

## **Proclamation**

May as Mental Health Month 2024

“Where to Start: Mental Health is Changing the World.”

**WHEREAS**, mental health is an essential part of everyone’s overall health and well-being; and

**WHEREAS**, all Americans face challenges in life that can impact their mental health including folks in our community; and

**WHEREAS**, prevention is an effective way to reduce the burden of mental health conditions; and

**WHEREAS**, through effective treatment and practical tools, people can improve their mental health, increase their resiliency, and lead full and productive lives and increase resiliency; and

**WHEREAS**, each business, school, government agency, health care provider, organization, and citizen has a responsibility to promote mental wellness, and support prevention and treatment efforts.

**NOW, THEREFORE BE IT PROCLAIMED**, that I, Mayor Emily Sharpe, designate the month of May as Mental Health Month in the Town of Elon. I call upon the citizens, government agencies, public and private institutions, businesses, and schools in Elon to commit to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

Adopted this 29th day of April 2024.

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Emily Sharpe, Mayor

ATTEST:

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Kathleen Patterson, Town Clerk