



# NEWS RELEASE

**FOR IMMEDIATE RELEASE:** Monday, June 3, 2024

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## **VISIT A CITY OF STOCKTON COMMUNITY CENTER ON HOT DAYS**

*City of Stockton Community Centers Offer Cooling Zone Space to Escape the Heat*

STOCKTON, Calif. – Daytime temperatures of at or just over 100 degrees are in the

forecast for Stockton and the Central Valley, Tuesday – Thursday, June 4, 5 and 6, 2024.

Stockton Community Centers provide cooling zone areas for the community to escape the heat during [regular business hours](#).

- Arnold Rue Community Center – 5758 Lorraine Ave., Stockton 95210
- Stribley Community Center – 1760 E. Sonora St., Stockton 95205
- Van Buskirk Community Center – 734 Houston Ave., Stockton 95206
- Seifert Community Center – 128 W. Benjamin Holt Dr., Stockton 95207
  - Monday - Thursday, 9:00 a.m. to 8:00 p.m.
  - Friday, 9:00 a.m. to 11:00 p.m.
  - Saturday, 9:00 p.m. to 5:00 p.m.
  - Closed Sunday

For those seeking an area to keep cool, seating is offered in an air-conditioned area and water will be provided. Please bring books, games, and electronic devices that you and members of your household can enjoy while maintaining minimal activity level, as sports courts and equipment are often in use for programmed, scheduled activities.

For a list of cooling zones throughout San Joaquin County, please visit the San Joaquin County Office of Emergency Services website at [www.sjready.org](http://www.sjready.org).

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On days with high temperatures, please remember to take precautions. Stay indoors, keep physical activity to a minimum, drink plenty of water, and monitor those who are sensitive to the negative impacts of heat, including elderly, children, those who are ill, and pets. For other tips for dealing with extreme heat, including avoiding heat-related illness, please visit [www.stocktonca.gov/heat](http://www.stocktonca.gov/heat) or the California Office of Emergency Services, [Listos California Summer of Safety website](#).

If you are experiencing a medical emergency such as a heart attack, stroke, difficulty breathing or altered mental status, do not delay seeking care and contact 9-1-1.

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