construct their very own 2-liter water rockets. Through hands-on exploration and expert guidance, participants will uncover the principles behind these thrilling experiments. By applying their newfound knowledge, budding engineers will design and construct their very own 2-liter water rocket, engineered to launch and safely return an egg to the ground unscathed—a challenge sure to ignite creativity and problem solving skills in every aspiring aerospace enthusiast.

### Water Rocket Camp
- **Date:** Session 1- June 10-13; Session 2- July 8-11
- **Time:** 8:30-10:30 am
- **Fee:** $50/Resident; $55/Non-Resident
- **Age:** 10 years & older
- **Location:** St. George Rec Center
- **Description:** Embark on an journey with St. George Outdoors’ summer camp class, where students delve into the exciting realm of The Egg Drop and 2-liter bottle water rockets. Through hands-on exploration and expert guidance, participants will uncover the principles behind these thrilling experiments. By applying their newfound knowledge, budding engineers will design and construct their very own 2-liter water rocket, engineered to launch and safely return an egg to the ground unscathed—a challenge sure to ignite creativity and problem solving skills in every aspiring aerospace enthusiast.

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**EDUCATIONAL CAMPS**

### Nature Camp - Age 6
- **Date:** Session 1: June 1-3; Session 2: June 10-13
- **Time:** 9:00 am-Noon
- **Fee:** $40/Resident; $45/Non-Resident
- **Age:** 6 years old
- **Location:** Tonaquint Nature Center
- **Description:** Each session will feature different activities relating to the world around us, crafts, and tribal challenges. Camp begins and ends each day at the Tonaquint Nature Center.

### Thunder Junction Explorers
- **Date:** Session 1: June 6; Session 2: June 13; Session 3: June 20; Session 4: June 27
- **Time:** 9:00-11:00 am
- **Fee:** $7/Resident $12/Non-Resident
- **Age:** 6-9 years
- **Location:** Thunder Junction All Abilities Park
- **Description:** This program is designed for kids of all abilities. Dinosaurs and trains fascinate everyone! What did they look like? How does knowing about them help us today? Join us for a fun and interactive Thursday morning while we solve puzzles, learn amazing facts about dinosaurs and trains, make a craft to take home and draw our own conclusions.

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*Prices subject to change July 1, 2024*
Nature Camp - Age 7-8
Date: Session 1: June 17-20; Session 2: June 24-27
Time: 9:00 am-Noon
Fee: $40/Resident; $45/Non-Resident
Age: 7-8 years
Location: Tonaquint Nature Center
Description: Each session will feature different activities relating to environmental education, crafts and tribal challenges. Camp begins and ends each day at the Tonaquint Nature Center. Registration deadline is the Thursday prior to the first day of each session.

Nature Camp - Age 9-10
Dates: Session 1: July 8-12; Session 2: July 15-19
Time: 9:00 am-Noon
Fee: $44/Resident; $49/Non-Resident
Age: 9-10 years
Location: Tonaquint Nature Center
Description: Young explorers will use their imagination and creativity in a more natural setting. Each session offers unique, age-appropriate activities that will educate and allow for exploration of the amazing world we live in. Each week children will leave with a greater excitement of being active and exploring the great outdoor.

Nature Camp - Age 11-12
Dates: Session 1: July 22-26; Session 2: July 29-Aug 2
Time: 9:00 am-1:00 pm
Fee: $57/Resident; $62/Non-resident
Age: 11-12 years old
Location: Tonaquint Nature Center
Description: Young explorers will use their imagination and creativity in a more natural setting. Each session offers unique, age-appropriate activities that will educate and allow for exploration of the amazing world we live in. Each week children will leave with a greater excitement of being active and exploring the great outdoors.

Youth Mountain Bike Summer Series
Event: Youth Mountain Bike Summer Series
Date: Session 1: May 28-May 30 (*3 days) Session 2: June 10-13 Session 3: June 24-27 Session 4: July 15-18 Session 5: July 29-Aug 1
Time: 8:00-10:30 am
Fee: $65/Resident; $70/Non-Resident
Age: 10 years & older
Description: Discover the world of mountain biking in this dynamic program tailored for youth. Participants will explore various trails each week, catering to both beginners and seasoned riders alike. With all equipment provided, an unforgettable journey through the rugged terrain of the outdoors.

Youth Explorers Roped Climbing Series
Date: Session 1: May 28-30 Session 2: June 24-26 Session 3: July 15-17 Session 4: July 29-31
Time: 8:00-10:30 am
Fee: $60 Resident; $65/Non-Resident
Age: 10 years & older
Location: St. George Recreation Center
Description: Experience adventure with St. George Outdoors’ Roped Climbing Summer Camp. Over the course of the program, participants will learn essential roped climbing skills and techniques under expert guidance. From scaling cliffs to conquering challenging routes, this camp promises an unforgettable journey into the world of rock climbing.

Laser Tag Day Camp
Date: Session 1: May 31; Session 2: June 6 Session 3: June 14; Session 4: June 20 Session 5: June 27; Session 6: July 12 Session 7: July 18; Session 8: July 25 Session 9: Aug. 1; Session 10: Aug. 5 Session 11; August 7
Time: 8:00-10:30 am
Fee: $15/Resident; $20/Non-Resident
Age: 10 years & older
Description: Join the action-packed fun of St. George Outdoors’ Summer Laser Tag Day Camp, where participants venture to various outdoor locations for exhilarating laser tag battles. Experience the thrill of tactical gameplay in diverse environments as you strategize and outmaneuver opponents. Get ready for an unforgettable summer adventure filled with excitement and camaraderie.

*Prices subject to change July 1, 2024
Outdoor Adventure Club

**Date:**
- Session 1: June 3-6
- Session 2: June 17-20
- Session 3: July 22-25;

**Time:** 8:00-10:00 am

**Fee:** $60/Resident; $65/Non-Resident

**Age:** 6-9 yr olds

**Description:** Dive into adventure with St. George Outdoors’ Outdoor Adventure Club summer camp, where participants engage in exciting activities each day. From exploring our reservoirs kayaking to honing skills in rock climbing, our program offers a diverse range of outdoor experiences. All necessary equipment is provided to ensure safety and enjoyment throughout the thrilling journey.

Youth Explorers Bouldering Summer Series

**Date:**
- Session 1: June 3-6
- Session 2: June 17-20
- Session 3: July 8-11
- Session 4: July 22-25

**Time:** 8:00-10:00 am

**Fee:** $60/Resident; $65/Non-Resident

**Age:** 8 years & older

**Location:** St. George Recreation Center

**Description:** Embark on a thrilling journey into the world of bouldering with our comprehensive program designed for youth. Explore diverse climbing sites each week while mastering both fundamental skills and advanced techniques. Rest assured, all necessary equipment is provided for an immersive and safe climbing experience.

SGPD S.P.E.A.R. Academy

**Date/Location:**
- Desert Hills High School: (6th grade) June 3-6
- Dixie High School: (6th grade) June 10-13
- Pine View High School (6th grade): June 17-20
- Snow Canyon High School (6th grade): June 24-27
- Desert Hills High School (7/8th grade): July 8-11
- Dixie High School (7/8th grade): July 15-18
- Pine View High School (7/8th grade): July 22-25
- Snow Canyon High School (7/8th grade): July 29-Aug. 1

**Time:** 8:00-11:00 am OR 1:00-4:00 pm

**Fee:** Free

**Age:** 6-8 grade for FALL 2024

**Description:** The SGPD SPEAR Academy is a 4-day summer camp designed to promote healthy relationships between students and cops while building resiliency, learning new things, and having fun. Some of the activities will include show and tell with police vehicles and equipment, fingerprinting, physical activities, K-9 presentation, bike safety, communication skills, resilience, and proper behavior at school and around the community; and internet and social media safety.

Safety Town

**Date:** June 3-7

**Time:** 9:00-11:00 am OR 12:00-2:00 pm

**Fee:** $40/Resident; $45/Non-Resident

**Age:** K-1st grade for FALL 2024

**Location:** Heritage Elementary School, 747 E Riverside Drive

**Description:** Safety Town is the perfect well-rounded safety “primer” for young children entering into school. The week long program will cover various safety topics through the means of role-playing, games, songs, special guests, constructive play and hands-on safety practice through a simulated “town” setting.
COME JOIN THE FUN FRIDAY, JUNE 7TH!

ST. GEORGE RACES & ST. GEORGE FIRE DEPARTMENT

FIRE HOSE FRENZY 5K

Not Just a Race, It's a Party!

Great Way to Start Your 4th of July!

Uncle Sam 4K

Sign-Up Today!

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**SPORTS CAMPS/EVENTS**

**JAG (Jr. Golf) Summer Kick-Off Party**

*Date:* May 11  
*Time:* 9:00-11:30 am  
*Fee:* FREE  
*Age:* 7-17 years  
*Location:* Southgate Driving Range  
*Description:* JAG (Junior Association of Golfers) is the best way to get your junior involved in golf and you can learn more about the JAG program at the Summer Kick-off Party. The morning will include the Elks Skills challenge and refreshments.

**Dixie Elks Lodge Golf Skills Shoot-Out**

*Date:* May 11  
*Time:* 9:00-11:30 am  
*Fee:* FREE  
*Age:* 7-17 years  
*Location:* Southgate Driving Range  
*Description:* The Skills Shoot-Out will include the following skills, Drive, Mid-Iron, Pitch, Chip, Long Putt and Short Putt. Lunch and an award ceremony will be held at the Dixie Elks Lodge after the contest. All 1st place winners are invited to participate in the State Skills Shoot-Out in August.

**Youth FUN-damental T-Ball**

*Date:* May 11-June 29  
*Fee:* $35/Resident; $40/Non-Resident  
*Age:* 3-5 years  
*Location:* The Fields at Little Valley, 2995 S. 2350 E.  
*Description:* Taught by the trainers of Intermountain Healthcare-Sports Performance, this is a six-week program in which the basic skills of t-ball will be taught so the kids have a foundation upon which to build. T-shirt included. Parental participation is required.

**Youth Utah Youth Track and Field Meet**

*Date:* May 11  
*Time:* 8:00 am  
*Fee:* FREE  
*Age:* 7-15 years  
*Location:* Snow Canyon High School, 1385 Lava Flow Drive  
*Description:* Youth athletes can compete against each other in one or all 11 events. The participant’s age is based on his/her birthday as of December 31, 2024. Registration is done through sgcity.org/races

**Skate Competition**

*Date:* June 1  
*Time:* 9:00 am  
*Fee:* $25/pre-registered  
$35/day-of registration  
*Age:* Youth to Adult  
*Location:* St. George SkatePark, 171 E. 1160 S.  
*Description:* Each competitor will run twice for 45 seconds. The five highest scores will go to the final round. Competition includes drawings for prizes, food and music. Four competition levels are offered: Novice (8 & under), Beginner, Intermediate and Open. Pre-registration deadline is Wednesday, May 29 at 6pm.

**Youth Agility Bootcamp**

*Date:* Session 1: June 10-12  
*Session 2: June 24-26  
*Time:* 1:00-2:00 pm (Ages 7-14)  
*Fee:* $60/Resident; $65/Non-Resident  
*Age:* 10-18 years  
*Location:* St. George Recreation Center  
*Description:* Trainers from Prolific Performance will teach and work on speed, agility, quickness and overall health goals with teens throughout this brand new summer bootcamp.

**Skateboard Camp**

*Date:* Session 1: June 10-12  
*Session 2: June 24-26  
*Time:* 8:30 am-9:30 am  
*Fee:* $27/Resident; $32/Non-Resident  
*Age:* Beginner & Intermediate Skill levels  
*Location:* St. George Skate Park  
*Description:* Whether you’re a beginner or a more intermediate skater this camp is for you. Camp will be divided into groups according to skill level. Each participant is required to wear a helmet. Kneepads and elbow pads are highly recommended. Instructi

**Pitch, Hit and Run Competition**

*Date:* June 8  
*Time:* 10:00 am  
*Fee:* FREE  
*Age:* 7-14 years  
*Location:* The Fields at Little Valley  
*Description:* Participants will PITCH...Throw strikes to a designated target; HIT...Hit from a stationary batting tee for distance and accuracy and RUN...Sprint from 2nd base to home plate for time. Winners may be invited to a local, regional, or final event that is held at the 2024 World Series (all expenses paid). On-site registration starts at 9:00 am. Online registration is available here: pitchhitrun2024

**Youth Summer Sports Series**

*Session 1: June 3-6 (Volleyball)  
Session 2: June 10-13 (Flag Football)  
Session 3: June 17-20 (Soccer)  
Session 4: June 24-27 (Basketball)*

*Date:* Session 1: June 3-6 (Volleyball)  
*Session 2: June 10-13 (Flag Football)  
*Session 3: June 17-20 (Soccer)  
*Session 4: June 24-27 (Basketball)*

*Time:* 9:00-11:00 am (7-9 year olds)  
11:00 am-1:00 pm (10-12 year olds)  
*Fee:* $45/Resident; $50/Non-Resident per session  
*Age:* 7-12 years  
*Location:* The Fields at Little Valley & St George Recreation Center (Basketball ONLY)  
*Description:* Each session will concentrate on a specific sport where kids will learn and practice physical skills but also gain new friendships. These sessions will be taught by trainers from Intermountain-Sports Performance.

**Karate Class**

*Date:* Session 1: June 3-26 (Mon. & Wed.)  
Session 2: July 1-July 31 (Mon. & Wed.)*

*Time:* 6:40-7:25 pm (White/Yellow)  
7:30-8:45 pm (Orange & Above)*

*Fee:* $30/month Resident  
$35/month Non-Resident  
$5 drop-in fee per class  
*Age:* 7 years & older  
*Location:* St. George Recreation Center  
*Description:* Students will primarily learn selected techniques from Shotokan, (Japanese Karate), Shorin Ryu (Okinawa Karate), Judo (Japanese), and Jujiitsu (Japanese and Brazilian). Techniques will be introduced from Aikido, Hapkido, Chinese Kung Fu and other styles!

*Prices subject to change July 1, 2024*
**SPORTS CAMPS/EVENTS**

**Challenger Sports Soccer Camp**
- **Date:** June 10-14
- **Time & Age:**
  - 8:00-8:45 am TinyTykes. Ages 3-5
  - 9:00 am-12:00 pm Half Day. Ages 5-14
  - 1:00-3:00 pm Overtime. Ages 5-14
- **Fee:**
  - $143
  - $221
- **Location:** Little Valley Turf Soccer Fields
- **Description:** Each camp features the 1,000 touch curriculum, packed with drills and practices designed to improve individual ball control, foot skills, fakes, moves, juggling and core techniques. Registration available at challengersports.com

**Jr. Development Tennis Clinic**
- **Date:** June 10-July 22 (Mon. &/or Wed.)
- **Time:** 8:00-9:30 am
- **Fee:** $84/Resident; $108/Non-Resident (once per week)
  - $168/Resident; $216/Non-Resident (twice per week)
- **Age:** 11-13 years
- **Location:** Tonaquint Tennis Complex
- **Description:** This program is designed to teach the basic fundamentals of tennis using modern teaching techniques. Players will learn all aspects of the game through instruction and match play. Each class implements instruction and match play.

**Youth Pickleball Class- The Smashers**
- **Date:** June 10-July 22 (Mon &/or Wed)
- **Time:** 9:30-10:30 am
- **Fee:** $72/Resident; $90/Non resident (once per week)
  - $144/Resident; $180/Non-Resident (twice per week)
- **Age:** 6-9 years
- **Location:** Little Valley Pickleball Complex
- **Description:** The class will teach players how to play the game and/or improve on existing skills. Each class implements instruction and match play.

**High School Tennis Academy**
- **Date:** June 10-July 22 (Mon. &/or Wed.)
- **Time:** 8:00-9:30 am
- **Fee:** $84/Resident; $108/Non-Resident (once per week)
  - $168/Resident; $216/Non-Resident (twice per week)
- **Age:** 14 years & older
- **Location:** Tonaquint Tennis Complex
- **Description:** This program is designed to teach the intermediate to high level fundamentals of tennis using modern teaching techniques. Players will learn all aspects of the game through advanced drills and games. Players should already have a basic knowledge of the game. HSTA is perfect for high school players and those participating in USTA tournaments or any high level tournaments or leagues.

**Youth Pickleball Class- Dinkers**
- **Date:** June 10-July 22 (Mon.&/or Wed)
- **Time:** 9:30-10:30 am
- **Fee:** $72/Resident; $90/Non resident (once per week)
  - $144/Resident; $180/Non-Resident (twice per week)
- **Age:** 6-9 years
- **Location:** Little Valley Pickleball Complex
- **Description:** The class will teach players how to play the game and/or improve on existing skills. Each class implements instruction and match play.

**10-N-Under Tennis- Beginner & Intermediate**
- **Date:** June 11-July 25 (Tues.&/or Thurs)
- **Time:** 8:30-9:30 am
- **Fee:** $72/Resident; $90/Non-Resident (once per week)
  - $144/Resident; $180/Non-Resident (twice per week)
- **Age:** 6-10 years
- **Location:** Tonaquint Tennis Complex
- **Description:** Players will be playing on a 60’ tennis court using low compressed balls and a junior size racket. 10-N-Under is a USTA national program.

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**City of St. George JUNIOR GOLF PROGRAM**

**Ages 7-17**

**Registration Starts April 15th**

**Register on-line at:** www.golf.sgcity.org

Go to the St. George Recreation Center to register in person. For more info call: 635.627.4653

*Prices subject to change July 1, 2024*
10-N-Under Tennis - Advanced
Date: June 11-July 25 (Tues.&/or Thurs)
Time: 8:30-10:00 am
Fee: $84/Resident; $108/Non-Resident
   (once per week)
   $168/Resident; $216/Non-Resident
   (twice per week)
Age: 6-10 years
Location: Tonaquint Tennis Complex
Description: Players will be playing on a 60’
tennis court using low compressed balls and a
junior size racket. 10-N-Under is a USTA
national program.

Back Handspring Bootcamp
Dates: July 15 & 17 (Mon. & Wed.)
Time: 3:30-4:15 pm
Fee: $30/Resident; $35/Non-Resident
Age: Based on skill level and pre-requisite skills.
Location: St. George Recreation Center
Description: Participants must have mastered
cartwheel, round-off, handstand, and hold a
bridge in order to enroll. Bootcamp is designed to
assist and elevate participant’s back handspring
proficiency.
Get out and explore your neighborhood parks and trails

PARK RESERVATIONS
Reserve Online

PARKS & TRAIL MAP
Download via website

WATER AND SPLASH PAD AREAS

HIDDEN VALLEY
3505 Barcelona Dr.

THUNDER JUNCTION
1851 S Dixie Dr.

HISTORIC TOWN SQUARE
50 S Main

THE FIELDS AT LITTLE VALLEY
2995 S 2350 E

sgcity.org/cityparks

*Prices subject to change July 1, 2024
UPCOMING ACTIVITY HIGHLIGHTS
Your Community Outreach for Health

Youth Sport/Programs
- Utah Youth Track and Field Meet - FREE - May 11
- Pitch Hit and Run Competition - June 8
- Youth Flag Football League
  Registration deadline July 22

Adult Sport/Programs
- Slow Pitch League
  Registration deadline May 21
- Men's & Women's Heatstroker Softball Tournament
  July 12-13

Family & All Ages Events/Programs
- FREE Movie in the Park Series - May 24, June 14 & 28, July 12 & 26 and August 9 & 23
- FREE Concerts in the Park Series - 2nd Mondays
  April - Sept 7:30p.m.
- Uncle Sam 4K - July 4
- Pottery Date Night - May 9

Visit website for complete listing of programs

sgcity.org/sportsandrecreation/

*Prices subject to change July 1, 2024*