



NEWS RELEASE

FOR IMMEDIATE RELEASE: Tuesday, September 6, 2022

Contact: **Connie Cochran, Community Relations Officer**
(209) 937-8827 office / (209) 629-1251 cell / connie.cochran@stocktonca.gov

COOLING ZONES – PLACES TO BEAT THE HEAT

Update - City of Stockton Community Centers Open Through September 9

STOCKTON, Calif. – Due to extremely high temperatures, City of Stockton Community Centers will be open as cooling zones until Friday, September 9. Cooling zone areas designated in City of Stockton Community Centers will be available during regular operational hours.

To escape the heat, please join us at any of the following Community Centers:

- Arnold Rue Community Center – 5758 Lorraine Ave., Stockton 95210
- Stribley Community Center – 1760 E. Sonora St., Stockton 95205
- Van Buskirk Community Center – 734 Houston Ave., Stockton 95206
 - Monday through Thursday, 9:00 a.m. to 8:00 p.m.
 - Friday, 9:00 a.m. to 7:00 p.m.
- Seifert Community Center – 128 W. Benjamin Holt Dr., Stockton 95207
 - Monday through Thursday, 2:00 p.m. – 8:00 p.m.
 - Friday, 2:00 p.m. – 7:00 p.m.

Seating will be offered in an air-conditioned area and water will be provided. Face coverings are available at the door. Please bring books, games, and electronic devices that you and members of your household can enjoy while maintaining minimal activity level, as sports courts and equipment are often in use for programmed, scheduled activities.

-more-more-more-

City of Stockton
News Release – Heat Wave Cooling Zones – Extended Dates
Tuesday, September 6, 2022
Page 2 of 2

For a list of cooling zones throughout San Joaquin County, please visit the San Joaquin County Office of Emergency Services website at www.sjready.org.

On days with high temperatures, please remember to take precautions. Stay indoors, keep physical activity to a minimum, drink plenty of water, and monitor those who are sensitive to the negative impacts of heat, including elderly, children, those who are ill, and pets. For other tips for dealing with extreme heat, including avoiding heat-related illness, please visit www.stocktonca.gov/heat or www.ready.gov/heat.

If you are experiencing a medical emergency such as a heart attack, stroke, difficulty breathing or altered mental status, do not delay seeking care and contact 9-1-1.

###

All News Releases can be found on the City of Stockton website. www.stocktonca.gov/news

Follow us at: www.facebook.com/CityofStockton, www.twitter.com/StocktonUpdates,

www.YouTube.com/StocktonUpdates

#